THE Sun

Monday, August 17, 2026 THE PEOPLE'S PAPER £1.30 thesun.co.uk

COMMUNITY SHIELD

ARSENAL .....3 MAN CITY.....0

Gun and done it . . . Guimaraes and Saka celebrate win over Haaland, left

Scoring, scoring Arsenal!

GUNNERS THRASH CITY AS FOOTIE RETURNS: SEE SUNSPORT

MORE SOFT-TOUCH UK FURY

Henry Nowak's killer will be allowed prison-to-prison video chats with his jailbird mum. Henry's grieving mum, however, can never speak to her son again...

CALL THIS JUSTICE?

Privileges . . . killer Digwa, above, can now chat to Kaur, below. Henry, right

EXCLUSIVE by MICHAEL HAMILTON

HENRY Nowak's killer is to be allowed prison-to-prison video calls with his mother, sparking fury.

Kiran Kaur is in jail for hiding murderer Vickrum Digwa's knife in Southampton.

A source said: "Henry's family won't get to see him again. It's beyond a joke."

Full Story — Pages 4 & 5

REFORM'S BLITZ ON WELFARE

FOREIGNERS FACING NIGE BENEFITS BAN

Party plans . . . Farage

FOREIGN nationals will be stopped from claiming benefits if Reform UK come to power.

Nigel Farage's party is planning a major shake-up of the "plain immoral" welfare system in a bid to save £50billion a year.

But it would mean renegotiating the Brexit deal with Brussels as the ban would also include EU citizens with settled status. And that could mean British expats living in member states losing their equivalent rights.

By RYAN SABEY

In a speech today, Reform's Treasury spokesman Robert Jenrick will say that unless savings are made to the welfare bill – set to hit £407billion by 2030 – it will "bankrupt Britain and send taxes higher".

He will add: "Forcing British workers to pay for the benefits of foreigners is not just economically illiterate but plain immoral. British taxpayers cannot afford to subsidise everyone on the planet, especially those who have not paid in. The public have been crying out for this change for decades."

Reform says only a limited number of exemptions will apply, such as those claiming the War Widows Pension and Armed Forces compensation.

The move would help boost Treasury coffers by £21billion by the fifth year in operation.

The party previously outlined its plans to stop foreign nationals claiming Universal Credit. But its new proposals extend to housing benefit, pension credit, child benefit, jobseekers' allowance, disability benefits and free childcare.

Mr Jenrick also put forward plans to save £22billion from the welfare bill by targeting sickness and disability benefits.

Labour has blasted Reform's plan, saying it would "plunge the UK back into years of Brexit negotiations".

A spokesman added it will "strip support from potentially millions of people who have lawfully lived, worked and paid taxes in Britain for years, and in many cases decades".

The Sun Says — Page Ten

Bosses' sick leave changes

By RYAN SABEY

BOSSES will pay insurance to cover the cost of staff being off sick for up to two years under Reform's welfare plans.

Only companies with more than five workers would be included, but the firms' National Insurance costs would be cut.

Reform's Robert Jenrick said: "It is based on the Dutch system, where applications for disability benefits fell 40 per cent."

The self-employed and those working for small firms would have their cover met by the state.

Tory shadow business secretary Andrew Griffith said: "While the welfare epidemic badly needs tackling, forcing even the smallest employers to pick up the bill doesn't feel like the best answer."

Water bill hike 'if in drought'

By RYAN SABEY

WATER firms could be allowed to charge households higher bills if the country is plunged into drought under new plans.

Suppliers may impose "surge pricing" and take water scarcity into account when charging.

The move, being looked at by regulator Ofwat, could make prices vary throughout the year.

It comes as 27million people currently remain under a hosepipe ban.

Campaigner Feargal Sharkey said the public are being penalised for the firms' failings.

Ofwat said: "Efficient use of water's in the best interests of everyone."

The Sun Says — Page Ten

MARKET ABLAZE

Hitting back . . . Koledino

By EMILY-JANE HEAP

AT least eight people were killed and dozens injured in the latest wave of Russian missile strikes on Ukraine yesterday.

Targets included Kyiv's Pochaina book market, *left*, which was "severely damaged". Ukraine also claimed to have hit several warehouses belonging to Wildberries — Russia's Amazon — with a logistics HQ in Koledino ablaze yesterday.

Fighting over remote control — Pages 26 & 27

CORRECTIONS & CLARIFICATIONS

THE Sun aims to have the highest standards and we abide by the rules in the Editors' Code of Practice.

The Sun is a member of the Independent Press Standards Organisation. To make a complaint to us go to www.thesun.co.uk/ipso or write to Editorial Complaints, The Sun, 1 London Bridge Street, London SE1 9GF.

ipso. Regulated

Camps in ban vow

TORIES will crack down on illegal travellers' camps if they get back into power, shadow communities secretary Sir James Cleverly pledged.

They will tear up human rights laws and stand up for towns and villages facing such sites.

Plans include indefinite bans on groups returning to sites and ending "two-tier" treatment for those breaking planning laws.

The Tories would leave the European Convention on Human Rights and scrap the Human Rights Act to aid the crackdown.

Sir James said: "Communities across our country are forced to put up with lawbreaking." A Labour spokesperson said: "It's utter nonsense."

START-UP BOOST

JOHN Healey wants to turn under-40s into entrepreneurs by helping them set up businesses.

The Chancellor wants the age group to start taking more risks despite being saddled with tuition fees and housing costs.

He said he fears that without taking action "we're missing a potential generation that will leave Britain in the future".

Mr Healey also said he wanted to use tactics from his days as Defence Secretary to help drive support.

He pointed to a fund created for new defence tech businesses. He said one of "the unicorn companies of the future" backed was already a billion-dollar firm.

CALLING TIME ON PUB LOSSES

PUBS will be given extra protection from permanent closures under new planning restrictions.

Developers will find it harder to build in their place. Housing Secretary Angela Rayner said: "Pubs are part of who we are as a nation."

Nearly 800 have shut this year.

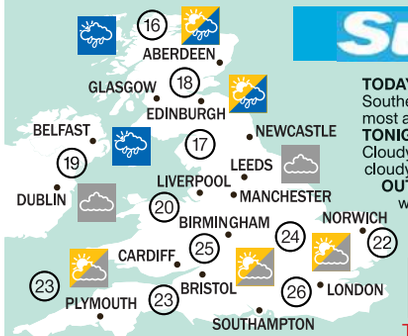
OIL DRILL D-DAY

THE North Sea oil and gas industry faces a "life and death" choice on new drilling, claim the Tories.

Construction of the Rosebank and Jackdaw fields could support up to 3,500 jobs, with 880 filled during their lifespans. A decision on whether to go ahead with them now rests with Energy Secretary Miatta Fahnbulleh after public consultations close today. Tory energy minister Andrew Bowie said the industry has supported the UK for generations, and urged Labour to "get Britain drilling again".

The Government said oil and gas will "play an important role for decades".

Sun WEATHER



TODAY: Cloudy in North, Midlands, and East England. Southern regions mostly dry, sunny. Light winds in most areas, westerly in South-West England.

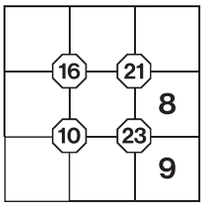
TONIGHT: Rain in North-East and North-West England. Cloudy across Central and Eastern areas. Mostly cloudy in Southern England.

OUTLOOK: Tuesday sees rain in Western England with cloudy skies in Central areas. Wednesday turns mostly sunny with rain arriving in eastern regions by evening.

TUE 25°	WED 23°	THU 21°	FRI 21°

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.



PUZZLES: PAGE 38

WE PAY FOR YOUR STORIES

We are always after good stories and we pay big money for them every day. Call our news desk and we'll call you straight back

Call **020 7782 4100**
WhatsApp **0742 372 0250**
Email **exclusive@the-sun.co.uk**

Need help with SunSAVERS?
Call **0207 860 1129**
or email **help@thesun.co.uk**

TODAY'S BIRTHDAYS

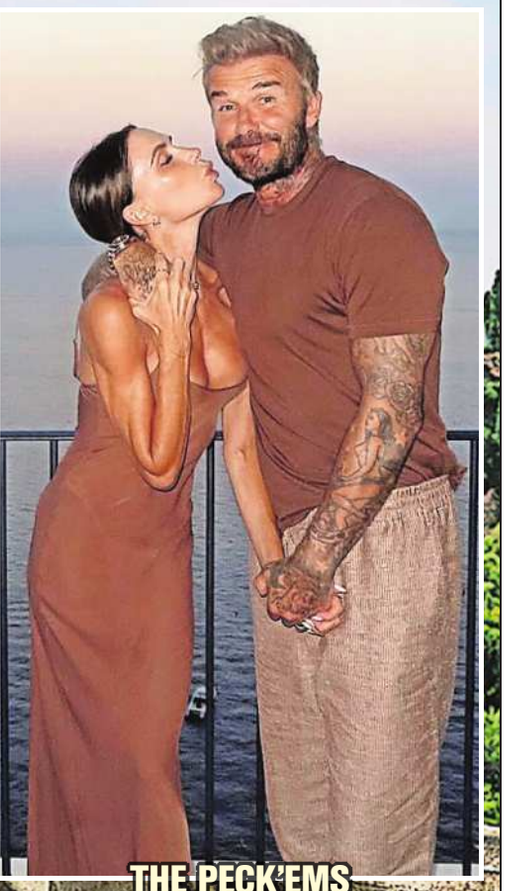
ACTORS **ROBERT DE NIRO**, **83**, *left*, and **SEAN PENN**, **66**, Arsenal legend **THIERRY HENRY**, **49**, *right*, singer **BELINDA CARLISLE**, **68**, Dexys Midnight Runners' **KEVIN ROWLAND**, **73**, and Downton Abbey creator **JULIAN FELLOWES**, **77**.

● **Last night's Health Lottery numbers: 4, 29, 40, 41, 45. Bonus: 43.**

BECKHAMS IN PORTOFINO

YOUNG LOVE

Romantic . . . 1997 holiday. Right, Posh at Med resort



THE PECK'EMS

This weekend . . . Victoria air kissing David at hotel

POSH AND BACK

29yrs on from first hol

By ELLIE HENMAN

ROMANTIC David and Victoria Beckham returned to the hotel where they sealed their love on a first holiday in 1997.

The couple went back this weekend to the retreat where they holidayed in secret 29 years ago before making their relationship public.

Posh and Becks shared a photo of themselves on a balcony overlooking the Med at the Splendido hotel in Portofino on the Italian Riviera.

Mum-of-four Victoria, 52, wrote next to the image: "Back in Portofino where we began in 1997."

David, 51, also shared a video of his wife walking into the £2,000-a-night hotel and wrote: "29 years ago we came to Portofino to this hotel before anyone knew we were dating and here we are back again."

In a Netflix documentary, Victoria revealed a never-before-seen picture from the 1997 trip, saying it was the first time they had met away from a car park where they secretly dated.

She said: "I know, it makes it sound like we're really dodgy. We'd already fallen in love before then, but it was definitely the first time that we'd been somewhere so romantic and so private." They got engaged the next year.

On their current trip, the pair stopped for a drink, *right*, before returning to their yacht moored at Portofino. They are holidaying with son Cruz, 21, and daughter, Harper, 15.

Picture: MERT ALAS & MARCUS PIGGOTT

COLE: WHY STRICTLY SAID 'SEE YOU'

PAGES 14 & 15

FAMILY'S AGONY AS FIEND

Killer's vid chats with mum

Prison staff fury at 'perk'

ANOTHER INSULT TO HENRY'S MEMORY

Outcry . . . The Sun in June

Grieving . . . Henry's dad Mark, left, sister Olivia and mum Lucy

SOFT JUSTICE 1

EXCLUSIVE by MICHAEL HAMILTON, Chief Reporter

LETTING killer Vickrum Digwa have video calls with his jailbird mum has infuriated prison staff — and is another blow for Henry Nowak's family, sources said last night.

Digwa had an application approved for online video chats – called "Purple Visits" – with Kiran Kaur, 53, despite her hiding the knife her son used to kill student Henry.

The murderer, 23, held at HMP Frankland, Durham, is set to have one of the calls within weeks to Kaur, in Bronzefield Prison, Surrey.

A source said: "The fact Digwa will be allowed the video calls with his mum has angered people, including many of the staff at Frankland. They think it's a disgrace that they have to go to the effort of arranging them.

"Poor Henry's family won't get to see him again so why should Digwa be allowed to speak to his mum via video-link? It is beyond a joke and we go too far to accommodate the needs of killers."

Digwa is serving at least 21 years for 18-year-old Henry's murder in Southampton last December.

Kaur got three years for hiding his eight-inch blade at home.

After the fatal attack, Digwa also lied to police that he had been the victim of racism.

Police bodycam footage later showed officers arresting Henry as he repeatedly said he was stabbed, telling them: "I can't breathe."

The sickening circumstances surrounding the murder has made the Purple Visit approval more appalling, our source said.

They went on: "Governors have to judge each application on its merits.

"But the idea of this happening is horrible given the nature of the crime – and the fact his mum got involved after the murder and hid the weapon. But now she has been convicted and sentenced there is no longer a danger of them discussing the crime and affecting her case."

There was said to be little chance of the application getting turned down. The source continued: "He'd be able to claim his human rights were breached and have all these lobby groups standing up for him.

"Digwa has been in touch with the Samaritans and the Independent Monitoring Board since he's been in Frankland.

"And the IMB, who regularly visit the jail, will have told him he is within his rights to have these calls and might have helped him to apply."

Digwa and his mother were convicted in May, with Kaur sentenced last month.

Henry's family, including his sister Olivia and mum Lucy Ross, released a statement saying they were "incredibly disappointed" at the three-year term handed down at Southampton crown court.

But they promised to continue to fight for the "full truth".

Reform MP Robert Jenrick said: "While Henry Nowak's family and friends struggle to get over their loss and his terrible death, his despicable killer is enjoying perks in jail.

"He shouldn't have any privileges – it's a disgrace – and should not be allowed to speak to his mother who hid the murder weapon."

Justice sources said Digwa had not yet had a call with his mum. When they do, the pair will be told they have to speak in English so they can be monitored. Digwa's family also speak Punjabi – with he and his brother Gurpreet recorded by police talking in the language in a van on the way to court.

The insider explained: "Digwa will be put in a room with a tablet or laptop linked to his mum on a device in her jail and staff will be outside the door at each prison.

"But it would also be monitored in the security room – and if they started to speak Punjabi or to discuss the murder the call would be cut off. Staff will have to warn him about that and it will be one of the conditions of the call."

Sikh Digwa – described as "weapons-obsessed" at his murder trial – was held in Winchester Prison before being moved to HMP Frankland at the end of June.

He has since cowered in segregation, fearing he could be targeted on a wing like Soham killer Ian Huntley, who was fatally attacked at the jail in February.

But he is now terrified after being moved on to a landing last week. He has also been warned he is a target – especially from Polish gangsters said to want revenge due to Henry's heritage.

Our source added: "Digwa is on a wing now and it's fair to say he's s****ing himself. He has been warned he is a target for many groups – but particularly Polish

Jailed . . . Kaur hid 8in knife

Killer . . Digwa is terrified in jail

GETS 'OK' FOR JAIL CALLS

Shattered family . . . teenager Henry with sister Olivia and mum Lucy

He shouldn't have privileges.. it's a disgrace he can talk to his mother who hid his murder weapon

— ROBERT JENRICK, REFORM MP

PLEA TO PM ON ABIGAIL HIT-RUN

SOFT JUSTICE 2

THE parents of a law student killed by a drunk hit-and-run driver have written a letter urging the PM to block the killer's early release.

Abigail Eggleston, 22, was hit last October in Durham by Liam Bowes, 37. He got 12 years in March, which may now get cut. Justice Secretary Alex Norris is to present a plan to Parliament next month for changes to the early-release scheme. Here is the letter:

Dear Prime Minister,

Our daughter Abigail Eggleston, who was studying law at Durham, was killed in a fatal hit and run incident last year whilst on a night out. The defendant drove through a red light at speed whilst heavily intoxicated, and left my daughter for dead.

He next set fire to the car, went into hiding at a friend's house and sent a message to his mate stating he was starving and arranged ordering a pizza.

We were already absolutely devastated at the length of his sentence (just 12 years of which he will only spend eight in prison). His crime, in our opinions, is basically murder and it is within our intentions to start a campaign against the current leniency.

Abigail . . and her mum

Our daughter's killer was only sentenced in March of this year and we are still dealing with our grief, trauma and total disapproval and disappointment at the short sentence he was given.

However, as if that were not already bad enough, we have been contacted by the Probation Officer, informing us in writing that there is the potential he may be given a reduced sentence to ease overcrowding in prisons. In the meantime, we are left with this uncertainty until the end of August, which is basically torture and immoral.

This news has hit us like a sledgehammer, it is basically insult to injury. [Abigail's dad] Andy, who is severely disabled by MS, has taken this news very badly and has indicated it is the final straw for him and that he intends to end his misery by going to Dignitas.

This is obviously extra upsetting and distressing for myself and other daughter.

It disgusts us that the Government's solution to an increasing problem is to reward the criminals by presenting them with early release, leaving the victim's families/loved ones and friends to deal with further trauma and distress. We are urging the Government to urgently change their minds.

From Mandy and Andy Eggleston, parents of Abigail

gangsters. Although Henry was English, they see him as one of their own because of his name and Polish heritage.

"They see it as a racist killing of a Polish lad and want revenge.

"But Digwa could have problems from anyone and there are some white supremacists in there, plus ex-military, who would hate him for what he's done."

The Prison Service said: "This prisoner is being managed within the prison estate in line with the severity of the heinous offences for which he was convicted."

The Sun contacted representatives for the Nowak family.

mike.hamilton@thesun.co.uk

The Sun Says — Page Ten

'PURPLE VISITS' BY APP

By MICHAEL HAMILTON

A "PURPLE Visit" call is designed to replicate a typical prison interaction with loved ones, but on a videolink instead.

They are mainly used for relatives on the outside — and less frequently between two inmates.

Authorisation from governors is needed for calls between prisoners.

They are sometimes used by families with more than one member behind bars in different jails in the UK.

Inmates are taken to a room to have their calls — usually lasting around 45 minutes — with staff positioned outside.

All calls can be monitored — with security teams particularly listening into those made by high-profile prisoners.

The Purple Visits app, *left*, is used by prisons and other establishments as it is deemed "ultra-secure". Its website boasts of "military-grade encryption" that "keeps your family conversations completely safe and confidential".

The Ministry of Justice says Purple Visits are available on application and are considered on a "case-by-case basis".

Staff outcry . . at Frankland

SAVE OVER £50

Tesco†
£136.64

Aldi
£85.53

ON THESE PRODUCTS

ALDI

Based on a comparison of Aldi products against products shown only. Tesco may sell own brand/other products at different prices. †Excluding Tesco Clubcard prices. Lowest Tesco price pro rata, considering size and offers, used and checked on 11/08/26. Aldi prices and packaging correct as of 11/08/26. Subject to availability. Product packaging may differ in each region. Products and prices may vary in store, Scotland, Wales, Aldi Local and online. For verification information and more ways to save see **aldi.co.uk/swap**

Matched . . . couple

Ronaldo bride tells of home wedding

By NICK MIAO

CRISTIANO Ronaldo's wife has told for the first time of their "wonderful" living room wedding – as he revealed he will likely retire next year.

The ex-Man United and Real Madrid great wed Georgina Rodriguez in an intimate ceremony last week at home in Portugal.

It came on the tenth anniversary of their meeting at a Gucci store.

In a joint interview, model and influencer Georgina, 32, told Vogue: "We've chosen to do it in the living room of our house here, where we have breakfast, lunch and dinner, and where we live the reality of our lives.

"In 30 years, I want the children to think, 'Something wonderful happened at this table – the wedding vows of our parents'."

Ronaldo, 41, who earns £170million-a year for Saudi side Al-Nassr, said he is in "probably my last year of football".

See SunSport

Lost forest . . . Pitt

Brad pad in France is hit by wildfires

By ELLIE HENMAN

BRAD Pitt's château in France was saved from the country's wildfires – but he has lost an entire forest within his grounds.

His neighbour in Provence, Monty Python star Eric Idle, 83, gave an update on the Hollywood actor's home as he detailed living through the crisis in the south-eastern corner of France.

Eric said: "It was all too close for George Clooney and his family, who had to evacuate their château.

"His neighbour Brad Pitt has lost a forest, although mercifully his château was saved.

"Clooney would have had to face the fallout of smoke from a dump which might well contain dangerous chemicals."

Eric, who has owned a home in France since the 1970s, said his gardener helped save his property by cutting down trees and spraying water.

Soldiering On — Page 17

AS SOAP STAR FILMS FUNERAL

IT'S THE ENDER SHANE'S HOUSE

£1.7m home is sold off in secret Richie divorce

Picture: ISO IMAGES

Sale . . aerial shot of property

EXCLUSIVE by ELLIE HENMAN

SOAP star Shane Richie has quietly sold his £1.75million family home after splitting from his wife of 19 years.

The Sun On Sunday told yesterday that the 62-year-old actor and Christie, 47, secretly divorced last month – six days before he was arrested and charged with drink-driving.

Insiders have now revealed the pair sold their five-bedroom house – which they bought in 2008 – a few weeks ago.

Shane returned to work on EastEnders last week and was photographed for the first time since his arrest at an Essex petrol station on July 29 on suspicion of drink-driving.

He was seen filming scenes for a character's funeral alongside co-stars including Jessie Wallace and Gillian Wright.

A source said: "Shane and Christie's split happened a few months back.

"They put their house on the market in March and it took a few months to find a buyer.

"Hopefully, they will be moving this year and settling down again in separate houses."

Christie confirmed to The Sun On Sunday that she and Shane finalised their divorce on July 23.

She has now updated her Facebook profile's relationship status to "divorced".

Pals said it was Christie who pushed for the split. She has children Mackenzie Blue, 20, Lolita Bell, 18, and Romani-Skye Angel Shelley, 15, with Alfie Moon actor Richie.

The house, near Reigate, Surrey, is "sold subject to contract," according to a local estate agent's site.

TV SEND-OFF

EastEnders stars film scenes for a funeral, above and below

Split . . . Shane and Christie seen in 2021

'Asylum' stab rap

A SOMALI man was charged last night with attempted murder after a support staff worker was stabbed at a hotel used to house asylum seekers.

Abdifatah Yusuf Adani, 22, will today face JPs in Staines, Surrey, over the attack at the Stanwell Hotel near Heathrow airport, at 6.30pm Saturday.

The victim, in his 30s, was in a "stable condition" last night. Police said they were not looking for anyone else.

A STITCH IN TIME

Primary schools will fill in a missing piece of the 11th century Bayeux Tapestry in an English Heritage competition.

CHINA-MADE DINGHIES SENT TO GANGS VIA UK

By RYAN SABEY

MEGA-DINGHIES sent from China are being shipped through Britain before gangs pack them with migrants to cross the Channel.

Investigators found 25 of the rubber boats, and engines, capable of carrying around 80 people from France in one container.

They were seized from a container at Felixstowe and were understood to be heading to Hamburg in Germany.

The Suffolk port is often the first European destination for Chinese cargo before the goods head to the continent.

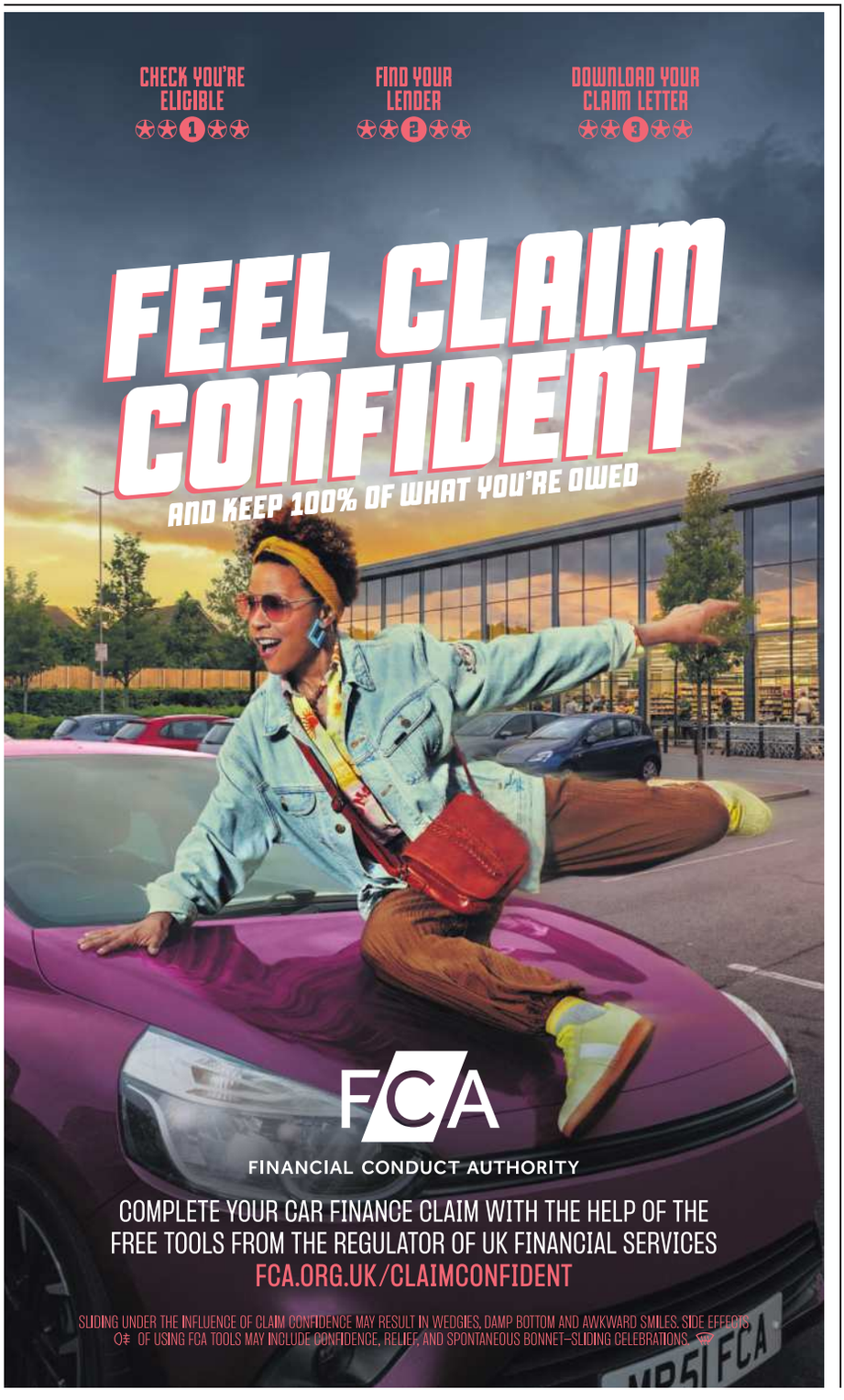
The equipment was intercepted following a probe by the National Crime Agency (NCA) and German cops. Dan Cannatella-Barcroft, from the NCA, said there were "several investigations of note" probing the supply of equipment.

It comes after 30 boats, 360 pumps and thousands of lifejackets were seized near Dusseldorf, Germany in May. On Monday last week, a 50ft boat *left*, brought over 230 migrants to Dover from France.

Prime Minister Andy Burnham has said he will be "relentless" in trying to stop illegal migrants. But more than 3,000 have crossed in small boats since he took office.

Britain has pledged £1billion in total to France to help prevent the crossings.

ryan.sabey@thesun.co.uk



Historic . . . the ball

£64k for Old Tom golf ball

By SAM CREED

A GOLF ball 123 years old has been sold for a record £64,000.

It was used by a legend of the sport known as Old Tom Morris – The Grand Old Man of Golf who died in 1908.

The Scottish four-times Open winner played a "few rounds" with the antique feather ball at St Andrews – the home of golf – at the turn of the 20th century.

And a few years later, he gave it to a fan with a letter proving it was his.

The fan's family then kept it for almost 100 years until it was acquired by a collector.

It has now been bought by an anonymous American in an auction in Tampa Bay, Florida.

Auctioneer Ryan Carey said: "It had a letter from Old Tom Morris on his own stationery and signed by him. He was illiterate and so his family members did it for him."

Grenfell's PTSD toll

FIREFIGHTERS have taken more than 8,000 days off with post-traumatic stress disorder since the Grenfell Tower blaze, figures reveal.

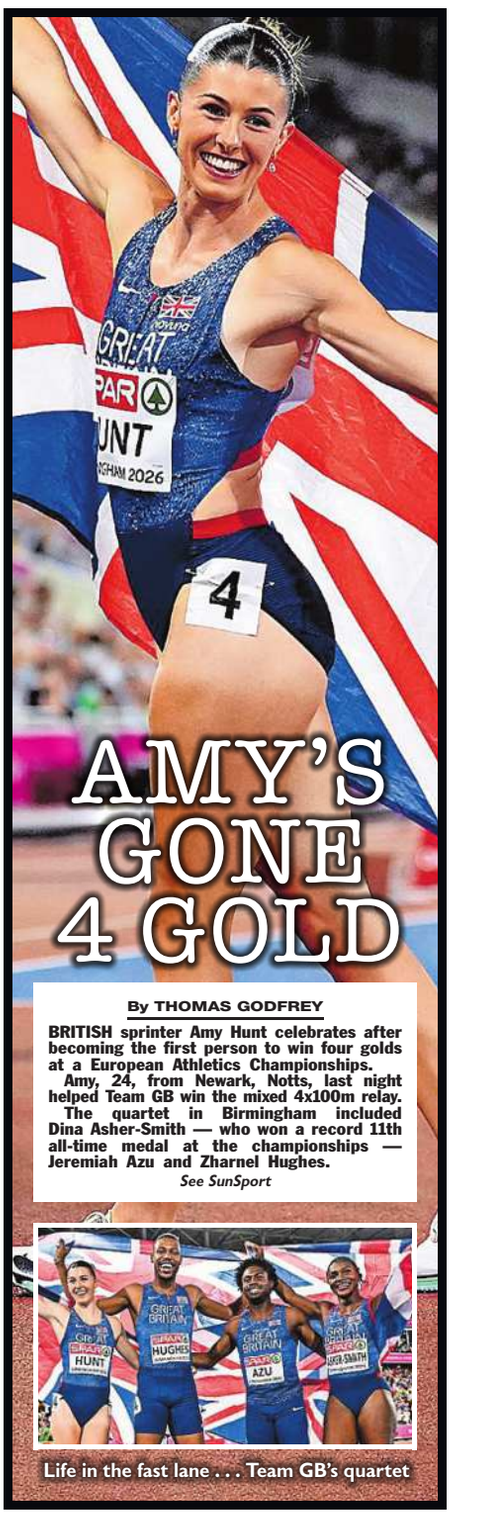
They have been absent a combined 8,218 times following the 2017 inferno in West London, which claimed 72 lives.

Fifteen have retired because of the psychological damage, the London Fire Brigade said.

Control room staff who took harrowing calls from trapped residents account for another 446 working days lost.

TYPE OF APPLE

A unique 1976 Apple-1 computer housed in a typewriter case could sell for £225,000 this week at an auction in Boston, US.



By THOMAS GODFREY

BRITISH sprinter Amy Hunt celebrates after becoming the first person to win four golds at a European Athletics Championships.

Amy, 24, from Newark, Notts, last night helped Team GB win the mixed 4x100m relay.

The quartet in Birmingham included Dina Asher-Smith — who won a record 11th all-time medal at the championships — Jeremiah Azu and Zharnel Hughes.

See SunSport

Life in the fast lane . . . Team GB's quartet

Legal fight . . . Lemsip

‘My sore throat is down to Lemsip’

By NICK MIAO

A LEMSIP factory worker is suing bosses for £100,000, claiming the cold remedy gave him a sore throat and other allergic reactions.

Artur Rezmer, 45, alleges dust and fumes from ingredients at the site led to occupational asthma and left him unable to sleep.

He says he had a sore throat within weeks of being on the Lemsip line.

The manufacturing technician, who also worked on constipation treatment Fybogel, said he suffered breathlessness and was spitting blood.

He started in 2020 at the Hull site that makes products for Reckitt.

In papers filed at Hull Combined Court Centre, he claims masks did not fit. The married dad, from Hull, still works for Reckitt, which denies causing his symptoms and says he failed to wear equipment provided.

Speed sign . . on route

Bike lane gets limit of 15mph for safety

By EDIE HOLT

THE first 15mph cycle lane has come into effect in a bid to cut collisions.

The speed cap will be enforced by a dedicated police patrol equipped with speed monitors.

And QR codes have been put up along the route to encourage locals to report antisocial behaviour and criminality.

Cambridgeshire county council, which introduced the limit, said “excessive speeds” put pedestrian and cyclist lives at risk.

Former Tory party leader Sir Iain Duncan Smith, who has campaigned for harsher cycling laws, said: “Often-arrogant cyclists should be aware they now face the full weight of the law if they fail to obey rules of the road.”

The limit applies to two popular cycle paths on a 16-mile “guided busway” which connects Cambridge to the nearby market towns of Huntingdon and St Ives.

PARK’S DISASTER SLIDE

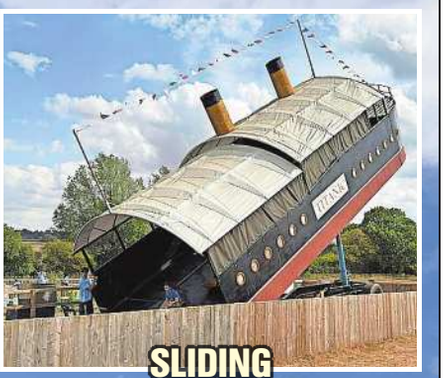
£2 A TIME

Visitors prepare to board stationary Titanic

Pictures: SIMON JONES

TIPPING

Kids ready at the top wait for the slide to tilt



SLIDING

Ride’s rear goes up and riders slip to bottom

ICE BERKS

‘Insensitive’ . . . the Titanic slide has upset some parents

Fury over tasteless Titanic ride for kids

AN activity farm has been slammed as “distasteful and disrespectful” by parents over its Titanic-themed “ride and slide”.

The £2-a-time ride takes place on a replica model of half of the doomed 1912 liner fitted with four slides inside.

During each run, the mechanical stern – which clearly shows the name “Titanic” – lifts into the air, sending the riders inside sliding to a crash mat. But the decision to open the ride to visitors has left some families stunned. Andy Taylor wrote on Graveley Farm’s Facebook page: “I’m sorry, but this is one of the most distasteful, disrespectful and strange attractions for children.”

EXCLUSIVE by LAURA ARMSTRONG

Claire Borchers added: “So odd to have a children’s ride themed around one of the worst tragedies in history.”

The farm, in Hitchin, Herts, opened in 1981, and offers fruit-picking in summer. It also has a playground and crazy golf. The Titanic slide has been running at the farm for several years, but has recently sparked fresh outrage online, with parents calling it “insensitive”.

Sinking . . . Titanic in 1997 film

The farm apologised and promised to “act ASAP” to change the name.

They wrote: “We are absolutely making no joke about it at all.”

However, the ride is still named The Titanic. A spokesperson for the farm said: “We did get some criticism at first, and we did change the name.

“However, we then got considerably more people telling us not to give into the woke brigade so we changed it back.

“Titanic has become almost a byword in the English language and there are no survivors, or children of survivors alive today.”

The RMS Titanic sank on April 15, 1912, after hitting an iceberg on her maiden voyage. Almost 1,500 of the 2,220 passengers on board were lost, making it one of the deadliest maritime disasters in history.

laura.armstrong@the-sun.co.uk

THE Sun SAYS

No justice

HOW Henry Nowak's grieving mother Lucy would love a video call with her son. To see his smiling face. To hear the latest on his finance studies.

But she can't, ever again, since the 18-year-old's life was brutally taken by murderer Vickrum Digwa.

How sickening, then, that Digwa – rightly serving a life sentence – will be allowed cosy inter-prison video calls to his own mum Kiran Kaur after she was herself jailed for being complicit in the killing by hiding the murder weapon.

Her devious actions, before police arrived on the scene, helped Digwa's foul pretence that he was the victim and contributed to officers wrongly arresting fatally-stabbed and totally innocent Henry, leaving him "dying terrified, alone and disbelieved".

It's scant comfort to Henry's family that Kaur is actually in jail, but even that could end pretty soon despite her getting a three-year sentence last month.

As the Government prepares for the early release of thousands of prisoners – including wife-beaters, hit-and-run drivers and the remorseless killers of PC Andrew Harper – and the police and public brace for a surge in cases of theft and violence as a result, the shameful state of the justice system is glaring.

It's not just soft justice. It's no justice.

Cross divides

CONTROLLED migration has benefitted the UK hugely over the years, not least in our NHS and social care.

And foreign workers who followed the rules to come here – and grafted hard to make this country their home – are among those outraged by the number of uncontrolled economic migrants drawn across the Channel by a ludicrously over-generous welfare system.

Tens of thousands of mostly fighting-age young men coming here unhindered by border controls is an affront to law-abiding UK citizens from all walks of life – not just the wealthier areas the PM thinks should house more of them.

So is the no-questions-asked handout of billions in welfare every year, and the vast sums squandered to fraud and lazy governance.

As long as Andy Burnham's Government fails to stop the Channel boats AND fails to tackle the unsustainable welfare bill, those who seek to sow division are more likely to succeed.

Tapped up

CONSUMERS in the grip of a hosepipe ban are set to be soaked by the companies responsible for polluting our rivers and losing so much of our water to leaking pipes.

Government approval of so-called "surge pricing" will hasten the arrival of water meters for all and see water costs rocket in times of drought.

As campaigner Feargal Sharkey says, the firms will be penalising Brits, and rewarding themselves, for their own failures.

Jack Elsom

POLITICAL EDITOR

I LIKE Keir Starmer, Andy Burnham is a genuine football fan.

The Prime Minister has even renewed his Everton season ticket, which makes you wonder if that could be the real reason behind opening a Number 10 North.

Already he has raised hopes by suggesting he could lift the long-standing ban on drinking in the stands at games. So I wonder if Mr Burnham, *below*, could go one step further and end the hated 3pm blackout. The 1960s-era law that bans football matches being shown on telly between 2.45pm and 5.15pm on Saturdays is from another time.

Originally intended to force people to attend matches in person, it is now just by-passed by fans crowding round illegal livestreams at home. Attending games in person is becoming increasingly difficult and expensive for supporters at the hands of greedy fat cats. And just think of what a boon it would be for hard-up pubs if Saturday games drove people to the boozer.

Landlords I speak to say the World Cup was a merciful golden period in an otherwise tough market. Ending the bonkers blackout would be a tap-in, PM.

Cut spending, not add to it, and we'll drink to you, PM

TOO often I find myself thinking back to Rachel Reeves' first Budget and wondering whether it's within the grasp of man to drink 550 pints of lager.

That is not, in fact, the exact amount of booze needed to vaporise every last brain cell and wipe her calamitous tax hikes from memory.

It was certainly a day to forget as the Chancellor did her best Eeyore impression over the parlous state of public finances.

But she did give Labour MPs something to celebrate when announcing a cut to the duty on draught beer.

"Which means a penny off a pint in the pub!" she roared, to much guffawing from the benches behind her.

I too would have cheered had we all time-travelled back to the 1960s when a pint was 8p.

Eye-catching baubles

But these days a Stella in most establishments will set you back at least £5.50, and so you would have to sink at least 550 cold ones before the next one paid for itself.

(I reckon I could handle about 12 in one session before it's Goodnight Vienna.)

Politicians have this extraordinary knack of hamming up virtually meaningless policies as some great triumph deserving of public gratitude.

And so it has become with Andy Burnham's recent bag of goodies designed to give people "breathing room" with the cost of living.

He shaved VAT from energy bills (a great Brexit benefit) to save families £45 a year.

Bus fares have been capped at £2 rather than £3, in a return to the policy first launched under the Tories.

And he has promised to end "subscription traps" for numpties who signed up for free trials and are then shocked when money comes out of their account the next month.

This could save a whole £14, according to Treasury boffins.

These off-the-shelf ideas that are flashy yet inexpensive have given the PM something to parade to voters in his first few weeks.

(If he is still in the market, may I suggest freezing the BBC licence fee – or voiding it altogether – and telling them to make up the losses by cutting eye-watering staff costs.)

While the numbers may be small, the politics are not insignificant for a man eager to ingratiate himself to a sceptical electorate.

But let's not pretend it's anything other than peanuts.

And let's also not pretend that this tinkering is something happening only under Burnham. It isn't. All recent governments have been guilty of reaching for eye-catching baubles while ignoring the deep structural changes Britain is crying out for.

Which brings me to the October 28 Budget.

Recent Budgets have been tantamount to fiddling while Rome burns.

If our economy were a clock-face, then politicians spend their time arguing whether we should nudge the little hand by a few minutes back and forth.

Spend a few billion here, tax a few billion there.

If the Office for Budget Responsibility is satisfied that the numbers stack up, then it's job done.

Except that is no way to run a country.

We spend, we tax, and all the while, growth is on the floor and debt is through the roof.

The UK national debt currently stands at £3trillion. That's 12 zeros, by the way.

This galactic tab means each year to pay off the interest alone on that debt is more than £100billion – more than we'll spend on defence and prisons in their entirety.

New Chancellor, John Healey, is a smart chap who appreciates the scale of the task.

But this will also take Labour MPs finally making contact with economic reality, especially around welfare which has become nothing short of a national disgrace.

'Fantasy economics'

That Britain will spend £400billion each year by the end of this decade on welfare is so obviously nuts.

And still . . .

Reform is today pledging to cut £50billion from the benefits bill by clamping down on out-of-control sickness claims.

Although we await the detail, these are the sorts of numbers we need to be talking about.

Depressingly, Labour flew out of the traps, decrying such cuts as "fantasy economics".

But it is them living in Cloud Cuckoo Land if they think current levels are remotely sustainable.

For a generation of MPs bred to hate "austerity" – previously known as spending what you can afford – is there any hope?

Burnham must make his party see sense on debt.

There are many persuasive arguments, including that cutting the crippling interest will actually free up funds currently being burned to spend more on priorities.

Burnham has the political capital and goodwill to be temporarily unpopular, especially if we take him at his word that the next election will be 2029.

He might get a cheer and a headline for all the sweeties he's been handing out.

But I'll be raising a glass if he starts cutting spending, rather than adding to it.

Fears . . Laughing Cow

Laughing no more as snack shunned

By LAUREN UTTLEY

BRITS are shunning Laughing Cow and Babybel cheese over fears of ultra-processed food.

Sales of cow cheese portions – which include items such as triangles and tubed products – have plummeted 8.2 per cent since July last year.

That is equivalent to a 377 tons year-on-year loss. Buyer numbers also declined, with 272,000 fewer shoppers compared with a year ago.

The sector is still worth £38.3million but value sales have fallen as Brits opt for healthier options such as cottage cheese.

Consumer analyst Charlotte Forkes-Rees told The Sun: "This decline is likely linked to growing consumer awareness of ultra-processed foods."

Mondelez International, owner of Dairylea cheese triangles, disputed the Agriculture and Horticulture Development Board data. The Sun also asked Babybel for comment.

Going under . . in op

100 NHS patients wake on op table

EXCLUSIVE by THOMAS GODFREY

NEARLY 100 NHS patients have woken up on an operating table or suffered injuries from wrong anaesthetic doses.

Some 92 victims have been handed a combined £17.8million in compensation in the last five years, Freedom of Information figures show.

Some patients are thought to have briefly regained consciousness while under the knife.

Known as "accidental awareness", it happens if they get the wrong dose or type of anaesthetic.

In most cases, a patient wakes and sometimes feels pain – but is unable to move their limbs.

Medical solicitor John McQuater said: "This is undoubtedly one of any patient's worst nightmares. Thankfully it's very rare but the fact these cases still happen is alarming." The NHS was asked to comment.

SOME LIKE IT... LOTT

By ELLIE HENMAN

POP singer Pixie Lott proves her role as Marilyn Monroe fits like a glove.

Pixie, in a pink outfit like the US legend wore in 1953 film Gentlemen Prefer Blondes, *left*, portrays the sex symbol in a new West End production.

The 35-year-old, also pictured in a white frock for the role, *right*, says playing the film idol in Who Killed Marilyn? is a "dream come true".

NAVY CUTS

Bond is shaken but not sacked

Officer & gentleman . . Craig as honorary Navy commander

The Sun SAVES 007 JOB

JAMES Bond star Daniel Craig was set to be axed as an honorary Royal Navy officer — until his role was saved by The Sun.

The actor was awarded the rank of commander, the same as fictional 007, by the head of the Navy in 2021.

But the new chief, General Sir Gwyn Jenkins, later threw a number of honorary officer titles overboard.

Other high-profile names to be sunk included TV presenters Bear Grylls and Dan Snow and ex-minister Penny Mordaunt.

When The Sun stepped in to ask the Navy about Craig's position, insiders said "no decision has been made".

But 24 hours later they said he could keep the rank.

EXCLUSIVE by JEROME STARKEY, Defence Editor

The culls have sparked fury among Royal Navy backers.

Others getting the chop include Honorary Captain Adam Gosling, heir to the National Car Parks fortune whose foundation donated £25million to restore Nelson's flagship HMS Victory.

A source said: "Pushing out the Navy's most loyal supporters has gone down like a warm fish milkshake."

Craig, 58, arrived by boat with Marines for his unveiling as the new Bond in 2005. And he was appointed commander after his final 007 movie No Time To Die in 2021 featured Royal Navy destroyer HMS Dragon. At the time, he said he felt "truly privileged and honoured".

Entrance . . 2005 stunt

Navy insiders insisted Gen Jenkins was merely enforcing a long-standing rule that honorary officers serve six years before the position is reviewed.

One said: "It all depends on the First Sea Lord's discretion."

jerome.starkey @thesun.co.uk

OVER 60s GET 10% OFF

IN-STORE EVERY TUESDAY

JUST SHOW PROOF OF AGE

OUR OVER 60s CUSTOMERS SAVE £120 PER YEAR*

THAT'S WHY WE GO TO

Iceland & the food WAREHOUSE

FIND YOUR LOCAL STORE

Products available in-store only. 10% Discount for Over 60s Every Tuesday in-store only. Discount cannot be used online or at Iceland Local or The Range stores. Due to Minimum Unit Pricing, the 10% discount cannot be used in relation to any purchases of alcohol. To claim 10% off the purchase price of qualifying goods purchased in store, you will need to show your photo ID: Senior Bus Pass, Driving License, Senior Railcard, Freedom Pass. Age verification will be required to qualify for discount. *Savings are calculated based on an average weekly expenditure of £23.72 by consumers over 60 who use the discount in-store on Tuesdays. Sales data was collected over a three-year period between 24/05/22 and 19/11/24. For more information contact customer.service@iceland.co.uk. All products are subject to availability. For full terms and conditions see Iceland.co.uk/terms.

Murray . . . bald, and with hair

Al shaves off hair to become landlord

By WILL BARKER

COMIC Al Murray has said he hates it when people call him bald – because he only becomes a slaphead for his Pub Landlord character.

The 58-year-old says he still has shaggy hair and resents it every time he has to shave it off to turn into his alter ego.

Al said: "It grates when keyboard warriors call me a fat, bald b*****d, because I'm not bald."

The dad of three revealed he has a buzz cut before tours to get the look of the barman character he has played for more than 30 years.

Al said he regularly has to "get the clippers out" to maintain the look of his comic creation to keep the Pub Landlord's fans happy.

The comic told the Culture supplement in The Sunday Times: "It's the only thing the act has imposed on my life and I really resent it."

Sporty . . ex-Spice Girl

Mel C to sponsor women's football

By GEORGE LOMAS

SPORTY Spice Mel C is sponsoring a women's football team.

Melanie Chisholm's stage name will appear on Sheffield FC's first team shirts for the 2026/27 season.

All sale proceeds will help to fund the club and grassroots football.

Mel C, 52, said: "Growing up in Liverpool, football is in my DNA.

"To have the opportunity to be part of the women's game at the world's oldest football club makes me incredibly proud. I'm loving the new kit and will be wearing it with pride. I can't wait to cheer them on."

She said Sheffield held "a special place in my heart" as she played her first solo show at the city's The Leadmill club.

Sheffield FC was founded in 1857, and its women's team plays in the FA Women's National League Division One Midlands.

THE MEGXIT U-TURN?

Comeback kid . . . Harry's encouraged by his successful July trip with Meghan

HARRY WANTS MORE VISITS

After King reunion

AT DI GRAVE

Family at Althorp Estate

By EMILY-JANE HEAP

PRINCE Harry plans to return to the UK "every few months" after the success of his reunion with King Charles last month.

In a Megxit U-turn, the Duke of Sussex hopes to make a gradual comeback to rekindle his relationship with his family and do more charity work in Britain.

He will be back for a week next month for engagements with WellChild, of which he is a patron.

It is understood a room will be provided at Buckingham Palace and Harry, who is without a UK residence since his 2023 Frogmore Cottage eviction, is expected to snap up the olive branch.

He will also be back for his Invictus Games in Birmingham next summer.

But it is not known if wife Meghan and kids Archie, seven, and Lilibet, five, will join him for either trip.

A source close to Harry said: "The template for his visits has been working well so the frequency will increase.

"He'll be coming back and forth a lot more, every few months. The way the wind is blowing, he's going to want to be here more and more.

"He's happy these trips can now have more focus on the patronages. He wants more of a foothold – more trips back, less courtroom drama."

Charles, *below*, and Queen Camilla hosted Harry, Meghan, and their kids in July, marking a big step forward in their relationship.

Harry was "happy and energised" after the meeting at Highgrove House in Gloucestershire, it was said.

The family also visited his mother Princess Di's grave at her brother Charles's Althorp Estate in Northants.

Harry previously lost a court appeal to a government decision to deny him and his family state-funded protection in the UK after he quit life as a working royal and moved to California.

emily-jane.heap
@the-sun.co.uk

Box office dud . . . the Sussexes' movie

HIS 'COOKIE' COOKED

By ELLIE HENMAN

HARRY and Meghan's documentary film Cookie Queens has crumbled at the box office.

The 91-minute film from their Archewell Productions banner made £379,364 at 446 cinemas in its first week of release in the US.

It was beaten by Tony, the biopic of chef Anthony Bourdain's early life, which took £389,756 — despite only being shown in six cinemas. The figures were revealed by film industry outlet Box Office Mojo.

The Sussexes were also beaten by CatVideoFest 2026 — a compilation of cat videos sourced from submissions and animations, music videos and internet content.

On its opening day, Cookie Queens, which had Harry and Meghan as executive producers, took around £500 in each screening in all the cinemas it was shown in

But by August 13, ticket sales had fallen, with around £50 per viewing.

The film, directed by Alysa Nahmias, follows the story of four young women who are trying to be the one to sell the most Girl Scout cookies.

Cookie Queens does not yet have a UK release date.

Cycle star . . . Wiggo

Bankrupt Wiggins can't flog his name

By JOHN LUCAS

BANKRUPT Sir Bradley Wiggins has suffered a fresh blow after liquidators failed to find a buyer for the rights to his own name.

The five-time Olympic champion's businesses collapsed with debts of more than £2.5million.

The Sun revealed in November 2024 that liquidators planned to cash in on the cyclist's famous name to repay creditors.

But nearly two years later, no buyer has been found and some of the trademarks have now been allowed to expire.

A source said: "At the height of his career the Wiggins name was incredibly valuable. Brands were queuing up to be associated with him.

"Now liquidators are trying to sell the rights and nobody wants them."

Wiggins, 46, raced professionally from 2001-16 and previously admitted not paying enough attention to his finances.

Fleet . . . firm's trucks

'Drunk' bipolar worker's £50k win

By NICK MIAO

A TRANSPORT manager with bipolar disorder was awarded £50,000 after she was fired because bosses thought she was drunk.

Samantha Dallimore had consumed no alcohol – but was feeling drowsy from taking her medication, a tribunal was told.

She fell unconscious but colleagues later let her drive home and reported her to bosses.

A director ordered a probe and Ms Dallimore was fired after a colleague said she had returned from lunch with "an out-of-it look".

She won a claim for unfair dismissal, harassment and disability discrimination against AT Transport Solutions, of Corby, Northants, in 2024.

Employment judge Isabel Manley told the Cambridge tribunal: "There was no reasonable investigation. There were no further questions put to her on bipolar episodes or medication."

COLE AND JORDAN PUT RECORD

By ELLIE HENMAN
Bizarre Editor

THEY were once Strictly Come Dancing's most popular – and plain-talking – professional dancers.

And now Brendan Cole and James Jordan have lifted the lid on their exits from the show, with the pair confirming for the first time that they were sacked for refusing to toe the line.

Speaking candidly about his departure in 2018 after 13 years as a pro, Brendan, 50, confessed he was overheard branding head judge Shirley Ballas, 65, the C-word.

In Manopause – his new podcast with James, which comes out on Thursday – Brendan says: "I said that Shirley Ballas was the C-word three times. Strictly wanted my assurances that I wasn't going to make a remark like that again.

"I wasn't on air, it wasn't recorded, it was about somebody.

"It wasn't to their face, but I couldn't turn around to them and say, 'OK, I'll give you my assurances that that won't happen.'

"For me, it was about staying true to myself.

"I don't condone the C-word. And at the time, I apologised for using it but I wasn't going to backtrack on it and say, 'Well, it wasn't true', because I thought it was true.

"Listen, I love Shirley. I think she's a great judge. At the time, I didn't think she was particularly nice to us and I vocalised that.

"Some would argue it cost me the gig. I would argue that I look at the positives and go, 'I had the best three or four years of my working career post-Strictly, thanks to Strictly'."

'A bit hot-headed'

Of knowing he was on his way out, Brendan adds: "There was somebody above the exec producer who really loved me. And she said to me, 'As long as I'm here, Brendan, you'll always have a place on the show.'

"And then the year before I left, she came up to me and said, 'Brendan, I'm leaving to Channel 4.' I knew my days were over."

Brendan – who won the first ever series of the show with Natasha Kaplinsky and was paired with stars including Sunetra Sarker – also admits he was impetuous on the show and probably lost work as a result.

He says: "Back in series one, I got a bit hot-headed with one of the producers because she was pushing my celeb to get out on the floor.

"In the end, I just went, 'enough', and slammed the door in her face.

"That was probably one of the biggest mistakes I made because she is now the booker for one of the biggest programmes on television, Celebrity Traitors.

"I could pretty much guarantee I'll never be on that show."

James also says his outspoken nature was key to his exit.

In his seven years on the show, James, 48, made the final with Denise van Outen in 2012, and came third with Pamela Stephenson two years before.

The ballroom pro, who left Strictly in 2013, says: "We used to do beautiful, authentic ballroom and Latin dancing – which is essentially what made Strictly what it is today.

"And then all of a sudden, I'm doing group dances to YMCA.

"The producer came up to me and said, 'What do you think of the group dance? I think it's really good.'

"I said, 'I think it's s**t and it's an insult to me and my profession.'

"Don't ask for my opinion unless you want it.

"I was always very outspoken when I was on Strictly. I was always sticking up for the professional dancers.

"I eventually got asked to leave the show because I was maybe too outspoken and I was pointing things out that they didn't want to be pointed out. But I want the best for the show.

"We speak very candidly about Strictly, but we loved being a part of it. It gave us a platform.

"We wouldn't be here now doing this if it wasn't for Strictly. But there were certain things that happened to us that were maybe not fair."

HONEST . . . pair chat to Wynne for new podcast. *Inset*, our front page revealing Wynne drama

'I don't condone the C-word. And at the time I apologised but I wasn't going to backtrack and say, "It wasn't true" because I thought it was true' –BRENDAN

BRENDAN: THE REAL REASON I WAS SACKED? I CALLED SHIRLEY THE C-WORD . . . 3 TIMES

CRITICISED . . . head judge Shirley Ballas

The curse

In the debut episode of Manopause – which sees Brendan and James delve into topics including health and wellbeing – the pair also joke about Brendan's alleged fling with newsreader Natasha in 2004.

Brendan split with his then-fiancee, fellow Strictly pro Camilla Dallerup, during the run, but insists: "I didn't have an affair. Camilla chose to leave.

"Once you do something, after that, it's not an affair."

He continues: "There was definitely jealousy. There were a lot of things going on back in series one.

"I am a jealous person. I probably couldn't have somebody I was caring for do the show.

"I think it'd rip me apart, because I would always wonder if there were feelings involved because I've seen it time and time again. I've been involved in it on the show, where feelings become involved.

"Nothing's happening necessarily, but once those feelings are there, you can't deny them.

"You can't switch them off, hence the 'Strictly curse'."

The pair also invite Wynne Evans on Manopause to discuss his sacking from the Strictly tour last year.

The opera singer was given his marching orders by BBC bosses – who also removed him from his Radio Wales show – after he was accused of using inappropriate language, which he denied.

Like Brendan and James, Wynne is keen to set the record straight on his exit – and claims the BBC banned him from attending his own birthday party.

Wynne, who was paired with Katya Jones during the 2024 series, says: "The BBC rang me and said that I was leaving the tour and I was also leaving my radio show. I'd broken my ankle and they just left me.

"It was my birthday and they'd organised a meal in a restaurant.

"And as I was going down to the lift to go to the meal, the producer of Strictly sent a message to say, 'It's been decided that Wynne will not be coming to his birthday party tonight'.

"It went to Katya and Jamie Borthwick and they posted it in the group.

"And so I was just left there on my birthday in the hotel room while everybody else went to my party. It put me in a really bad place.

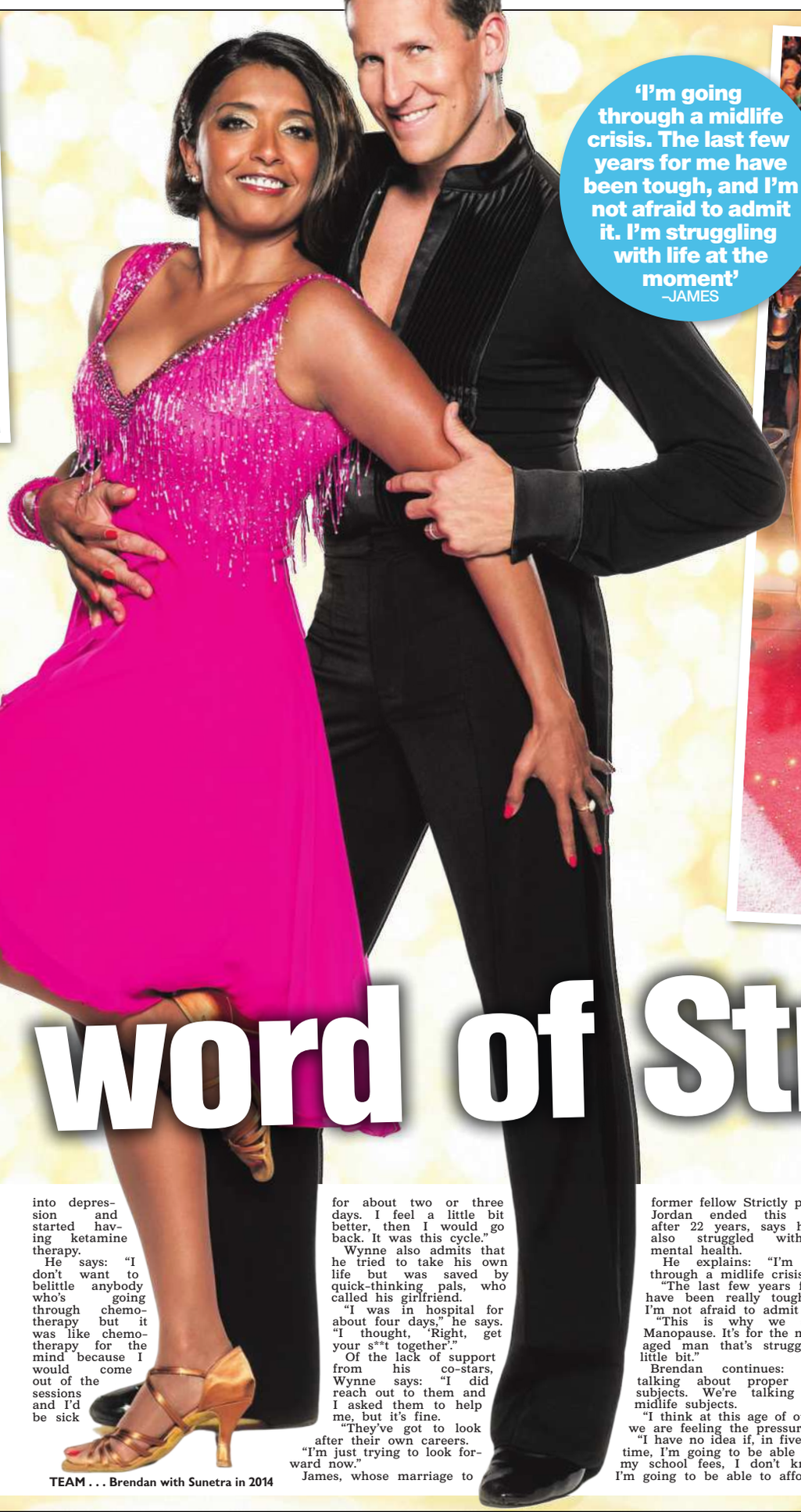
"They were trying to get me in the next day for a tribunal, and I was saying, 'I'm in bits. I'm not fit enough to come to a tribunal'. It was to examine my behaviour to see if I brought the BBC into disrepute."

Wynne, who says his departure from the tour was "horrific", spiralled

STRAIGHT ON CONTROVERSIAL EXITS

word of Strictly

'I'm going through a midlife crisis. The last few years for me have been tough, and I'm not afraid to admit it. I'm struggling with life at the moment' –JAMES



TEAM . . . Brendan with Sunetra in 2014

OVER . . . James and his fellow pro dancer wife Ola Jordan announced their split earlier this month

GLAM . . . Shirley joined show in 2017

into depression and started having ketamine therapy.

He says: "I don't want to belittle anybody who's going through chemotherapy but it was like chemotherapy for the mind because I would come out of the sessions and I'd be sick for about two or three days. I feel a little bit better, then I would go back. It was this cycle."

Wynne also admits that he tried to take his own life but was saved by quick-thinking pals, who called his girlfriend.

"I was in hospital for about four days," he says. "I thought, 'Right, get your s**t together'."

Of the lack of support from his co-stars, Wynne says: "I did reach out to them and I asked them to help me, but it's fine.

"They've got to look after their own careers. I'm just trying to look forward now."

James, whose marriage to former fellow Strictly pro Ola Jordan ended this month after 22 years, says he has also struggled with his mental health.

He explains: "I'm going through a midlife crisis.

"The last few years for me have been really tough, and I'm not afraid to admit it.

"This is why we started Manopause. It's for the middle-aged man that's struggling a little bit."

Brendan continues: "We're talking about proper health subjects. We're talking about midlife subjects.

"I think at this age of our life, we are feeling the pressure.

"I have no idea if, in five years' time, I'm going to be able to pay my school fees, I don't know if I'm going to be able to afford the place that I'm living in." James agrees and says he has his own midlife concerns – but he always tries to find the funny side of things, even in hard times.

He says: "People come up to me and they say, 'I know you from somewhere . . .' I always reply, 'Do you watch gay porn?' I'm offended they don't know who I am."

Last year, a spokesman for BBC Studios said: "We provided a comprehensive duty of care for Wynne, including support by wellbeing professionals.

"He was also provided with direct access to a designated contact at the BBC who was able to assist him at any time."

●Manopause with James and Brendan will be available on YouTube and all major audio channels from Thursday.

MURDER RAP ON DOG KILL

Man bitten to death

COPS have launched a murder probe after a man bitten by a dog during an altercation with its owner later died.

Officers said two women stopped to help the victim, 55, who was savaged on a former rail line footpath at around 1.30pm on Saturday.

He was taken to hospital in a critical condition and died shortly after 7pm. Another man, 55, was arrested on suspicion of murder and of being the owner of a dog dangerously out of control in a public place causing injury.

He was in custody yesterday. Cops took an Alsatian, thought to be the attack dog, to kennels. DCI Michael Cox, of West Yorkshire Police, appealed for witnesses to the incident in Wakefield to come forward.

DCI Cox said the women, one named Sophie, stopped to help the injured man and "direct officers". He said:

By ED SOUTHGATE

"We'd urge them to come forward to help with our ongoing inquiries into this tragic incident.

"The initial altercation happened in an area used by walkers and we're urging anyone who has seen or heard any of the exchange between these two men to make contact."

Anyone able to help is asked to call Crimestoppers anonymously on 0800 555 111.

Police . . . at scene

HERE'S A REALLY TASTY GIVEAWAY...

CRAVING a little taste of Italy? Your next Italian feast could be extra sweet. One hundred lucky readers will each win a £100 voucher to spend at participating Bella Italia restaurants.

With £10,000 worth of vouchers up for grabs, winners can tuck into everything Bella Italia does best. From hand-stretched pizzas fresh from the oven and comforting bowls of pasta to creamy gelato, Bella Italia brings the Italian tradition of sharing great food and good company to every table.

There is even more reason to visit Bella Italia this summer. Take advantage of the Kids Eat Free offer, available every day until September 1, 2026. It means a child can enjoy a free meal from the Kids Menu when dining with an adult who buys a main meal.

Plus, Bella Italia app users can now access Summer Rewards – giving them even more ways to enjoy their favourite dishes. Diners can claim a free two-scoop gelato with a main meal on their first visit, 25 per cent off food on their second visit and 50 per cent off food on their third visit.

There are two ways to enter for a chance to win . . .

1. **Either download the Sun Savers app or sign up at sunsavers.co.uk.**
2. **Go to the Offers section, click Start Collecting on the Win a £100 Bella Italia voucher page.**
3. **Collect THREE Sun Savers codes. We will print one daily until August 22. Today's is on Page 20.**
4. **Enter your codes on the app or website by August 29, 2026.**

OR join Sun Club at thesun.co.uk/club for £1.99 a month or £9.99 a year and get instant access to this competition, plus lots of other benefits, including competitions, exclusive articles and offers – with no need to collect Sun Savers codes.

TERMS AND CONDITIONS: 18+ England, Scotland and Wales residents only. Sun Savers multiple code collect August 15 – August 22 or Sun Club digital subscription required. Online access required. 100x £100 Bella Italia vouchers to be won. Competition ends Saturday, August 29. Prize is non-transferable & non-refundable. Full T&Cs apply, see sunsavers.co.uk or club.thesun.co.uk/sun-club. Sun Club new customer offer: £1.99 per month or £9.99 for the first year, then £19.99 thereafter unless cancelled seven days before the next billing date. Full T&Cs apply, see thesun.co.uk/club.

18+. UK Only. Min Speed 2.5Mbps. Live scheduling may be subject to change. Full terms apply.

BLAZE RISK REMAINS HIGH

Aftermath . . . scene

Boy hits pole after 38 miles joyriding

By ALEX WEST

A BOY of 12 crashed his mother's car into a telegraph pole at 2am after driving it 38 miles.

The smash ripped down wires and cut electricity to Matthew and Lorraine Tricksey's home.

The couple, of Horton Heath, Dorset, were woken by the din on Friday and called police.

When officers arrived, they rang the boy's mother in Salisbury, Wilts, and told her to pick him up.

Lorraine said: "We woke suddenly. I think that was the impact. We suddenly realised we were in total blackness."

Police said the 12-year-old boy, driving a VW Tiguan, was not seriously injured.

A spokesman said: "A third party took him to hospital as a precaution. He is assisting our investigation. No arrests have been made and enquiries remain ongoing."

Vanished . . . laptops

£2.7m of Whitehall phones & tech lost

By ED SOUTHGATE

MORE than 7,300 Government laptops, mobile phones and IT devices have vanished from Whitehall departments in three years – at an estimated cost to taxpayers of almost £2.7million.

The figures, revealed under Freedom of Information laws, show about 47 devices worth a total of £17,000 being either lost or stolen each week.

The Home Office, which handles some of the most sensitive data such as police and passport info, was the worst offender – losing 1,273 laptops and phones since 2023.

The Department for Work and Pensions was second on 985, while the MoD came third with 876.

William Yarwood, of the TaxPayers' Alliance, said: "It's a costly reminder of how casually officials treat taxpayers' property."

The Government said devices are encrypted so any loss does not compromise security.

Hillside ablaze . . . wildfire lights up night in Blaenau Gwent

SOLDIERING THROUGH IT

200 troops join wildfires battle

Joining forces . . . soldiers and firefighters

Combined response . . . group near Cardiff

It's liberated crews to go and do their more specialist skills of firefighting – CHIEF FIRE OFFICER

DIGGING IN

Working on fire breaks

By RYAN PARRY

MORE than 200 soldiers have been helping exhausted firefighters battle at least 20 wildfires as outbreaks continue to cause chaos.

The troops were sent to help crews in South, Mid and West Wales.

More firefighters were also drafted in from across the rest of the UK.

Brigade chiefs last night warned that while temperatures may ease off, a continued lack of rain means the fire risk remains high.

Soldiers from the Queen's Own Gurkha Logistic Regiment were deployed over the weekend, with support from the Royal Engineers, Royal Logistics Corps and Army helicopters.

South Wales chief fire officer Fin Monahan said the troops had done an "utterly phenomenal" job of digging trenches and helping to build fire breaks.

He added: "That has liberated lots of our firefighters to go and do their more specialist skills of firefighting."

His crews faced at least 14 wildfires yesterday, while the Mid and West Wales brigade confirmed it was tackling six.

There were notable outbreaks in Cwmafan near Port Talbot, Merthyr Tydfil and Gorseinon in Swansea.

Wildfires also lit up the night sky at Cwm, in Blaenau Gwent.

Drones were temporarily banned so helicopters could safely douse hillsides.

Meanwhile, residents evacuated during last week's wildfire in Stourbridge, West Mids, began returning home.

But at least 19 properties have been destroyed.

ryan.parry1@thesun.co.uk

Alert ping a turn-off

TENS of thousands of phone users looked up how to turn off emergency alerts after the piercing fire risk notifications on Friday night.

The warnings, authorised by minister Louise Haigh, prompted a 5,000 per cent rise in the Google searches.

It also emerged that an old Cabinet Office report had warned Brits would disable alerts if they are sent for "lower level" incidents.

JAMIE SHOW IS A BRILLIANT FIND

EVERYONE thought **JAMIE OLIVER** was going a bit barmy last week after he was spotted wandering around barefoot in a dressing gown.

But now the telly chef has revealed it was part of a skit to promote a hilarious new Instagram video series, Finding Jamie (While He's Finding Himself). The micro-drama – which also stars his wife Jools and two of their five kids, Buddy and Daisy – will see Jamie have a go at everything from joining a naked woodland cult to trying out regression hypnosis.

It's all part of a new deal with Life360, the family connection and safety app, which Jamie's family use to monitor him as he heads off on his barmy journey of discovery. Jamie told me: "Life at the Olivers is full on. It moves at a million miles an hour. Between work, the various school runs, clubs and our family dinners, keeping track of who is where can feel like a full-time job. Jools and I have been relying on Life360 for years to keep us all connected and safe. It has been the most fun filming this micro-series and I am excited about this partnership with Life360."

Jamie shared the first trailer from his series on Instagram last night and it's well worth a watch if you fancy a chuckle.

APPY FAMILIES . . . Jools and Jamie

KATSEYE are on course for their first UK top ten single with new track Animal.

The song is currently at No9, but will need to hold strong to keep that position, with SILVA BUMPA's On 2nite bouncing to No6 and HUGEL's Movin' To The Sun featuring IMAEL ANGEL and ULTRA NATE getting a new peak position at No3.

PERRIE IS TOP OF THE PLOPS

PERRIE SIAN is one of my favourite influencers, hands down, and she had me in stitches when she joined me on my table at the Brit Awards back in February.

She's gained over three million social media followers thanks to her fashion and hilarious sense of humour – and now she's gone global after sharing a video of her accidentally sharting while doing an outfit reveal on holiday in Antalya.

The clip has been watched almost 20million times in ten days, with her bottom blooper making the news in the US, Australia and even Turkey.

When she called me from her house, Perrie admitted she had no idea the clip – which has sparked endless hilarious memes – would get so big.

"I wasn't sure I had recorded it because my phone is always filming for my vlogs, but I watched it back and then heard it and I was in hysterics," Perrie explains.

"I was on holiday with **STACEY SOLOMON** and her family, and it was her dad Dave who said, 'Post it!'.

"The internet can be such a negative place and I thought, 'If this can make someone smile, then it's worth it'.

"If you want some entertainment, go read the comments – there are over 4,000 and they are brilliant."

Of the global reaction to the clip, Perrie adds: "National TV in Turkey. And the New York Post. Imagine this being your entry into America, them writing about your shart.

"What I can't ever do is take that back now. But it's been giving people such a laugh, it's worth it.

"The memes are so good. My podcast, Can I Be Candid?, posted one that said, 'Total eclipse of the shart', after the eclipse last week.

"I'm actually really just glad that I did post it. It's made my family and friends laugh, and it's made so many people laugh now across the globe. I don't think any video I do will come close to this, annoyingly. I can try, but I don't think it will."

If you've yet to catch this moment of comedy genius, check out @perriesian on TikTok and Instagram.

I promise you will laugh – a lot.

HORRIFIED . . . Perrie sharts in vid, which has pulled in nearly 20million views

morrisons.com Majority of stores. Excludes Morrisons Daily. Online varies. Coca-Cola Zero Sugar £1.07/litre. Pringles Original 165g, £10/kg, offer ends 23/08/26. Cadbury Dairy Milk 134g, 4 pack, offer ends 25/08/26. McCain Baked Jacket Potato 800g, 4 pack, offer ends 06/09/26. Market Street Chicken Drumsticks & Chicken Wings 500g, £2/kg, offer ends 08/09/26.

KELLY'S SO IN TUNE WITH TOM

DESTINY'S CHILD singer **KELLY ROWLAND** has opened up about bonding with **Sir TOM JONES** since joining The Voice UK panel.

She said last night: "Tom is a legend. The conversations I've had with him are ones I'll always keep close to my heart. He shared so much wisdom with me and I feel so grateful to have had those moments."

Kelly, *right*, joins the Welsh star, alongside **WILL.I.AM** and **McFLY**'s **DANNY JONES** and **TOM FLETCHER**, on the show, which starts Saturday at 7pm on ITV1 and ITVX.

Of Kelly joining the team, Tom said: "She's injected so much energy into the panel.

"She's achieved so much globally, but she's also really grounded and very funny."

They are BFFs already.

KATY PERRY has got Halloween sewn up two months early.

The singer saluted fans in a sexy sailor outfit for her final European gig.

Katy – who's been joined on her tour by her boyfriend, the ex-Prime Minister of Canada, JUSTIN TRUDEAU – is now heading to Mexico for her show later this month.

It's likely Justin will be making the journey across the Atlantic with Katy, as those two couldn't be more in love.

This romance has got wedding bells written all over it.

Ahoy, Katy

GOT GOSSIP? CALL OR WHATSAPP THE

ELLIE HENMAN'S

arre

THE WEEK IN bizness

TODAY: CATHERINE ZETA-JONES, CLIFF RICHARD and SUZI QUATRO are among the guests expected at a memorial service to the late BONNIE TYLER in Swansea following her death last month.

THURS: Director RIDLEY SCOTT and actors JACOB ELORDI and MARGARET QUALLEY will be in London's Leicester Square for the world premiere of post-apocalyptic thriller The Dog Stars.

FRI: New albums including JORJA SMITH's What Are The Odds, BRANDON FLOWERS' Thrasher and Hazel Eyes by SAM SMITH are released.

SAT: All Points East Festival will host a pop-packed day with PINKPANTHERESS, ZARA LARSSON, DJO, ROSE GRAY and LORDE all on the bill in East London's Victoria Park.

GETTING KICKS ... Lily sings on couch at Norway show

Lily gig looks great sofa...

GIVEN how sweltering it's been the past few weeks, I feel like LILY ALLEN is all of us right now.

Looking like she was feeling the heat, she leaned back on a sofa after she hit the stage in Norway for the country's annual music festival, Øya, in Oslo.

The gig was the latest stop on her West End Girl tour, which will take her to the US next month, before she heads for New Zealand and Australia in October. Lily was forced to clap back at her critics last month after a handful of reviewers panned her 55-minute set – which is more like a Broadway show than a concert.

She said: "It's my artistic choice not to talk to the audience, the fourth wall helps with the storytelling. Most people find it to be effective. I don't want anyone to feel ripped off. Everyone on this tour is working hard to give people the best show we possibly can and I'm proud of it."

MADGE BASH IS A BIT UNORTHODOX

She flies family to Greece for birthday visit to a...monastery

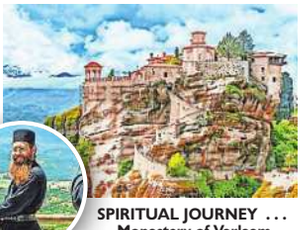
MADONNA has gone crazy for Corfu after chartering a private jet to fly out family and close friends for her 68th birthday yesterday.

And we're told the Queen of Pop went all out for her extravagant celebrations on the Greek island, which included a very special trip to the monasteries of Meteora.

Insiders said Madge booked a helicopter to fly to the sacred site, made famous in 1981's James Bond movie For Your Eyes Only.

During her trip, the superstar – who has delved further into spirituality since she almost died after contracting sepsis in June 2023 – organised a top-secret meeting with the leader of the Monastery of Varlaam, Father Benedict.

My Madonna mole explained: "Every year, Madge goes all out for her birthday, and this year was no different. In the past, she's opted for mini-breaks to Italy, but this time she decided on Corfu.



SPIRITUAL JOURNEY ... Monastery of Varlaam and, *inset left*, monk

"Of course, the week-long plans included private jets, yachts and a helicopter trip, but Madonna also spent time really focusing on spirituality and her sense of self.

"She took a private trip to the Eastern Orthodox monasteries of Meteora, where she spent hours learning about the religious sites.

"Madonna has always been spiritual but, after she fell ill three years ago, she reaffirmed her faith. It was a beautiful trip for her and it felt very poignant."

Naturally, Madonna also put on a proper show for her loved ones, including her boyfriend Akeem Morris, her son **ROCCO RITCHIE** plus longtime friend and Swedish designer **BEA AKERLUND**.

Lot to celebrate

She rented a remote, ancient villa on the north of the island which has its own harbour, where Madge later organised a yacht so they could celebrate with a day at sea.

We're told the Crazy For You singer also hosted an outdoor dinner, complete with traditional Greek cuisine in the villa's grounds and hired a local band for the festivities. Aside from her birthday, Madonna has had a lot to celebrate this year. As well as landing her 13th No1 album with Confessions II this summer, she has also notched up her highest-charting single in 17 years thanks to her **KYLIE MINOGUE** collaboration, Love Sensation, which peaked at No8 last Friday.

To top it all off, Madonna is now eyeing up locations for her upcoming UK concerts.

I revealed last month that she had pied off Glastonbury, with festival boss **EMILY EAVIS** confirming my tale and saying: "It's definitely not Madonna."

My music insiders said Madge was now eyeing up playing three back-to-back shows at BST Hyde Park in summer 2027 instead.

It would be the perfect way to kick off next year's heatwave ...

COME FLY WITH ME ... Madge took loved ones to the island by private jet

THE Sun SAVERS

sunsavers.co.uk TikTok: @sunsavers Facebook.com/thesunsavers

DEAL OF DAY

LISTEN up for a great audio deal at B&M. The JVC deep bass bluetooth headphones are usually £40, but now £20.
SAVE: £20

CHEAP TREAT

ENTERTAIN kids at meal times with the Colour My Placemat book, was £3.99, now 99p, at Home Bargains.
SAVE: £3

BUDGET BAKING TIPS TO HELP YOU MAKE AMAZING CAKES

Up for the cup

FANCY a birthday cake that looks a million dollars but costs less than a fiver?

Well, today is National Cupcake Day, so it's the perfect excuse to get baking.

With a few clever tricks, the humble sweet treat can become a showstopping centrepiece.

BASIC BATCH: For a foolproof cupcake sponge, you need just four ingredients.

Cream together 225g butter, 225g caster sugar, 4 eggs and 225g self-raising flour, which will cost around £5.69 at Aldi.

This should make around 15 cupcakes once baked for around 18-20 minutes at 180C. Add a splash of vanilla or a teaspoon of cocoa for chocolate cupcakes.

ALL IN ONE: Stack them up for an instant showstopper. Simply arrange cooled cupcakes in a circle on a board, then cover the whole thing with a thick layer of buttercream. Smooth it over the top and sides to hide the gaps.

Once it's set in, you will have a giant cake that looks like a single bake, but it's way easier to transport and serve.

ICING HACKS: No piping bag? No problem. Use a sandwich bag with the corner snipped off for a professional finish.

For speedy decorations, raid your cupboards. Chocolate buttons, sprinkles, chopped nuts or even crushed biscuits make brilliant toppings.

You could also melt any leftover chocolate in a bowl and drizzle it over the top of the cakes with the spoon.

CAKE POP SAVER: Got a few cupcakes that are slightly stale or a bit wonky? Crumble them into a bowl, mix with a few spoons of buttercream, roll into balls and dip in melted chocolate before adding a lolly stick.

The result is easy cake pops that make great desserts or look brilliant on a plate for your next party.

TRY A TRIFLE: Stale or leftover cupcakes can also be used in a tasty trifle.

Crumble them into the bottom of a glass bowl, drizzle with a little fruit juice or sherry, then layer with ready-made custard and tinned fruit cocktail.

Top with whipped cream and a sprinkle of hundreds and thousands, if you have them, for a speedy pudding.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

TOP SWAP

£11

FOR a fresh glow, try e.l.f. Power Grip Dewy Setting Spray 80ml, £11, *right*, or pick up Studio London Dew Dream Locked In Setting Mist, £7, *below*, both available at Superdrug.
SAVE: £4

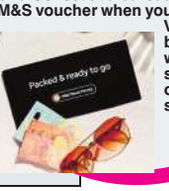
£7

What's new?

KEEP kids busy with the free Pets At Home Pet Pals workshops, where they will get the chance to meet furry friends. Workshops take place every day and are suitable for ages four to ten. Book at petsathome.com.

Little helper

ORDER £100+ of travel money at mandstravelmoney.com for Click and Collect at a bureau and get a £5 M&S voucher when you pick it up. Voucher can be redeemed when you spend £30 or more in store.



THE Sun RAFFLE

250 PRIZES TO BE WON

Join Sun Savers - download the app or sign up at sunsavers.co.uk

Opt in to The Sun Raffle

ABC123
Enter your unique code

PLUS! You can use this code for Sun Savers competitions and offers too...

IS YOUR CODE WORTH £100?

YOUR CODE

18+ UK only (excludes Isle of Man & Channel Islands). Multiple code collect. See full T&Cs at sunsavers.co.uk/terms

Need help with Sun Savers? Email help@thesun.co.uk

SHOP & SAVE

TOP off your look with a new Ben Sherman cap, RRP £24.99, now £6.50 at tkmaxx.com.
SAVE: £18.49

HOT RIGHT NOW

PICK up a suitcase at argos.co.uk and save 30 per cent when you use the code TRAVEL30 at checkout.

Specialist . . . platform

Sacked 15hr days engineer case win

By JOHN LUCAS

AN engineer has won a whistleblowing case after he complained he had to work 15-hour days.

Nathaniel Psaila was axed after he sent emails to a manager about the gruelling schedule.

His patch reached to Wales and one complaint was of having to drive for ten hours a day just to get to and from site.

Boss Lee Mackinnon, who replied "shut up" about one grievance, cited him as "being argumentative" when Mr Psaila was made redundant.

Mr Psaila, from Essex, was an installer for BFT Mastclimbing from 2019 to 2024, on more than £60,000. Mastclimbing work platforms are like motorised scaffolding.

His claims of unfair dismissal and detriments for whistleblowing were upheld by a judge at an employment tribunal in Watford. Compensation will be decided later.

Analysed . . . remains

Penguin fossil hint at a rainy Antarctic

By AMELIA CALEY

A STUDY of penguin fossils has revealed that Antarctica – where they still live today – used to be warm and humid.

Samples from 55million years ago contain "significantly" more titanium, silicon and potassium than more recent examples.

Such chemicals were washed into the sea by heavy rain on land during an ancient warm period, X-ray mapping revealed.

The findings provided insights into how Antarctica shifted from a warm and humid environment to a cooler world.

A Chinese team arrived at the conclusions after analysing penguin fossils from Seymour Island, off the Antarctic Peninsula.

Beijing-based Professor Quanguo Li said: "These fossils span an important interval of climate evolution, from relatively warm and humid conditions to the cooler climate of the middle and late Eocene."

A SLICE OF NIGELLA

NEWBIE Nigella Lawson smiles up at host Alison Hammond in the first official snap from The Great British Bake Off 2026.

The chef replaces Dame Prue Leith and will judge with Paul Hollywood, *left*.

Co-host Noel Fielding, *right*, made up the quartet on the first day in the tent.

By ELLIE HENMAN

Nigella said: "This is a huge honour. I'm bubbling with excitement." GBBO returns on Channel 4 next month.

FAMILIES WERE TERRIFIED

CAR RAMMED BY RHINOS AT PARK

Park strife . . . white rhino

FIGHTING rhinos left two families fearing they would die as the beasts smashed their cars at a safari park.

The pair of 1.5 ton animals caused £12,000 damage to the motors.

Charlotte Baker's BMW Series 3 was left with a horn imprint by the white rhinos at West Midlands Safari Park after she went through the enclosure with her husband and 18-month-old child. Charlotte, 24, of Tipton, West Mids, said: "Two rhinos started to fight and smashed into the back of our car, lunging us forward.

"I was crying and my baby was screaming, it was terrifying."

Her husband had to have hospital treatment later for back pain. Zoe Farmer, 53, was with her husband and grandson sitting in a line of traffic in her Dacia Sandero when she heard what sounded like a "massive car crash" as the raging rhinos smashed into Charlotte's motor.

Zoe said: "The next thing, one just charges at the front of our car. They carried on fighting.

"The car was swaying and I thought we were going to die. I thought it was going to tip over."

Zoe, of Accrington, Lancs, claimed they got no help for 15 minutes and had to drive on in their battered car.

Both families were offered free tickets to return, which the women called "an insult".

The park said of the August 9 incident: "Our rangers acted swiftly and appropriately."

It said guests are warned that they're entering an environment where animals are free-roaming and do so at their own risk. But it is contacting the families and "compensation will be discussed".

EXCLUSIVE
by ED SOUTHGATE

Damage . . Zoe with car

IT'S SUMMER AND SEABIRDS ARE ON RAMPAGE

By **JOSH SAUNDERS**

A BRAZEN seagull raids a pub-goer's dinner plate as so-called "XL Gullies" strike fear into unsuspecting Brits.

Menacingly large and capable of ferocious attacks, the giant seagulls – nicknamed in a nod to the banned XL Bully dog breed – are ambushing punters, pinching food and causing nasty injuries.

This bolshy bird stole from a bowl of chips at the Glass House boozer's beer garden in Norwich, Norfolk.

It struck as an XL Gully epidemic sweeps the UK.

In Inverness, 16 scary strikes over just two days in April left the local council waging war on the birds.

But seagulls are a protected species, meaning it is illegal to intentionally kill, take or injure them. It is also against the law to damage or destroy their eggs or nests.

Speaking to communities across the UK, The Sun today reveals the true extent of the seagulls' reign of terror . . .

PRESTATYN, WALES

EMERGING from an evening prayer meeting last month, former mayor Tony Flynn, 71, felt an "incredible thud" against his head and realised it was a seagull attack.

"It was like being hit with a hammer," he tells us. "My knees buckled and I put my hand there. It was absolutely covered in blood and began dripping down my face."

Tony spotted a couple of chicks in the road, which had likely fallen from a nearby roof, and realised the gull was protecting its young. The next morning, his pillow was soaked in blood and he went to hospital for a tetanus jab.

It is nothing new for the people of Prestatyn, he says, revealing there is "a real issue that won't go away".

Tony explains: "These birds are so powerful. If it's an attack on an elderly person with frailty or a child, it could really hurt them. It's a real problem."

INVERNESS, SCOTLAND

OVER two days in April, there were 16 "coordinated" gull attacks during a children's Easter egg hunt.

A witness said the gulls were attempting to steal food en masse. They even targeted young kids.

Agriculture Minister Jim Fairlie chaired a summit on the issue in the city last year.

And ex-Scottish Tory leader Douglas Ross has said the attacks are "one of the biggest matters" constituents complain about.

He revealed pensioners were "genuinely worried" to leave their homes during nesting season and said he had been sent many injury photos.

"There were huge lacerations to the head and people in A&E," Ross says. "One self-employed builder was attacked and fell, leading to his leg being put in a cast and him unable to work for months.

"Another constituent, divebombed while coming back from the shops, fell and broke her hip."

Ross claims governments are not taking the issue seriously enough. "People have been told to hold an umbrella or flail their arms to stop gulls divebombing them," he says.

"Another idea was to draw googly eyes on a pizza box as gulls apparently don't like being stared at. It'd be funny if it wasn't so serious."

Ross has previously said gull attacks are at a "deadly" level". He wants nests and birds immediately removed in trouble hotspots.

SOMERSET

WHEN Debbie Gilbert and husband Jon relocated from Hertfordshire to Tatworth, near Somerset, in 2023, they envisaged a life of tranquillity.

But it has been anything but for Debbie, 58, as every morning at 4.30am she is rudely awakened by squawking gulls stomping on her bungalow roof.

"I've had an absolute nightmare with them," says Debbie, who runs the Best Business Women Awards. "The noise is horrendous.

"Stay the night and you will wonder how we put up with it. Even ear plugs don't always work.

"We even installed spikes on our roof to stop them nesting but they returned and went on next-door's house instead."

But it is not just the noise that is an issue for Debbie.

"At one point, I couldn't leave my car without them swooping down," she explains. "I dreaded coming home – it's like it was their house. They attacked my husband's stepdad, who is 97 and has dementia.

"They split his hand open due to being giant and having such sharp beaks."

Debbie, who lives 25 minutes from the sea, believes gull numbers are out of control and wants their protected status removed.

"If you've got rats, you can deal with them," she says. "To me, seagulls are rats of the sky and probably worse as they are so aggressive."

BRIGHTON

IN popular seaside spot Brighton and Hove, where it is estimated that 10,000 of the birds reside, seagull "muggings" are commonplace. The Sun has heard tales of foodies being attacked twice in a day by peckish birds along the seafront.

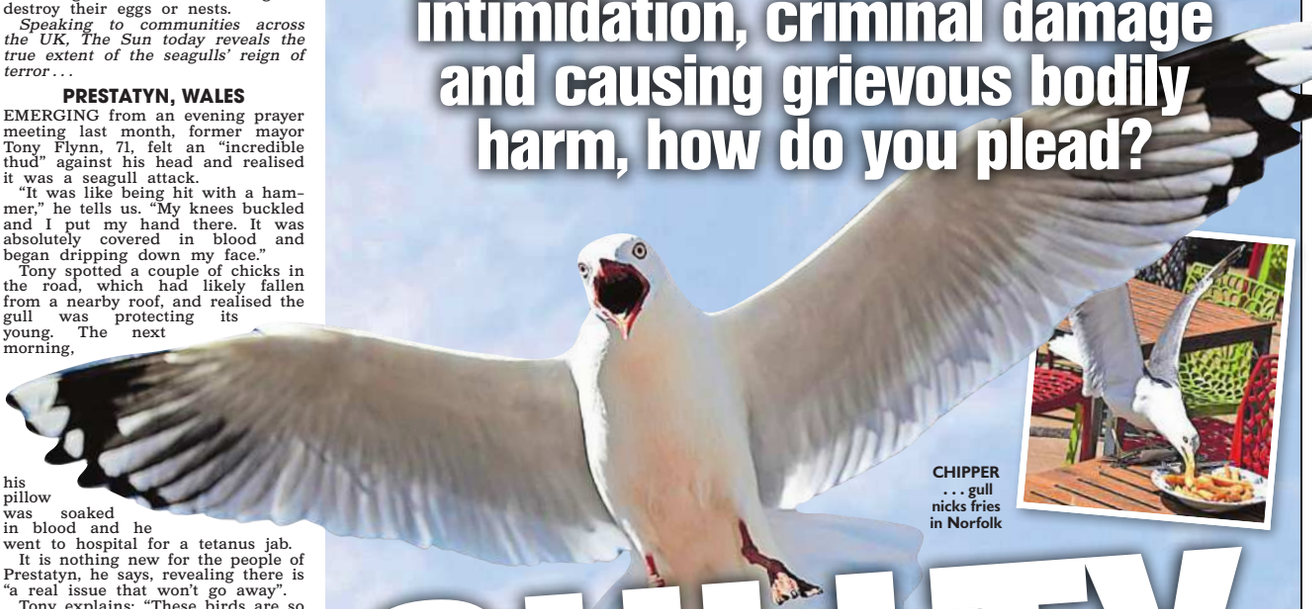
Emily Elliott, 23, was struck three times in a month for her carb-heavy treats.

"It's a big problem in Brighton, to the extent you can't even dream of eating on the street," the journalist tells us. "I got scratched on my face.

"The scary thing is seeing the shadow of the bird, its silhouette, getting bigger as it comes down towards you, and you know there's nothing you can do.

"One grabbed my sandwich and then three of them ate it. They help each other out."

On the charges of theft, assault, intimidation, criminal damage and causing grievous bodily harm, how do you plead?



CHIPPER . . . gull nicks fries in Norfolk

GULLTY

UNDER SIEGE . . . *l-r*, Debbie, *inset*, had car splattered; minister Fairlie, *centre*, at seagull summit; and tourist ambushed in Fife

Search . . . rescuers

Death toll of horror quake is up to 53

By ED SOUTHGATE

RESCUE teams yesterday recovered six more bodies from the devastation of Saturday's Indonesia earthquake, bringing the death toll to 53.

Thousands have been made homeless by the magnitude 7.7 quake.

A further 135 people were reported injured.

Rescuers dug through debris looking for more victims feared buried beneath landslides.

The powerful quake hit the island of Flores and was followed by hundreds of aftershocks.

Residents fled in panic amid tsunami warnings, which were later lifted.

Many families near Komodo National Park, one of Indonesia's best-known tourist destinations, spent the night outdoors as they feared the continuing tremors.

A farmer in a tent next to her damaged home said: "The shaking was terrifying, so intense."

Win . . . scratchcard

Lotto ma cleaning up with £300,000

By ALEX WEST

A WOMAN who scooped £300,000 on the lottery says she is going to splash out – on some fluffy new towels.

The mum, who is in her 50s, said getting the bumper prize is "unreal".

As well as replacing her old bathroom towels, she wants to pay off her mortgage and buy her son a new car.

The winner, who has not been named, said: "It's unreal and exciting, and it's such a relief to have the financial worries out of the way."

The long-time lottery player won it in her home city of Newport, Gwent, with a £3 Cashword Bonus scratchcard.

Liz Styles, of operator Allwyn, said: "It's fantastic to hear that her love of the National Lottery's games has resulted in such a fantastic prize.

"We hope this win brings her and her family plenty of happiness and financial security."

PIE-AYED LASSES

Geordie women most likely to be drunk & disorderly

GEORDIE lasses are the most likely to be nicked for being drunk and disorderly.

Cops in Northumbria, covering Newcastle, made 1,276 female arrests for the offence in three years.

The total was higher than London's Metropolitan Police, which had 933 in an area with six times Northumbria's population. Lancashire Police, which covers Blackpool, Preston and Burnley, was third with 845 arrests in the three years to April 2026, a Sun probe found.

EXCLUSIVE
by MICHAEL HAMILTON

Next was Merseyside Police with 730 while Greater Manchester cops nicked 671 women.

They were followed by West Yorkshire (542), South Yorks (522) and South Wales (451).

Norfolk, with 440, and Devon and Cornwall (409) completed the top ten.

Of those held in Northumbria, almost half were under 30, many in Newcastle's Bigg Market party area. Its boozy reputation featured on TV's Geordie Shore, whose stars reportedly downed 1,300 bottles in one series.

Across England and Wales, there were 12,380 female arrests for the offence, almost 80 a week, but only around a third were charged. Zaheen Ahmed, of alcohol treatment providers The UKAT Group, said: "It can be as much about policing as partying.

"Forces with a tougher stance on alcohol-fuelled disorder will inevitably record more arrests.

"Our concern is binge-drinking can leave people vulnerable."

Northumbria Police said: "Our priority is always to protect people and prevent harm."

Good times . . night out

Just write for a job

JOBS for writers, translators and actors now have the most vacancies.

But there is a drop in ads for undertakers and secondary school teachers.

There were 1,669,203 job ads last month – 7.7 per cent up on July 2025.

It was boosted by a rise in hospitality and tourism roles, research by the Recruitment and Employment Confederation found. The group's Maxine Bligh said: "Warm weather and sporting events helped."

DUNKIN' TREASURE

A dunking biscuit is what Britons miss most abroad – and one in five scoff one as soon as they return, a Tesco poll says.

FEATHER FIGURE

Picture: ARPAN HANRA/SOLENT

By AMELIA CALEY

THESE chicks play a game of hide-and-beak while their dad takes them protectively under his wing.

Keeping a low profile is essential for the survival of young pheasant-tailed jacanas in eastern India.

On a floating nest made of lotus stems, they're vulnerable to snakes, crocodiles, kites and even turtles.

Waiting in the wings . . . four chicks emerge

Making a stand . . Andy

Last man on estate stays put

By RYAN PARRY

A LONE tenant is refusing to move from a council estate facing the wrecking ball.

Andy Roche, 51, lives with his partner in a one-bedroom flat in one of seven doomed blocks.

The others are empty, awaiting demolition.

Rochdale Boroughwide Housing wants to flatten Lower Falinge estate in Gtr Manchester and replace 126 1960s homes with 270 new ones.

Andy, who has lived in his flat 28 years, said: "We don't want to leave. I've lived here all my life. There's never any trouble, we like the green space."

Andy, who pays £95 a week for the flat, added: "Because my partner and I are both autistic, we have very specific needs."

RBH said: "We are committed to supporting the remaining household move into suitable alternative accommodation.

"We have made five offers of new homes."

Jab to be slim wine

A WOMAN who started on Wegovy to lose weight says the jabs have curbed her serious wine habit.

Julie Lord, 56, went from a bottle a day to barely half a glass.

The retired pharmaceutical worker, from Leeds, said: "It was a miracle."

Wegovy had little effect on her weight but when she stopped taking it she returned to a bottle a day. She is back on the jabs, not to lose weight but to tackle her boozing.

A month's supply can be more than £150 but she saves £280 on wine.

BEANS MEANS FINE

Beans are best in terms of heart health for blokes in their 20s while broccoli aids young women's wellbeing, say Aussie experts.

Advertising Standards Authority
asa.org.uk

The ASA makes sure UK ads stick to the rules.

Simples.

ASA
Legal, Decent, Honest and Truthful

Hols From £9.50: Price per person based on four sharing. Multiple codeword/code collect or digital subscription required. Subject to availability. *Price guarantee excludes extras. Terms and Conditions and date restrictions apply. For full T&Cs, see thesun.co.uk/holidays. Sun Club: 18+ UK only. New customer offer: £1.99 per month unless you cancel at least seven days before your next billing date. Full T&Cs apply, see thesun.co.uk/club

Warning . . . Hudson

Lad's eye scare as 'squishy' explodes

By EMILY-JANE HEAP

A BOY of four was rushed to hospital after a fake squishy toy exploded in his face.

Hudson Bevan's eyes were so swollen he could not open them.

His mum Jodanna said Hudson squeezed the toy which then went "pop" – with a thick, sandy filling going into his eyes.

Jodanna, 39, bought the discounted squishy on online retail site Shein.

She is now warning parents not to buy cheap versions of the toys, saying: "They're full of toxic chemicals. These toys need to be banned."

Jodanna, of Bridgend, South Wales, added: "It was horrendous. Luckily no damage has occurred."

Shein said it has reviewed the case and the product is no longer available on the platform.

Bosses added: "Our team has reached out to the family and we wish them a speedy recovery."

Wreck . . . the vehicle

12 killed as coach crashes off road

By EMILY-JANE HEAP

TWELVE people were killed and at least ten seriously hurt when a coach returning from a pilgrimage crashed off a motorway.

The vehicle, carrying 57 passengers and two drivers, went off the straight road into a ditch and overturned early yesterday.

Survivor Helena Tluczek said: "I clawed my way out with my hands. When I looked back, it was unimaginable."

The coach crashed near Mezokeresztes, Hungary, as it headed back to Poland from a Catholic pilgrimage in Bosnia and Herzegovina.

Local police said "preliminary information suggests the driver likely fell asleep" and that he had been taken into custody.

Polish president Karol Nawrocki wrote on social media: "I join the families and loved ones of the victims in prayer and deep sympathy."

ABBEY RD RETURN

By ELLIE HENMAN

IT looks like The Beatles are getting back to where they once belonged — at the famous Abbey Road zebra crossing.

The cast of the upcoming Fab Four biopics recreated the iconic cover image of the 1969 Abbey Road album.

Harris Dickinson led the way as John Lennon, followed by Barry Keoghan as Ringo Starr, Paul Mescal as bare-footed Paul McCartney and Joseph Quinn as George Harrison.

Period vehicles were also seen on the street near the North London recording studios. It is the first time Barry has been seen since reportedly throwing a strop while filming in Kent. The four Beatles biopics are due out in April 2028.

'Mop strop' . . . Barry as Ringo Starr

BLOATED, SWEATY, FORGETFUL...

PSYCHO, BITCHY, ITCHY & SLEEPY

Insulting 'seven dwarfs of menopause' council training

Basildon Borough Council

Sigh-ho . . . dwarfs, and Basildon

IT'S off to woke we go after a council gave Snow White's Seven Dwarfs new names such as Itchy, Bitchy and Bloated — to teach staff about the menopause.

By EMILY-JANE HEAP

The fairytale characters were relabelled as apparent symptoms.

The insults Psycho, Forgetful, Sleepy and Sweaty also replaced old favourites such as Happy, Bashful and Sneezy. Staff at Basildon Council in Essex were told "doctors are not experts" about changes in women's bodies and that "68 per cent are not up to speed".

The Let's Talk Menopause presentation says women are embarrassed to speak to GPs.

It was among diversity and inclusion courses at councils costing taxpayers hundreds of thousands of pounds. Tory shadow local government secretary Sir James Cleverly, *left*, told The Sunday Telegraph: "Hard-working taxpayers are having to pay for absurd nonsense like this.

"It is wrong – not to mention dangerous – to argue doctors are not experts."

Other council sessions saw staff in Bury, Gtr Manchester, asked to "pick the criminal" from cartoons of a white man in a suit, a white woman, and a black man in a hoodie to teach about "unconscious bias".

And at Rushmoor Council, Hants, workers were asked to consider, "Can snow clearing be sexist?". It was based on a Swedish theory suggesting schedules favour men's travel patterns over women's.

Councils said they provided such training to fulfil legal obligations.

emily-jane.heap@the-sun.co.uk

On stage . . . pair last night

Ariana's Wicked duet with pal Erivo

By CONOR O'BRIEN

ARIANA Grande reunited with her Wicked co-star Cynthia Erivo for a duet on the second night of her London residency.

The singer and actress, 33, performed last night at the O2 for the UK leg of her Eternal Sunshine Tour – her final run of gigs before stepping out of the public eye.

Ariana and Cynthia, 39, portrayed Glinda and Elphaba respectively in the duo of smash-hit musical films.

And they performed a song from Wicked, For Good, and Happy Days Are Here Again.

Cynthia was spotted in the crowd alongside other celebs including record producer Benny Blanco.

But she then took to the stage for the duets.

A fan in the 20,000-seat arena told The Sun: "The crowd loved it when Cynthia came on stage for the Wicked reunion."

Ariana is set to take an "extended" break.

Pampered . . customer

'Low-life' nail salon punter's £85 dash

By EMILY-JANE HEAP

A WOMAN had a full pedicure and manicure – then left without paying her £85 bill.

Salon owner Hope Tran watched her walk to an ATM as her business is cash only – then saw her get into a waiting car.

The woman, dressed in pink, had spent more than two hours in New Milton Nails in Hants, even having a free coffee.

CCTV shows her scrolling through her phone while being pampered.

Ms Tran said she was likely a holidaymaker staying at a campsite.

She added: "I still had to pay my hard-working staff who did her nails for over two hours."

Ms Tran did not contact the police as she believed it would be a waste of time. But a customer posted the woman's image on social media.

One user said: "No small business can afford this. People who do this are complete low-lifes."

AFTER BRIT DRONES HIT DEEP IN

One-way attack drones: Pioneered by forces who strapped bombs to off-the-shelf drones, designed for filming and photography, and crashing them into enemies. Soon they evolved into faster and nimbler racing machines, and most are now custom-built with a combination of commercially available parts and 3D-printed chassis.

Dubbed kamikaze or suicide drones, their latest evolution is the fibre-optic FPV. These devices are fitted with fibre optic thread that unspools as the drone flies. It is tethered to a controller, giving them a crystal-clear 4K view transmitted at the speed of light.

Loitering munitions: Military-grade, purpose-built drones that often have a tell-tale X-shaped wing.

They are designed to loiter over the battlefield looking for suitable targets before dive-bombing at speeds of around 200mph with a significant explosive warhead. Western versions include the Helsing HX-2.

Interceptors: These are designed to take down other drones. They come with a lower price tag than air defence missiles (which can cost £1million each) and are cheaper than the machine they are trying to destroy.

The best-known examples include Ukraine's P1-Sun and the Octopus. They cost a few thousand pounds each and are designed to shoot down Russian Shahed drones, which cost £20,000 to £30,000 each.

Some take off vertically. They can also be launched from helicopters and small aircraft or fired from handheld launching rails.

Faster than their target, they can catch their prey, crash into it or explode nearby. These were the weapons Ukraine developed and offered to the Gulf States to defend against Tehran's reprisals after Donald Trump attacked Iran.

Long-range strike drones: Just like long-range missiles, these deliver explosive payloads over hundreds or thousands of miles.

Iran's Shahed model, with its distinctive delta-shaped wing, is perhaps the best-known of this type. But the martyr drone has been eclipsed by at least 25 types of Ukrainian long-range strike weapons that hit oil refineries, weapons factories and ammunition dumps on an almost nightly basis.

Among the most deadly are the twin-fuselages drones such as Ukraine's Blitz-2. The line between missile, drone and cruise

By JEROME STARKEY
Defence Editor

BRITISH-MADE drones have hit deep into Russian territory for the first time, killing at least six people in the biggest air raid on Moscow in two years.

The attacks on a distribution warehouse south of the capital, which involved more than 800 of the deadly flying robots, is part of the tech innovation that has changed the face of combat.

Never before has a war been fought largely by drones. They are everywhere and do everything, from sinking ships to hauling half-dead soldiers off the battlefield.

They can fly, dive and hover. They can sense, shoot and supply. The smallest fit inside matchboxes while others dwarf 40ft sea containers.

In a single day in Ukraine alone there were 12,000 drones darkening the skies over the town of Pokrovsk.

And they don't just hunt humans. Drones wage war on drones and deliver other drones into battle.

Some can fly 1,200 miles to Moscow. Others stay tethered to pilots by fibre-optic thread. They range from space rockets and weather balloons to off-the-shelf DJI quadcopters that cost £300 from Currys.

Among the British ones deployed by Ukraine are the Nyan, which has a wingspan of nine and a half feet and a strike range of over 150 miles.

The weapons break down into three broad categories: Attack drones, spy drones and supply drones.

Here, we look at each type and the roles they have been playing on the battlefield during Russia's conflict with Ukraine.

PILOT . . . Brit soldier LCpl Snoots with machine she controls

Fighting over th

RUSSIA, HOW WARFARE HAS CHANGED

DRONES

HX-2

Sea Baby

Nyan

ile is blurred, but drones are usually er and cheaper.

ber drones: These include US-style ator devices – first fielded 30 years ago ich can fly thousands of miles, loiter for s and unleash hellfire missiles.

e bomber drones in Ukraine work r to the front line. They hover over ets and drop mortar bombs, grenades or home-made explosives on to soldiers, bunkers and armoured vehicles.

In the first months of the Ukraine war, hand grenades were strung in paper coffee cups beneath DJI quadcopters.

This sub-category of drone is often larger than FPVs and includes models originally designed for heavy agriculture – such as the Vampire – that were also popular with smugglers sneaking contraband into the EU before the war.

Their most dramatic "kills" include dropping bombs through tank hatches, igniting ammunition inside and blowing off the turrets.

Kamikaze attack boats: Remote-controlled speedboats packed with explosives. This type of craft includes Ukraine's Magura and Sea Baby drones that have devastated Russia's Black Sea fleet – sinking ships and forcing the remaining vessels to retreat from occupied Crimea to Novorossiysk in the eastern Black Sea.

Missile launching boats: Ukraine developed the world's first sea drones armed with Archer air defence missiles to protect the surface attack drones from helicopters. It fielded naval drones packed with interceptors to stop Russia's long-range attack weapons, such as Shaheds, over the Black Sea, before they reached key port cities such as Odessa.

Submarines: Ukraine said its little-known Sub Sea Baby drone snuck into Russian port Novorossiysk in the eastern Black Sea, and exploded next to a Kilo-class Russian submarine. Kyiv recently claimed that its Sea Trident sub can carry a one-ton warhead.

Britain and America have also developed so-called extra-large submarine drones capable of a range of missions including surveillance and delivery. The vessels float antennae on the surface to receive instructions.

Kamikaze attack drones: Remote-controlled cars on wheels or tracks loaded with explosives that trundle up to enemy positions and explode.

Mobile reusable guns: Cars with machine guns, rockets or mortars mounted on the chassis. The vehicles are controlled remotely. Ukraine claims it has held positions and even captured Russian soldiers using only drones.

PUMA

Leleka

SPY DRONES

Intelligence collection: Anything with a camera or even an antenna capable of picking up signals can perform the role of a surveillance drone.

These range from the DJI quadcopters used to spot enemy positions and correct artillery and mortar fire, to long-range endurance drones such as America's Puma aircraft system which loiters over targets, undetected and immune to jamming for hours, while the attack drones make their way to their mark.

They might spot targets with cameras, or transmissions with antennae, or air defence systems with their own inbuilt radars. Early versions included Ukraine's Leleka and versions of Russia's Lancet.

We see the spy drones less often, but we often see the footage they film as other drones explode on target.

At sea and on land, intelligence collection could include acoustic sensors listening for submarines and ships, detecting movement from soldiers or transmissions from radios.

Jamming and communications: Drones can carry electronic warfare kit to jam enemy communications or relay friendly signals.

HIT . . . warehouse in Russia yesterday after deadly drone attack

Malloy

SUPPLY DRONES

Uncrewed ground vehicles: Sky drones have created a kill zone up to 30 miles either side of the front lines. Anything that moves is at risk of being hit.

So in order to deliver food, fuel, ammunition and building supplies, soldiers have turned to UGVs, which are essentially remote-controlled cars on tracks and wheels, from the size of a small suitcase to the size of a family car.

They also evacuate wounded soldiers. Some versions come with armoured cocoons to protect the patient from further attacks.

Mothership drones: These are larger, sometimes repurposed spy drones that can carry smaller unmanned aerial vehicles.

Almost any large UAVs can be fitted with almost any cargo and can resupply troops or evacuate the wounded. The Royal Navy tested Malloy drones for transferring stores between ships. Troops have also used them for moving ammunition and wounded comrades.

Gereon UGV

he remote control

Monday TV GUIDE

4-PAGE SECTION

BBC ONE

6am Breakfast (S)
9.30 Countryfile Treasures John Craven explores the heritage of North Yorkshire. (R,S)
10.30 Garden Rescue (R,S)
11.15 Homes Under The Hammer Featuring properties in Norwich, Cardiff and Dover. (R,S)
12.15 Bargain Hunt From Ardingly antiques fair in West Sussex. (S)
1.00 BBC News (S)
2.00 Money For Nothing A large bookcase poses a challenge for carpenter Sam, screen printer Zoe completely overhauls a tired cabinet and Jacqui Joseph goes wild with patchwork. (S)
2.45 Escape To The Country Alistair Appleton helps a family find a home with land for horses in Aberdeenshire. (S)
3.30 The Repair Shop Experts restore a handmade book, a camping stove, a table and a flat cap. (R,S)
4.30 The Answer Run Quiz show hosted by Jason Manford. (S)
5.15 Pointless Quiz hosted by Alexander Armstrong. (R,S)
6.00 BBC News (S)
6.30 Regional News (S)

7.30pm A situation escalates for Nicola and George in EastEnders

7.00 The One Show Roman Kemp and Lauren Laverne present the usual mix of topical stories and celebrity chat. (S)
7.30 EastEnders Avani attempts to play matchmaker, and Amy worries about recent events. (S)
8.00 Child Maintenance: Parents Under Pressure: Panorama Reporter Krupa Padhy meets parents who receive maintenance and those who pay it, to ask whether the system is failing both them and their children. (S)
8.30 Scam Interceptors (6/15) Ethical hacker Jim Browning breaks into the CCTV system of a group of Pakistan-based scammers who are conning their way into a man's mobile phone account. (R,S)
9.00 Death In Paradise (7/9) A reggae rap artist is shot dead at a soundcheck for a concert. Things prove uncomfortable for Marlon when he discovers a personal connection to the crime. (R,S)
10.00 BBC News (S)
10.30 Regional News (S)
10.40 Have I Got News For You (6/10) David Tennant hosts, with Miles Jupp and Cathy Newman. From May 2025. (R,S)
11.10 Mission: Impossible III FILM Action thriller sequel starring Tom Cruise, Philip Seymour Hoffman and Ving Rhames. (2006) ✪✪✪✪ (S) Followed by **Weather For The Week Ahead**
1.10-6am BBC News (S)

BBC TWO

6.45 am Beechgrove Garden (R,S)
7.15 The Answer Run (R,S)
8.00 Sign Zone: The Repair Shop The team revive a cherished rocking horse and a spectacular set of conga drums. (R,S,SL)
9.00 BBC News (S)
1.00 Richard Osman's House Of Games Quiz show. (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? With Owain Wyn Evans, Greg Rutherford and Abby Cook. (R,S)
2.45 Animal Park Summer (R,S)
3.30 Serengeti II A devastating storm threatens the animals of the African savannah. (R,S)
4.30 Vintage Antiques Roadshow First of two editions from Renishaw Hall, Derbyshire. (R,S)
5.15 Flog It! The show comes from the National Maritime Museum in Falmouth, Cornwall. (R,S)
6.00 Richard Osman's House Of Games Edith Bowman, Rhys James, Anita Rani and Simon Rimmer take part. (R,S)
6.30 Bear Grylls: Wild Reckoning A couple whose marriage was pushed to the brink try to reconnect. (R,S)

9pm Michael Sheen examines allegations of chemical contamination in Buried

7.00 Global Eye Aleem Maqbool reports from Cape Coast on slavery's legacy in Ghana, and BBC Eye is given access to Interpol's anti-trafficking unit in Sierra Leone. (S)
7.30 Mastermind (5/31) Specialist subjects include the films of Paul Newman and Transport for London moquette. (S)
8.00 Only Connect (6/34) Victoria Coren Mitchell hosts as Accrual World take on the Knitwits. (S)
8.30 University Challenge (6/37) Amol Rajan asks the questions in another of the academic quiz's first-round matches, with the University of Bath taking on City St George's, University of London. (S)
9.00 Buried With Michael Sheen NEW (1/2) The actor investigates claims of conspiracy, complicity and denial over allegations of toxic chemical contamination in Wales. (S)
10.00 Mortimer & Whitehouse: Gone Fishing (4/6) Paul and Bob set off in a punt to fish for perch on the River Thames. (R,S)
10.30 Newsnight (S) Then **Weather**
11.05 Disclosure: Welcome To Glasgow Investigating claims that parts of Scotland's biggest city have become no-go zones. (S)
12.05 A House Through Time Documentary. (R,S) **1.05** Sign Zone: Countryfile (R,S,SL) **2.00-2.45am** Bergerac (R,S,SL)

itv1

6am Good Morning Britain Morning magazine featuring a lively mix of news and current affairs, plus health, entertainment and lifestyle features. (S)
10.00 This Morning A mix of celebrity chat, lifestyle features, advice and competitions. (S)
1.30 ITV News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal The dealers den descends on Nottingham, where Henry Nicholls gets a grilling over a brooch collection and Fay Rutter sets her sights on a German camera. (R,S)
3.00 Deal Or No Deal (R,S) Followed by **Local Weather**
4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)
5.00 The Chase Bradley Walsh presents as Sarah, Martyn, Hannah and Neil take on one of the ruthless Chasers. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)

9pm Nicky and Davina in Long Lost Family: Born Without Trace – What Happened Next

7.30 Fletchers' Family Farm (10/10) Kelvin is in the market for a bull in his mission to expand the cow herd and Marnie checks in on her Jacob's sheep, with plans to put the tup in soon as she plans ahead for lambing season. (R,S)
8.00 Emmerdale Sarah is feeling conflicted about leaving her husband in the dark, and Ruby orchestrates the theft of Jimmy's shipment. (S)
8.30 Coronation Street Sarah refuses to use her contacts to help another prisoner, and George punishes Christina for her deception. (S)
9.00 Long Lost Family: Born Without Trace – What Happened Next Foundling Susanne Barrow reveals further discoveries after meeting her half-brother Ian in 2024, while Tom Yeo discusses an unusual development after his appearance on the show. (S)
10.00 ITV News At Ten (S)
10.30 Regional News (S)
10.45 Cold Case Forensics: In The Blood (3/3) Forensic scientist Angela Gallop and her team reveal how clues in blood traces helped solve two crimes, including the killing of Damilola Taylor. (R,S)
11.40 The Assembly Celebrities are interviewed by neurodivergent individuals. (R,S)
12.05 Shop On TV 3.00 The Staircase. Drama series. (R,S,SL) **4.05** Unwind With ITV (S) **5.10-6am** Dickinson's Real Deal (R,S,SL)

4

6.30 am The King Of Queens (R,S)
7.45 Everybody Loves Raymond Four episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA Gordon tries to transform a Haitian juice bar and restaurant in Brooklyn, New York. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Henry and Simon meet a couple with a penchant for Star Wars collectibles. (R,S)
1.10 The Great House Giveaway An accounts manager and a kitchen and bedroom fitter transform a crumbling house. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 The Great B&B Challenge Six couples compete to win a five-bedroom B&B in the heart of rural France. (R,S)
5.00 Château DIY At the Chateau du Puits Es Pratx, Tim and Sasha attempt to transform a murky pond into a water feature to rehouse their 80 goldfish. (R,S)
6.00 American Pickers A toy museum ready to sell its collection of treasures. (R,S)

8pm Martin & Roman's Irish Road Trip reaches Meath and Dublin

7.00 C4 News (S)
8.00 Martin & Roman's Irish Road Trip (2/3) Martin and Roman Kemp explore Meath and Dublin, from the Boyne Valley tombs and the Hill of Tara to the Hellfire Club ruins and Slane Castle, mixing myths, music and memories. (S)
9.00 Celebrity Hunted Two celebrities on the run drop in at a show bar in Leeds. A social media post provokes the hunters to raid a retirement home and a couple of fugitives pop up live on the BBC. (S)
10.00 Secret Lives Of Gypsy Wives The sisters and their families prepare for Christmas. Trewley's first rap song enjoys mixed success, while her plans to surprise her mum with a car misfire. Will taking her to speed dating go any better? (S)
11.05 Surgery Secrets Of The Super Rich (5/6) Emma has a £9,500 nano-fat treatment to rejuvenate her under-eye shadows. (R,S)
12.05 Walter Presents: Everybody Lies French crime drama about a group of people from different backgrounds brought together to investigate crimes committed by the most powerful people in society. (S) **1.00** Ramsay's Hotel Hell (R,S,SL) **1.50** FILM Blue Bayou. Drama, starring Justin Chon. (2021) ✪✪✪✪ (S) **3.45** Levison Wood: Walking With Polar Bears (R,S,SL) **4.40** Hollyoaks Omnibus (R,S,SL) **5.50-6.30am** Countdown (R,S)

5

6am Milkshake!
9.15 Jeremy Vine (S)
11.30 Storm & Alexis Discussion and debate, presented by Storm Huntley and Alexis Conran. (S)
12.45 5 News (S)
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice. (S)
2.20 An Affair To Die For FILM A young woman's father becomes the obsession of her seductive room-mate, who will stop at nothing to possess him. Thriller starring Ryan Francis. (2023) ✪✪✪ (S)
4.00 Castle Alexis and Castle are on a flight to London when they discover that an air marshal has been murdered, leaving Beckett to help them solve the mystery from the ground. (R,S)
4.55 Love Nature Sally from Northamptonshire Badger Group checks on an urban badger setts. (R,S)
5.00 5 News With Dan Walker (S)
6.00 Cyprus: Jewel Of The Med A profile of the Mediterranean island. (R,S) Followed by **5 News Update**

8pm Officer Annie is on duty in Street Cops: Catching The Yobs

7.00 Traffic Cops Officers are on the lookout for a suspected cloned car. (R,S) Followed by **5 News Update**
8.00 Street Cops: Catching The Yobs A teen runs from PC Ellie on the high street, as police unearth a nasty, studded baseball bat in the bushes. Northampton Street cops execute a warrant on a suspected drug dealer. (S)
9.00 Fare Dodgers: At War With The Law In London, investigators hunt for a woman thought to owe more than £2,300 in unpaid fares, and attempt to stop her at Chadwell Heath station to question her about 'short faring'. (S)
10.00 Police Interceptors: Taking Down The Shoplifting Gangs (3/4) Officers in Burnley go after prolific suspects, including two brothers whose campaign of shoplifting is out of control, and police prepare a dawn raid as part of Operation Even. (R,S)
11.05 Traffic Cops (8/20) In Harrogate, a reckless motorcyclist puts lives in danger as he desperately tries to outrun the cops. (R,S)
12.05 Car Pound Cops (R,S) **1.00** Teleshopping (R,S) **2.00** GPs: Behind Closed Doors (R,S) **2.50** Castle (R,S) **3.45** Friends (R,S) **4.35** Cruising With Susan Calman (R,S,SL) **5.25** Entertainment News On 5 (S) **5.35** Paw Patrol (R,S,SL) **5.45-6am** The Adventures Of Paddington (R,S,SL)

REGIONAL VARIATIONS S4C: **6am** Cyw **12.00** Newyddion S4C A'r Tywydd **12.05** Ffasiwn Drefn **12.30** Heno **1.00** Straeon Harri Parri **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Miwsig Fy Mywyd **4.00** Awr Fawr: Blwi **4.10** Sam Tan **4.20** Anifeiliaid Bach Y Byd **4.30** Crawc A'i Ffrindiau **4.40** Dal Dy Ddannedd **5.00** Stwnsh: Dennis A Dannedd **5.10** Byd Rwtsh Dai Potsh **5.25** Bwystfil **5.35** He-Man A Meistri'r Bydysawd **6.00** Arfordir Cymru: Sir Benfro **6.30** Lowri Morgan: Her 333 **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Sgwrs Dan Y Lloer **8.25** Garddio A Mwy **8.55** Newyddion S4C A'r Tywydd **9.00** Cefn Gwlad **9.58** Y Tywydd **10.05** Y Deis **10.35-11.40pm** Y Fets BBC ONE WALES: **9.00-10pm** Buried With Michael Sheen BBC TWO WALES: **9.00-10pm** Death In Paradise

FILMS ✪✪✪✪✪ Brilliant ✪✪✪✪ Very Good ✪✪✪ Good ✪✪ Not Bad ✪ Poor (R) Repeat (S) Subtitles (SL) Sign Language

CHILLED . . . Suranne and Rose

SURANNE IS OUT IN THE COLD

SURANNE JONES and ROSE LESLIE travel to colder climes for the third series of BBC thriller, Vigil.

DCI Amy Silva and DI Kirsten Longacre return to investigate a murder at a research station in the Arctic.

But while the weather may have been chilly, the pair have warm memories from their time filming in Svalbard, which is between Norway and the North Pole.

"It was amazing," says Suranne. "Rose and I felt like we were on top of the world because we went to places tourists don't normally visit since we were filming in such remote locations. There were reindeer outside the breakfast room every morning, we got to drive snow buggies and we really had to layer up.

"The problem was, when we got back to Glasgow we were too hot because we still had to film with all our layers on!"

In series three, which starts on August 30, the duo need to catch the killer and defuse a potential international confrontation, as different nations compete for control of the Arctic. And as you might expect from the TV hit, it puts both their careers on the line.

TWO returning series that shine a light on our crime-fighters and lifesavers are out next month. Police show 999: What Happened Next is back on Channel 4, and 999: On The Front Line – which follows the work of South Western Ambulance Service – comes to More 4.

MAKE A.I. BAND UNREAL

A NEW AI version of The X Factor is in the works.

Real-life singers are being sought to provide vocals for fake boyband Configure 4 and girlband Girl FX, who'll feature in the show, Make My Band.

Human hosts will be joined by AI co-stars in the bonkers take on a talent show, with its creators rumoured to be in final talks with Prime Video and the BBC.

The concept taps into the rise of K-pop music and comes as Spotify and Radio 1 move to embrace AI-generated music.

Showrunner Leighton James said of Make My Band: "It's the K-pop music era Britain has been waiting for, shaped entirely by the fans who love it."

Makers hope the show will air later this year.

More listings: Pages 30 & 31

By **ROD McPHEE**
TV Editor

With
FELICITY CROSS
Deputy TV Editor
and
JANINE YAQOOB
TV Reporter

rod.mcphee@the-sun.co.uk

The Sun TV biz

More 999 calls for the wire brigade

VICKY McCLURE is back with a bang as a bomb disposal expert in ITV thriller Trigger Point, as the show's writer warns: "No one is safe."

BOMB DISPOSAL DRAMA TRIGGER POINT BACK AND STAR VICKY PROMISES **BIGGER** BANGS

Expect explosions galore in series four as fearless Lana Washington tries to keep the capital safe.

Promising it will be edge-of-your-seat drama, writer Chris Brandon says he has cranked up the tension this time around.

And Line Of Duty star Vicky, who is also executive producer, says she doesn't care about the budget as they go for maximum impact.

"I was never good at maths at school, so I leave that to the actual grown-ups," she laughed.

Chris said of the six-part series: "I'm just in my pyjamas, planting bombs! This show thrives on cliff-hangers and surprises, and there's plenty more to come. No one's safe . . . no one. You're there hoping you do surprise people and they will keep coming back for it.

"Every episode is about tightening the screw until it has to break at some point. It's great fun."

Series four kicks off with Afghan veteran Lana having therapy before needing to defuse a bomb in a moving lorry on its way to blow up the Bank of England.

"I had a lot of fun doing that," smiled Vicky. "It was such a bonkers scenario because one minute we were in the tunnel, then we were in the studio, and it was kind of pieced together.

"When I first watched it, I was, like, 'Come on, just open things'. Like, getting annoyed. But that's the whole point. You can't just be frantic – there's the method of it all – so I really enjoyed the lorry scene.

"I mean, that's a small version of what's to come. Chris and the team have really gone for it."

Vicky says she improvised the therapy session to make it feel more authentic.

"I can try that rather than, you know, the technical stuff," she explained. "I've got to stick to the script.

"You know, we've got to make sure the professionals have run with that, not me. But it was lovely to be able to hit the ground running with the therapy stuff and go, 'OK, well let's just try it because it could all end up on the cutting room floor'."

Also returning to the show are bomb disposal officers – known as EXPOs – **ERIC SHANGO** as Danny and **NABIL ELOUAHABI** as Hass. **NATALIE SIMPSON** is back as DS Helen Morgan, as is **MAANUV THIARA** as DCI Amar Batra. **JULIE GRAHAM** also joins as Commander Nia Quentin.

Trigger Point starts on August 30.

FEARLESS . . . Vicky as Lana

FULL THROTTLE . . . Lana, Danny and team speed down the River Thames

NO HALF-BAKED ACTION

WE can expect more high-energy scenes from Vicky in Trigger Point – fuelled by treats from a certain British bakery.

The actress revealed pasty purveyors Greggs delivered a van to the set, complete with its own disco and beach.

"We had the most epic Greggs visit ever," beamed Vicky. "This massive van came with a silent disco and a big beach. They were there for the whole day.

"It was very disruptive and I just loved every minute."

Vicky says she needed a sugary pick-me-up after spending hours wearing weighty bombproof gear.

"It's heavy, but it saves lives – or at least it saves limbs," she said. "It's an amazing piece of kit. But I'm not the real thing, so there's absolutely no moaning in that regard.

"It's a privilege to wear it, to be honest.

"It has air-con – but if you want the air-con, you've got to put water in it, which makes it heavier. So it's a conundrum."

DUTY TO KEEP SECRETS

THERE are secrets galore locked away in Vicky's brain.

Not only confidential information about the drama that is to come in Trigger Point, but also the explosive tales that await Line Of Duty fans.

Filming recently wrapped on the hotly anticipated seventh series, which drops next year, and sees Vicky, MARTIN COMPSTON and ADRIAN DUNBAR return to the hit BBC police show.

"There's a lot of secrets to keep," laughed Vicky.

"I mean, I do think sometimes it's a bit dramatic, the industry – it's a bit MI5. 'Oh, you know, sign an NDA for this script', like we're gonna, you know, copy it and get a green light tomorrow, which is impossible.

"So I do think sometimes it's excessive.

"But then for the audience's sake, I wouldn't dream of saying anything.

"I think if my family probably know a lot – but don't approach!"

Monday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE freeview 23

7pm The Catch Up **7.05** Deadly 60 **8.00** The Great British Sewing Bee **9.00** Top Gear **10.00** Silent Witness **12.00 FILM** Red Eye. Thriller starring Cillian Murphy. (2005) **1.15-2.15am** OnlyFans: Inside The Machine

BBC FOUR freeview 9

7pm The Architecture The Railways Built **7.40** The Flying Gardener **7.55** The Art Of Spain **9.00** Mastermind **9.30** Call My Bluff **10.00** Art On The BBC: Michelangelo: The Good, The Bad And The Ugly **11.00** Art & Design: The Journey: Arena **11.25** Wainwright: The Man Who Loved The Lakes **12.25** The Flying Gardener **12.40** The Art Of Spain **1.40-2.05am** Art & Design: The Journey: Arena

ITV2 freeview 6

6am Backyard Builds **6.30** Dress To Impress **7.30** The Real Housewives Of Potomac **8.20** The Real Housewives Of Beverly Hills **9.15** The Only Way Is Essex **10.15** Dawson's Creek **11.10** Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club **9.00** The Only Way Is Essex **10.00** Family Guy **11.30** American Dad! **12.35** Bob's Burgers **1.30** Plebs **1.55-2.20am** Deep Fake Neighbour Wars

ITV3 freeview 10

6am George And Mildred **7.05** Classic Emmerdale **8.05** Classic Coronation Street **9.10** Poirot **11.35** Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Midsomer Murders **10.00** Grantchester. Detective drama. **11.55** Trial & Retribution **1.55-2.20am** George And Mildred

ITV4 freeview 26

6am Magnum, PI **8.05** Robin Of Sherwood **9.10** Boon **10.10** The Professionals **11.20** Robin Of Sherwood **12.25** Magnum, PI **2.35** The Casebook Of Sherlock Holmes **3.45** Boon **4.50** The Professionals **5.55** Minder **7.00** Formula E Highlights **8.00** The Motorbike Show **9.00 FILM** Apollo 13. Fact-based drama starring Tom Hanks. (1995) **11.50** Star Trek: Strange New Worlds **1.00** Lost **1.50-2.45am** Motorsport UK

E4 freeview 13

6am Hollyoaks **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine With Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00** The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **6.30** Hollyoaks **7.30** The Simpsons **8.00** The Great Celebrity Bake Off For SU2C **9.00** Below Deck Down Under **10.00** Gogglebox **11.00** First Dates **12.05** Naked Attraction **1.10-2.10am** Below Deck Down Under

MORE4 freeview 18

8.55am Find It, Fix It, Flog It **10.00** Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** Celebrity PopMaster TV. Music quiz. **10.00** 24 Hours In A&E **12.05** 999: On The Front Line **1.10-2.15am** 24 Hours In A&E

SKY MIX freeview 11

7am Border Security: America's Front Line **8.00** Border Patrol **9.00** Nothing To Declare **11.00** Border Security: America's Front Line **12.00** Caught On Dashcam **1.00** Police 24/7 **2.00** Nothing To Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00** Stargate Universe **7.00** Star Trek: The Next Generation **8.00** Police 24/7 **9.00** Evil **10.00** Caught On Dashcam **11.00** Grimm **12.00** Fantasy Island **1.00-2am** Police 24/7

MATCHMAKER . . . series host Kimberley helps singletons find love

DATE ME RIGHT NOW
MTV YouTube

DATING shows have been getting more and more bonkers.

The most bizarre sees singletons do it blind, while others meet for the first time at the altar. So it is refreshing to watch Date Me Right Now, which goes back to basics.

A modern-day take on Davina McCall's Streetmate, it films link-ups happening in real time in cities around the UK.

Launching digitally first, with new 15-minute episodes dropping on YouTube each Thursday, I suspect it will make its way on to traditional telly very soon.

Playing Cupid this time round is new talent Kimberley Cumberbatch. Judging by her entertaining and assured presenting, she is one to watch.

Kimberley pounds the pavements in search of men and women looking for love, and lines up three potential suitors for her singleton.

After a gentle grilling to find out if they have much in common, the suitors are invited to meet at an agreed spot if they like what they see.

If more than one turns up, then the singleton picks who they'd like to go on a date with.

First up is professional sports marketer MGK, who is a larger-than-life character.

He is fed up with dating apps, which he likens to Panini football stickers, saying: "There's so many duds." Now, he wants to find love in person.

MGK is presented with former Love Is Blind: UK contestant Yolanda, aesthetics practitioner Amber and content creator Kitten.

Asking Yolanda what kind of food she would be, she answers, "Tirimisu". "I'm more trifle . . . ," says MGK as his

BBC Four 7pm Tim visits King's Cross in The Architecture the Railways Built

U&DAVE freeview 19

7.25am Top Gear **8.15** Border Force: America's Gatekeepers **10.20** Rick Stein's Cornwall **11.20** Yukon Gold **12.20** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Guy Martin: Proper Jobs **4.00** Hairy Bikers' Best Of British **5.00** Rick Stein's Cornwall **7.05** Mortimer & Whitehouse: Gone Fishing **7.40** Would I Lie To You? **8.20** Would I Lie To You? The Unseen Bits **9.00** Have I Got A Bit More News For You **10.00** QI XL **11.00** Taskmaster **12.00** Mock The Week **12.40** Would I Lie To You? **1.20-2am** Would I Lie To You? The Unseen Bits

U&DRAMA freeview 20

7.20am The Bill **8.05** Doctors **9.20** Classic Holby City **10.40** Casualty **11.40** The Bill **12.40** Classic EastEnders **2.00** Classic Neighbours **3.00** Whitstable Pearl **4.05** Lovejoy **5.20** As Time Goes By **6.00** Last Of The Summer Wine **8.00** The Brokenwood Mysteries **10.00** New Tricks **11.20** Luther **12.40** Lovejoy **1.50-2.50am** Sister Boniface Mysteries

REALLY freeview 44

6am Fantasy Homes By The Sea **7.00** Teleshopping **8.00** Escape To The Country **9.00** Salvage Hunters: The Restorers **12.00** The Yorkshire Auction House **2.00** The Repair Shop **3.00** Salvage Hunters **5.00** Who Do You Think You Are? **6.00** The Repair Shop **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** The Repair Shop **10.00** The Yorkshire Auction House **11pm-2am** Help! My House Is Haunted

U&YESTERDAY freeview 27

6.10am Abandoned Engineering **8.00** Bangers & Cash: Restoring Classics **10.00** Secret Nazi Bases **11.00** The World At War **12.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Secret Nazi Bases **5.00** The World At War **6.00** Antiques Roadshow **7.00** The Blue Planet **8.00** Canal Boat Diaries **10.00** Bangers & Cash **12.00** Bangers & Cash: Restoring Classics **1.00-2am** Find It, Fix It, Flog It

U&W freeview 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: The Big Build **7.00** MasterChef Australia **8.00** Special Ops: Crime Squad UK **9.00** The Killing Of James Bulger **11.00** First Responders **12.00** One Born Every Minute **1.00-3am** Don't Hate Your House With The Property Brothers

QUEST freeview 17

6am Salvage Hunters: The Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters **1.00** The Repair Shop **2.00** Shed And Buried **3.00** Shed And Buried: Classic Cars **4.00** Find It, Fix It, Drive It **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **8.00** Shed And Buried: Classic Cars **9.00** Ant Anstead: Born Mechanic **10.00** The Repair Shop. Leather expert Susie fixes up a wallet. **11.00** BSB Highlights **12.00** How Do They Do It? **1.00-2am** Salvage Hunters

THAT'S TV freeview 56

8am That's 60s: Best Music Live! **8.05** Rising Damp **8.35** Duty Free **9.10** Never The Twain **9.40** On The Buses **10.10** Bread **10.50** Steptoe And Son **11.20** Oh, Doctor Beeching! **11.55** Rising Damp **12.25** Man About The House **1.00** Goodnight Sweetheart **1.35** When The Boat Comes In **2.40** Minder **3.45** Just Good Friends **4.25** Man About The House **4.55** Bread **5.30** Birds Of A Feather **6.00** That's 60s: Best Music Live! **6.15** Rising Damp **6.50** Steptoe And Son **7.20** Whatever Happened To The Likely Lads? **7.55** Minder **9.00** Benidorm **10.00** Shameless **11.00** Man About The House **11.30** Mind Your Language **12.05** Benidorm **1.05-2.05am** Minder

SPORT

Sky Sports Main Event 7pm Brian Barry-Murphy's Cardiff City face Wrexham

SKY SPORTS MAIN EVENT

6am Sky Sports Catch Up **7.00** Sky Sports Breakfast **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** Lunchtime **2.00** The EFL Show **3.00** Sports Desk **4.00** LIVE Tennis. The Cincinnati Open. Coverage of day five of the joint ATP 1000 and WTA 1000 event, a hard-court tournament at Lindner Family Tennis Center in Mason, Ohio. **7.00** LIVE EFL. Cardiff City v Wrexham. Kick-off at 8.00. Coverage of the final match in the opening round of Championship fixtures, held at Cardiff City Stadium. **10.30** LIVE Tennis. The Cincinnati Open. Coverage of day five of the joint ATP 1000 and WTA 1000 event, a hard-court tournament at Lindner Family Tennis Center in Mason, Ohio. **12.00-4am** LIVE Tennis. The Cincinnati Open. Further coverage of day five of the joint ATP 1000 and WTA 1000 event, a hard-court tournament at Lindner Family Tennis Center in Mason, Ohio.

SKY SPORTS PREMIER LEAGUE

6am PL Greatest Games **7.00** Premier League Best Goals **8.00** PL 200 Club: Harry Kane **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** PL Years **3.00** PL Retro **5.00** The Premier League Show **7.00** The Transfer Show **8.00** Premier League Stories **8.30** Cult Heroes **9.00** Transfer 360 **10.00** James Milner: Record Breaker **10.30** Away From Home **11.00** PL Years **1.00-3am** PL Retro

SKY SPORTS FOOTBALL

6am EFL League One Goals **6.30** EFL League Two Goals **7.00** EFL Highlights **10.00** EFL League One Goals **10.30** EFL League Two Goals **11.00** EFL **1.00** EFL Greatest Games **1.15** EFL Highlights **2.00** The EFL Show **3.00** EFL Highlights **7.00** LIVE EFL. Cardiff City v Wrexham. Kick-off at 8.00. Coverage of the final match in the opening round of Championship fixtures, held at Cardiff City Stadium. **10.30** EFL Highlights **11.00** EFL Cup Highlights **12.00-3am** EFL

SKY SPORTS ACTION

6am Betfred Super League **12.00** NFL Highlights **1.00** Good Morning Football **3.00** NFL Highlights **4.00** Betfred Super League Highlights **5.00** NFL Highlights **6.00** NBC's Pro-Football Talk. Mike Florio and Chris Simms present. **8.00** The Proving Ground **8.30** NFL Bitesize Highlights **9.00** NFL Highlights **10.30** NFL Bitesize Highlights **11.00** NFL Highlights **12.00** The Insiders **1.00** NFL Highlights **3.00-5.30am** LIVE WNBA. Golden State Valkyries v Dallas Wings. Tip-off at 3.00. Coverage of the match at Chase Center.

SKY SPORTS +

6am Sky Sports Catch Up **7.00** Sky Sports Breakfast **8.00** Betfred Super League **10.40** My Icon: Kadeen Corbin **10.50** My Icon: Natasha Jonas **11.00** Sky Sports FC **12.00** Transfer Talk **1.00** Lunchtime **2.00** The EFL Show **3.00** Sports Desk **4.00** LIVE Tennis. The Cincinnati Open. Coverage of day five of the joint ATP 1000 and WTA 1000 event, a hard-court tournament at Lindner Family Tennis Center in Mason, Ohio. **12.00-4am** LIVE Tennis. The Cincinnati Open. Further coverage of day five of the joint ATP 1000 and WTA 1000 event, a hard-court tournament at Lindner Family Tennis Center in Mason, Ohio.

SKY SPORTS CRICKET

6am The Hundred Bitesize **6.15** The Hundred Bitesize **6.30** The Hundred Bitesize **6.45** The Hundred Bitesize **7.00** The Hundred **11.00** The Hundred Bitesize **11.15** The Hundred Bitesize **11.30** The Hundred **3.00** The Hundred Bitesize **3.15** The Hundred Bitesize **3.30** The Hundred **7.30** The Hundred Bitesize **7.45** The Hundred Bitesize **8.00** Test Series Preview: England Vs Pakistan **8.45** The Hundred Bitesize **9.00** Test Cricket **10.00** Test Series Preview: England Vs Pakistan **10.45** Best Of ICC WT20 **11.00** Nepal Climbing Cricket's Mountain **11.30** The Hundred Bitesize **11.45** The Hundred Bitesize **12.00-3am** One-Day International Cricket

ENTERTAINMENT

Sky One 8pm Agatha's friend Sarah is accused of murder in Agatha Raisin

SKY ONE

6am Mornings **7.00** Mornings With Ridge And Frost **8.00** Stargate SG-1 **10.00** Will & Grace **11.00** The Simpsons **12.00** Africa's Hunters **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **6.00** Rob & Romesh Vs Usain Bolt **7.00** The Simpsons **8.00** Agatha Raisin **10.00** Last Week Tonight With John Oliver. The comedian hosts a satirical look at developments from the past seven days in news, politics and current affairs. **10.45** Frank Skinner: 30 Years Of Dirt. A show in which the comedian looks back at his career. **11.45** Grimm. First episode of the fantasy crime drama, starring David Giuntoli. **12.40** Evil **1.30-2am** Road Wars

SKY ATLANTIC

6am Richard E Grant's Hotel Secrets **8.00** Billions **10.15** House Of The Dragon **12.35** Homicide: Life On The Street **2.30** Billions **4.40** The Last Of Us **6.45** House Of The Dragon **9.00 FILM** Promising Young Woman. Crime thriller starring Carey Mulligan. (2020) **11.00** Possession **12.50-2am** Dune: Prophecy

SKY WITNESS

6am Bondi Rescue **7.00** Border Patrol **8.00** Send In The Dogs **9.00** The Force: Manchester **10.00** Motorway Patrol **10.30** Caught Red Handed **12.00** FBI **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing To Declare **8.00** Caught On Dashcam. Road disasters captured on video by drivers' dashboard cameras. **9.00** Law & Order: Special Victims Unit. A judge survives an attack linked to an anonymous video. **10.00** Law & Order: Criminal Intent. A stockbroker is framed for murder. **11.00** The Rookie **12.00-2am** FBI

U&GOLD

7.10am Don't Wait Up **7.50** Dad **8.30** Only Fools And Horses **9.10** The Green Green Grass **9.50** Are You Being Served? **10.30** Last Of The Summer Wine **11.50** Dad **12.25** Only Fools And Horses **1.10** Keeping Up Appearances **1.50** Dad's Army **2.30** The Green Green Grass **3.10** Are You Being Served? **3.50** Dad **4.25** Dad's Army **5.00** Last Of The Summer Wine **6.20** Keeping Up Appearances. Hyacinth advertises her hostess skills in the local newspaper. **7.00** Only Fools And Horses. Del encounters an old flame. **7.40** Dad's Army. The platoon takes charge of a large naval gun. **8.20** Are You Being Served? The Grace Brothers staff undergo a medical. **9.00** Porridge. Godber gets into a fight. **9.40** The Office. David Brent shares his management philosophy. **10.20** Not Going Out. Lee finds a girlfriend to make Lucy jealous. **11.00** Mrs Brown's Boys **12.20** Porridge **1.00** The Office **1.35-2.25am** Not Going Out

COMEDY CENTRAL

8am The Upper Hand **9.00** Everybody Loves Raymond **11.00** Sabrina The Teenage Witch **1.00** Friends **9.00** Stupid Central. Babatunde Aléshé shares more funny clips from the internet. **10.00** The Best Of Mr Bean. The hapless hero and Teddy remember past experiences. **11.00** Whose Line Is It Anyway? USA **12.00** Most Ridiculous **1.00-2am** South Park

U&ALIBI

7.10am Murdoch Mysteries **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00** Body Of Proof **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** The Mentalist **5.00** Hudson & Rex **6.00** Body Of Proof. A supposedly dead man walks out of Ethan's examination room. **7.00** Private Eyes. Becca is back and concerned that a relentless stalker from her past has returned. **8.00** My Life Is Murder. An aquarium manager dies from rare jellyfish stings. **9.00** Father Brown. Murder ensues when a prestigious group of writers is invited to Montague. **10.00** Death In Paradise. A famous chef is poisoned during a cooking competition. **11.00** Private Eyes **12.00** Shakespeare & Hathaway: Private Investigators **1.00-2am** Father Brown

SKY COMEDY

8am Will & Grace **9.00** Sort Of **10.00** The Comeback **11.20** Will & Grace **12.20** The Rehearsal **1.40** The Comeback **3.00** Will & Grace **4.00** The Office Movers **5.00** Community **6.00** Will & Grace **7.00** The US Office **8.00** The Office Movers **9.00** Real Time With Bill Maher. The comedian invites three guests from different parts of the political spectrum to discuss the week's events. **10.10** Warren's Vortex **11.10** The Rehearsal **12.30** The Office Movers **1.40-2.10am** Community

DISCOVERY

6am How It's Made **7.00** The Aquarium **9.00** Gold Rush **11.00** Building Off The Grid **1.00** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue **7.00** Wheeler Dealers. Mike Brewer works on a Volvo PV544, a classic endurance sports car. **8.00** Ant Anstead Master Mechanic **9.00** Maine Cabin Masters. Chase Morrill and his crew renovate a family's cabin near the Appalachian Trail. **10.00** Building Off The Grid. A college student wants an off-the-grid treehouse compound in the Arkansas woods. **11.00** Expedition X. The hosts investigate claims that a dark force has spread. **12.00** Deadliest Catch **1.00-2am** Maine Cabin Masters

RADIO

Virgin Radio 10am Emma B gets your day going with great music and great chat

VIRGIN RADIO DAB virginradio.co.uk

6.30am Chris Evans **10.00** Emma B **2.00** Ben Jones **6.00** Will MacDonald **10.00** Goldierocks **2.00-6.30am** Steve Denyer

TALKRADIO DAB talkradio.co.uk

6am Jeremy Kyle **10.00** Julia Hartley Brewer **1.00** Ian Collins **4.00** Kevin O'Sullivan **7.00** Peter Cardwell **10.00** Petrie Hosken **1.00** Paul Ross **5.00-6am** Through The Papers

TALKSPORT 1053, 1089MW talksport.com

6am Jeff Stelling **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Jacobs **4.00** TalkSPORT Drive **7.00** Kick Off **10.00** The Sports Bar **1.00-5am** Extra Time

Sun tv 4-PAGE SECTION TV GUIDE

chance of a date slips away. Next up is Amber, who tells MGK she was an Egyptian Queen in a past life and wants her future man to fan her and feed her grapes.

Last but not least is Kitten. "I'm dressed a bit like a red flag," she laughs.

MGK's charm works and all three girls turn up to the date in Soho. He looks like the cat that's got the cream.

It is perhaps no surprise that he chooses sexy Kitten.

Fast, funny and chaotic, Date Me Right Now feels like just the kind of stripped-back dating show we need . . . right now!

And I predict big things for its host Kimberley.

JANINE YAQOOB

INVESTIGATION . . . actor Michael

Sun tv picks

BURIED WITH MICHAEL SHEEN, BBC Two, 9pm: Soon, we'll see him step into the Scottish castle for the upcoming Celebrity Traitors but first, actor Michael Sheen has some very important business to attend to.

Ten years ago, he stumbled upon a shocking online accusation that alerted him to the possibility that the people of Wales – his home nation – were being poisoned, and he just couldn't let it lie.

In his earnest endeavour to investigate a potential chemical scandal, he interviewed farming consultant Douglas Gowan, who had evidence to suggest a global chemical giant had been illegally dumping waste containing toxic substances in disused quarries in the country. This two-part documentary is deeply disturbing, but extremely important – watch it.

CELEBRITY POPMASTER TV, More4, 9pm: Before the regular series kicks off tomorrow, it's time to see how famous faces get on as the popular radio format-turned-TV-show returns with a celebrity special.

Carol Decker, Dougie Vipond, Patsy Kensit, Kelle Bryan and Shaun Ryder are battling it out, as host Ken Bruce wastes no time in jumping straight into the music trivia game. Like all good quizzes, there's the right balance of easier and tougher questions that'll keep you watching and, crucially, playing along at home.

CELEBRITY HUNTED, C4, 9pm: As the VIP fugitives continue to attempt to stay out of sight of the Hunters, the contestants make some rather brave – or perhaps stupid – choices.

First, two decide to post on social media, which provokes their determined search team, and leads to a raid on a retirement home! Then one pair of celebs makes a cheeky appearance on Morning Live as surprise guests.

Can they get away from the studio and stay on the run in time? Continues tomorrow.

DISCLOSURE: WELCOME TO GLASGOW, BBC Two, 11.05pm: In the latest episode of this current affairs programme, reporter Myles Bonnar investigates claims that Glasgow is now a no-go zone due to crime, homelessness and antisocial behaviour.

As tourists from all over the world flock to Scotland's largest city for a summer getaway, Myles follows suit and spends a week in the city centre to discover if there is any truth to the claims.

RIANNE ISON

SKY SPORTS GOLF

6am DP World Tour Golf **11.00** PGA Tour Golf **5.00** Roots **6.00** HotelPlanner Tour Golf Highlights **6.30** PGA Tour Golf **7.30** DP World Tour Golf **8.00** Legends Tour Golf **9.00** PGA Tour Golf **10.00** Ladies European Tour Golf **11.00** PGA Tour Champions **12.00-2am** How The 2014 Ryder Cup Was Won

TNT SPORTS 1

1.30pm CPL Highlights **2.00** MLB Highlights **3.00** ABB FIA Formula E World Championship Highlights **5.00** FA Community Shield **6.30** LIVE MLB. Cincinnati Reds v St Louis Cardinals. Start-time at 6.40. Coverage of the National League Central match at Great American Ball Park. **9.30** MLB Plays of the Week **10.00** European Rally Championship Highlights **10.30** CPL Highlights **11.00** Snooker China Open **1.00** Hard Knocks: Training Camp with the Seattle Seahawks **5.15am-1.30pm** LIVE Test Cricket. Sri Lanka v India. Coverage of day four of the first Test in the two-match series, at Galle International Stadium.

TNT SPORTS 2

6am Cycling **7.00** Cycling **8.00** Cycling **10.00** Cycling **11.00** The Breakdown **11.30** British Superbikes **1.00** Cycling **2.00** Cycling **3.00** Cycling **5.00** CPL Highlights **5.30** UEFA Champions League – Classics **6.00** LIVE Ultimate Pool. Coverage of the Group B matches in the Super 8's of the Champions League tournament. **9.30** British Superbikes Highlights **10.30** UFC **1.30-2.30am** UFC: The Ultimate Fighter

TNT SPORTS 3

6am AFL **7.30** Original Documentary **7.45** Test Cricket Highlights **8.45** Cycling **9.00** Fishing: On the Bank **10.00** NWSL **12.00-2am** ABB FIA Formula E World Championship Highlights

PREMIER SPORTS 1

6am Sporting Countdowns **6.30** Coppa Italia **8.30** Sporting Countdowns **9.00** LaLiga **11.00** Sporting Greats **11.30** Premier Sports Cup **1.30** Sporting Greats **2.00** Premier Sports Cup **3.55** Football's Greatest **4.55** LIVE Coppa Italia. Pisa v Empoli. Kick-off at 5.00. Action from Cetilar Arena. **7.15** LaLiga Highlights **7.25** Sporting Greats **7.55** LIVE LaLiga. Deportivo La Coruna v Elche. Kick-off at 8.00. Action from Estadio Abanca-Riazor. **10.00** Sporting Greats **10.30** Sporting Countdowns **11.00** Coppa Italia **1.00-3am** LaLiga

TALKSPORT2 DAB talksport.com

3pm The Social **5.00** William Hill Sports Book Club **6.00** EFL All Access **7.00** EFL Live **10.00** EFL All Access **11pm-8am** My Sporting Life

TIMES RADIO DAB thetimes.co.uk/radio

6am Rosie Wright And Stig Abell **10.00** Hugo Rifkind **1.00** The Times At One With Jo Coburn **2.00** Jane Garvey **4.00** Carolyn Quinn With Times Radio Drive **7.00** Darryl Morris With The Evening Edition **10.00** Neil Breakwell **1.00** The Best Of Times Radio **5.00-6am** Tom Nunan With Early Breakfast

RADIO 1 97.6-99.8FM bbc.co.uk/radio1

6.58am Newsbeat **7.00** Breakfast With Greg James **11.00** Rickie, Melvin And Charlie **12.45** Newsbeat **1.00** Matt And Jerry **3.30** Newsbeat **3.33** Going Home With Vick, Katie And Jamie On Radio 1 **5.45** Newsbeat **6.00** New Music Show With Jack Saunders **8.00** Future Artists With Sian Eleri **10.00** Power Down Playlist With Sian Eleri **11.00** Rock Show With Daniel P Carter **1.00** BBC Introducing Rock On Radio 1 **2.00** Anthems **4.00** Pop Anthems **5.00-6.58am** Early Breakfast With Dean McCullough

RADIO 2 88-91FM bbc.co.uk/radio2

6.30am The Sara Cox Breakfast Show **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** Clara Amfo **4.00** Jason Manford **7.00** Prom Nights On Radio 2 **9.00** The Blues Show With The Black Keys **10.00** The Good Groove With Melvin Odoom **12.00-2.30am** OJ Borg

MOVIES

Sky Cinema Premiere 8pm Paul Mescal stars in the period drama Hamnet

SKY CINEMA PREMIERE

8.45am Hamnet (12, 2025) ★★★★ **11.00 Tom And Jerry: Forbidden Compass** (PG, 2025) ★ **12.45 Mortal Kombat II** (15, 2026) ★★★ **2.45 Signal One** (15, 2026) ★★★ **4.25 Normal** (15, 2026) ★★★★ **6.00 Mortal Kombat II** (15, 2026) ★★★ **8.00 Hamnet** (12, 2025) ★★★★ **10.15 Signal One** (15, 2026) ★★★ **12.00-1.35am Primate** (18, 2025) ★★★

SKY CINEMA ANIMATION

9.25am Kung Fu Panda 2 (PG, 2011) ★★★★ **11.00 Kung Fu Panda 3** (PG, 2016) ★★★★ **12.40 The Wild Robot** (U, 2024) ★★★★★ **2.25 Looney Tunes: The Day The Earth Blew Up** (PG, 2024) ★★★ **4.00 How To Train Your Dragon** (PG, 2010) ★★★★★ **5.45 Antz** (PG, 1998) ★★★★★ **7.10 Shark Tale** (U, 2004) ★★★★ **8.45 Corpse Bride** (PG, 2005) ★★★★ **10.05 Smurfs: The Lost Village** (U, 2017) ★★★ **11.40 Sneaks** (PG, 2024) ★★★ **1.15-3.35am The Lord Of The Rings: The War Of The Rohirrim** (12, 2024) ★★★★

SKY CINEMA ACTION

9.30am Nobody 2 (15, 2025) ★★★★ **11.10 Kong: Skull Island** (12, 2017) ★★★★ **1.20 Bad Boys** (15, 1995) ★★★★ **3.20 Bad Boys II** (15, 2003) ★★★★ **5.50 Hellboy II: The Golden Army** (12, 2008) ★★★★ **8.00 Jurassic World: Rebirth** (12, 2025) ★★★★ **10.20 Normal** (15, 2026) ★★★★ **12.05-1.45am Sisu: Road To Revenge** (15, 2025) ★★★

FILM4 freeview 14

11am The Son Of Robin Hood (U, 1958) ★★★ **12.40 The Comancheros** (PG, 1961) ★★★★ **2.50 Man In The Saddle** (U, 1951) ★★★ **4.35 Charade** (PG, 1963) ★★★★ **6.50 Fisherman's Friends: One And All** (12, 2022) ★★★★ **9.00 Brassed Off** (15, 1996) ★★★★ **11.10 Glass** (15, 2019) ★★★★ **1.45-3.45am Cuban Fury** (15, 2014) ★★★★

TALKING PICTURES freeview 82

11.35am Live It Up (U, 1963) ★★ **1.00 Richard The Lionheart 1.35 Sleeping Car To Trieste** (PG, 1948) ★★ **3.30 Discovering Westerns 5.00 Doctor In Love** (PG, 1960) ★★ **7.00 The Footage Detectives 8.00 Maigret 9.50 The Key** (12, 1958) ★★★ **12.25-2.15am Breathless** (12, 1960) ★★★★

GREAT! MYSTERY freeview 50

1pm In Plain Sight 2.00 Castle 3.00 Diagnosis Murder 5.00 Murder, She Wrote 7.00 Castle 8.00 Unforgettable 9.00 In Plain Sight 10.00 Morning Show Mystery: Mortal Mishaps (PG, 2018) With Holly Robinson Peete. ★★ **11.55pm-1.50am Picture Perfect Mysteries: Newlywed And Dead** (PG, 2019) ★★★

GREAT! ACTION freeview 42

1pm The Unit 2.00 Burn Notice 4.00 Stonados (15, 2013) ★★ **6.00 The Unit 7.00 Burn Notice 9.00 Parker** (15, 2013) ★★★ **11.30 The Avengers 12.30-1.30am The New Avengers**

Fab DAILY

Edited by **SARAH BARNS** and **JOEL COOPER**

STORIES WORTH A LISTEN

ALTHOUGH there are many benefits from reading a book, research from the National Literacy Trust shows audiobooks can be as useful for learning.

Its survey of more than 110,000 children revealed that 47.3 per cent listened to audio content with 30 per cent of listeners saying it helped them understand stories when reading was difficult.

NATASHA HARDING picks some of her favourite new kids' audiobooks.

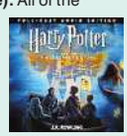
Try by Rob Burrow, Kevin Sinfield, Ben Whitehouse and Emma Adams (Macmillan Children's Books): A story celebrating friendship inspired by rugby legends Rob Burrow and Kevin Sinfield. Rob and Kev are best pals but when they're asked to pick a hero they disagree. They soon realise heroes come in all shapes and sizes – and being physically strong isn't the only thing that is important.

Wombat Waiting by Katherine Applegate (Harper Collins Children's Books): Wombat is a homeless dog trying to survive after a fire destroys her local area. While the town takes stock of the devastation, Wombat makes a home on a bench near a makeshift community centre. She is waiting for someone but will they return? Beautifully narrated by Mara Wilson, it's a tale of hope.

The Little Mermaid by Hans Christian Andersen (Audible Stories): This retelling of the classic fairytale is beautifully narrated by singer Leigh-Anne Pinnock. As well as the story, there are songs throughout making it a truly immersive experience. The little mermaid isn't happy with her life and dreams of being on dry land, but when that becomes a possibility, she has a hard choice to face.

Kamizen: Fortress Of Lost Memories by William Yamaguchi Dobson (Audible Stories): Jonty adores his grandfather and when he begins to lose his memories to dementia, the 12-year-old wants to help. He is offered the chance to explore a magical realm where forgotten memories come to life. But this world is awash with pirates who want to steal the memories for themselves. A fast-paced adventure.

Harry Potter And The Deathly Hallows by JK Rowling – Full-Cast Audio Edition (Pottermore): All of the Harry Potter audiobooks have been re-recorded with book seven released in May. The star-studded cast includes Hugh Laurie and Keira Knightley. Listeners will enjoy the incredible performances as Harry and his mates face the battle of their lives against Voldemort and his evil gang.



Anna-Jane And The Endless Summer by Paige Classey (Listening Library): Anna-Jane is a seasoned camper and can't wait for her annual trip to Camp Chester. But things soon get weird: people begin to disappear, and then the internet and all forms of communication are cut off. Then the whole camp realises they are all alone – or are they? A brilliantly creepy tale for older listeners.

●**ALL books can be downloaded via audible.co.uk which is free for the first 30 days, and then from £0.99 to £5.99 per month afterwards.**

Writer **SOPHIE BERESINER**, 45, from Elmbridge, Surrey, put some of the most talked about wrinkle-busting treatments to the test. But which of them deliver? And at what price?

LAST year I set off on what I jokingly referred to as a "midlife glow-up," after realising I had stopped looking in the mirror.

I convinced myself this was some sort of heroic acceptance of the ageing process – but it was actually a sign of something darker.

It had become an avoidance technique. If I didn't look, then maybe it wasn't really happening.

But that's what naughty toddlers do, not 45-year-old women.

It is well documented that there are accelerated ageing periods around age 44 and 60.

Research suggests skin ageing can accelerate dramatically at this time, due to collagen levels dropping by up to a third, coupled with falling oestrogen levels around menopause. And my face just didn't look like it was mine any more.

It was puffier, almost a whole different shape, and I found myself slightly overwhelmed by it all.

So after giving myself a bit of a shake, I decided to embark on a midlife makeover.

I tried an array of weird and (not so) wonderful treatments – some pricey, some good, some not worth the money, pain or effort.

Here, as a busy mum of two young daughters, I give you my honest verdict . . .

DAILY COLLAGEN IN COFFEE
WORTH IT

FOR six months, I've been adding hydrolysed marine collagen to my morning coffee.

It has become a daily habit that makes me feel like I'm stopping myself from deteriorating in real time. I love Vida Glow Pro, which is marine-based (most relevant for skin quality), hydrolysed (better absorption) and has hyaluronic acid for hydration.

It's £54 for 30 sachets, which works out as £1.80 a day. It's not cheap, but it's half the price of a takeaway coffee. This one doesn't alter the taste at all, if anything it makes it a little creamier in texture so it's win-win.

My hair is noticeably stronger and shinier, my nails grow faster and my skin feels more resilient overall.

ZIIP HALO
SO WORTH IT

WITH ageing, it's not wrinkles that bother me, it's "midlife puff" and general gravitational pull-down.

The silver, palm-sized Ziip Halo, which industry insiders hail as an alternative to injectables, uses microcurrent and nano-current to sculpt, lift and rejuvenate.

Using it two to three times a week, from between one minute to 12, has been a game-changer.

It's perfectly comfortable to use, just a little pain-free zing as the muscles contract. It has helped to redefine my jawline to the way it was in my early thirties.

The device costs £379.99, but over a year that's about £1 a day *(get ten per cent off with code MPROJECT on zip-beauty.co.uk).*

INVISALIGN
WORTH IT

I SPENT years putting this off as I couldn't face the commitment of wearing plastic aligners over my teeth for around 22 hours a day, and I was worried about not being able to drink coffee and red wine.

In reality, I enjoyed the 11 months using Invisalign thanks to the thrilling weekly progress.

I used to put my hand in front of my mouth when talking to people, but I now smile with confidence.

As I've got older, I've realised that the best beauty investments are often the ones that remove an insecurity you've been carrying – and for me it was my crowded jaw.

My treatment cost £4,000, but I believe it's money well spent.

BIAB NAILS WITH TIPS
WORTH IT

GETTING nude Builder In A Bottle (BIAB) nails with coloured tips has changed my personality.

Having neat, longish nails makes me feel more polished, even when the rest of me might be a bit disastrous.

It's £35 a month to get mine done in a salon and takes about half an hour. It's the hand equivalent of having your brows done.

You wake up already looking "finished". And at this stage of my life, when time, energy and motivation are all upended, that matters.

It's also better for your nails than shellac or acrylics, and doesn't chip.

PRESCRIPTION SKINCARE
WORTH IT

PEOPLE may want a quick fix, but my skin quality has improved massively since using Klira, a prescription skincare subscription service.

You fill in a clinical, personalised questionnaire online – it takes ten minutes – and get a bespoke formula of skincare prescribed by a dermatologist (mine has tretinoin, which is amazing for turning over fresh skin cells and boosting collagen and elastin).

It is £59 a month, but I was spending at least that on separate beauty treatments, so why not consolidate your skincare into one product that can make more of a long-term difference?

Tighter skin and defined jawline with the Ziip Halo

I HAD £4,000 MIDLIFE GLOW-UP ...BUT IT WAS THIS £1-A-DAY GADGET THAT TOOK A DECADE OFF MY FACE

LASER HAIR REMOVAL
NOT WORTH IT

I WAS sold on the fantasy of becoming one of those women who "just never shaves any more".

Specifically my bikini line and my full leg, because I want to put on shorts or a swimsuit at the drop of a hat. I did 12 half-hour sessions at £70 per session.

I was frustrated that I had to shave my legs (still do) over the entire year. It reduced growth only slightly.

Given the cost and time involved, I wouldn't bother.

SOFWAVE
NOT WORTH IT

THE Kardashians are fans of this hard-core ultrasound treatment, I hear.

It's meant to stimulate collagen and elastin, tighten the skin and smooth out fine lines, but it costs a fortune – **£2,500 a session** – and I found it awful.

The pain was intense. A machine beams high frequency ultrasound to heat the mid-dermal layer of the skin, about 1.5mm deep.

I had to have blockers injected into my forehead halfway through, because the pain gets worse nearer the bone.

This then temporarily dropped my brows for about two weeks, which aged me ten years. My pain threshold is high, but this felt like a car cigarette lighter being held to my skin. For 45 minutes.

POLYNUCLEOTIDES
NOT WORTH IT (for me)

THESE are injectables that use purified DNA fragments, usually derived from salmon, to bio-stimulate cell repair.

I don't think they did much for me personally because (dare I say it) I didn't really need them.

Experts have since told me they work best where there is a more significant "need" for the skin to heal, rebuild and improve overall quality – from texture changes to loss of elasticity or acne scarring. But considering the cost (£500 per session), after my two sessions I noticed a far bigger difference from simply being consistent with my Klira skin-care and Ziip, and taking my marine collagen.

CONCLUSION

I WOULD modestly say I look a good few years younger than I did this time last year.

Some of the more affordable things, such as my Ziip Halo, have made the biggest difference to my appearance.

I receive compliments from friends and family, who tell me I look great today or ask if I've done something different with my make-up.

It's about having a face that still looks like me – but maybe a little less exhausted by daily life.

●This has been adapted from Sophie's Substack, The Mother Project.

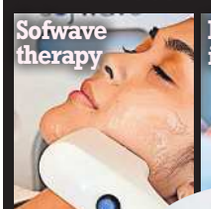
Other treatments rated by Sophie

11 months of Invisalign

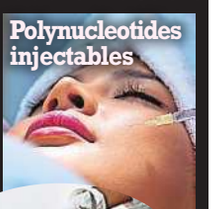
Builder In A Bottle nails

Daily collagen in coffee

...And those that didn't cut it



Sofwave therapy



Polynucleotides injectables

Laser hair removal

Fab DAILY HOT or NOT

GOING UP

BOUDOIR FASHION

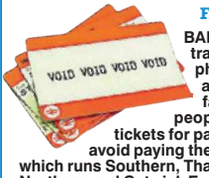
THE chemise has slipped out of the boudoir and right on to the streets. From lace details to silk slip silhouettes, this style has become a favourite. British retailer Pour Moi has plenty of sexy yet chic designs, including this burgundy number, slashed to £17.50.

WATER RELIEF

THIS is the year with the most days hitting 34C or higher in history, beating 1976 and 2020. But if you are waiting for some respite, it is good news – temperatures will finally drop this week, giving scorched parks and Brits a breather.

LAUGHING MATTER

NEED a good laugh? Out on Friday, Isla Fisher returns to cinema screens in one of the most-anticipated comedies this year, Spa Weekend. The movie follows a group of friends whose relaxing getaway turns into chaos.



FARE DODGING

BAD news if you buy train tickets on your phone – operators are tackling "short-faring", where people buy digital tickets for part of the journey to avoid paying the full fare. GTR, which runs Southern, Thameslink, Great Northern and Gatwick Express, has suspended digital sales at select stations.

VIRTUAL LOVE

MILLIONS of us rely on AI to seek advice, look up information and – it turns out – also to find a romantic connection. Alarming figures show that searches for "how to date AI" have skyrocketed to 1,747 per cent this year.

PAPER FAIL

THE latest interior design trend? A bathroom that feels like any other room, with cosy lighting and, bizarrely, wallpaper. We cannot help but wonder if people have forgotten about the high humidity levels. Peeling and bubbling – hello?

GOING DOWN

THE Sun TRAVEL

travelodeal

NOW FROM
£299
PER PERSON
SAVE 39%
HALF BOARD

TUSCANY SPA HOLIDAY WITH MEALS AND TOURS

4 nights • August to November 2026, April to June 2027

HIGHLIGHTS:

- Stay in the elegant Tuscan spa town of Montecatini Terme inclusive of daily breakfast and dinner, plus welcome drinks and wine perks
- Enjoy a Florence day trip, Tuscan wine tasting and Montecatini Alto funicular tickets
- Relax with included entry to the renowned Terme di Montecatini Thermal Spa

WHAT'S INCLUDED:

- Return flights from various UK airports
- Stay four-nights at the four-star Hotel Puccini Montecatini Terme
- Daily breakfast and dinner
- Welcome drink upon arrival
- Bottle of wine in room on arrival
- Return funicular ticket to Montecatini Alto
- Tuscan wine-tasting session in Montecatini Alto

August, September and October 2026 from **£329**PP • November 2026 from **£299**PP • April and May 2027 from **£369**PP • June 2027 from **£349**PP

NOW FROM
£439
PER PERSON
THREE-NIGHT NO-FLY CRUISE

WEEKEND IN AMSTERDAM ON THE AMBASSADOR AMBIENCE

Ambassador Ambience • 3 nights • October 15, 2026

ITINERARY:

Tilbury – board Ambience for your three-night full-board cruise – Amsterdam – Tilbury

HIGHLIGHTS:

- Enjoy a relaxing mini cruise from the UK with an overnight stay in Amsterdam, giving you plenty of time to explore the city's canals, cafés and famous museums.
- Sail aboard Ambience and enjoy full-board dining, live entertainment, stylish lounges, wellness facilities and classic cruising charm throughout your getaway.
- This hassle-free weekend escape sails direct from Tilbury with no flights needed — perfect for a quick and easy European break

WHAT'S INCLUDED:

- Three-night full-board cruise aboard Ambassador Ambition on a full -board basis
- Port taxes and government fees
- Daily breakfast and dinner

NOW FROM
£349
PER PERSON
SAVE 52%
INCLUDES SPA SESSION AND SHOW TICKETS
HALF BOARD PLUS

MALTA ESCAPE

7 nights • August 2026 to April 2027

HIGHLIGHTS:

- Soak up the best of Malta's stunning coastline, with beautiful beaches, scenic boat trips and charming waterfront cafés.
- Daily breakfast and dinner included, plus a complimentary fruit basket and bottle of local red wine on arrival.
- Enjoy a complimentary 30-minute hydro-massage spa session and free admission to the Malta Experience Show.

WHAT'S INCLUDED:

- Return flights from various UK airports
- Seven nights at the four-star Solana Hotel and Spa
- Daily breakfast and dinner
- One complimentary 30-minute hydro-massage bath session at the Nataraya Spa (per person, per stay)
- Complimentary fruit basket and bottle of local red wine on arrival
- Admission to the Malta Experience Show

August and September 2026 from **£699**PP • October and November 2026 from **£439**PP • December 2026 from **£349**PP • January and February 2027 from **£349**PP • March 2027 from **£369**PP • April 2027 from **£519**PP

NOW FROM
£699
PER PERSON
SAVE 45%
CRUISE AND STAY

HURGHADA BEACH ESCAPE WITH ICONIC NILE CRUISE EXPERIENCE

11 nights • August 2026 to April 2027

HIGHLIGHTS:

- Relax on Hurghada's golden beaches and swim in the crystal-clear waters of the Red Sea
- Cruise the legendary Nile, passing villages, palm-fringed landscapes and ancient temples
- Discover Egypt's world-famous wonders, including incredible historic sites that bring 5,000 years of history to life

WHAT'S INCLUDED:

- Return flights from various UK airports
- Four nights at the five-star Swiss Inn Resort Hurghada or similar
- All resort transfers
- Seven nights aboard the M/S Royal Adventure or similar*
- All-inclusive dining and drinks at the resort
- Full board dining on the cruise

August 2026 from **£819**PP • September 2026 from **£919**PP • October 2026 from **£819**PP • November and December 2026 from **£749**PP • January 2027 from **£699**PP • February 2027 from **£749**PP • March 2027from **£799**PP • April from **£919**PP

TERMS AND CONDITIONS: Prices subject to availability at the time of booking and per person and based on two adults sharing. Single supplements and child prices are available - please call for prices. Visas may be required for certain destinations and are the customer's responsibility to obtain – please check at the time of booking. Prices are correct at the time of going to print and are based on the cheapest lead travel date. Full terms and conditions apply. Bookings are arranged by Travelodeal. ATOL 11601 and ABTA protected. *Note: Tips of £50* per person are to be paid locally

CALL NOW 0808 304 3291 QUOTE 'THESUN'
Open 24 hours, 7 days a week

dear deidre

Edited by SALLY LAND

Need our help? Email deardeidre@the-sun.co.uk any time

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

Hot secret sex with pal's mum

Dear Deidre

WHEN I bumped into my mate's mum at the shops last month, I had no idea it would be the start of mind-blowing sex sessions. I'm hooked on her, but what if her husband or my friend find out?

I'm 19 and she is 38 and incredibly attractive. I've always liked her but on this occasion when I saw her we had such a great chat.

I got the impression she was flirting with me. But because of the age gap and the fact she's married, I told myself I was imagining it.

After we both finished shopping, she offered me a lift home. As we parked up near my house, we sat in the car chatting for a bit.

The atmosphere changed quickly and out of nowhere, she asked me if I wanted to come over to her place while the house was quiet.

I didn't question it and thought we'd hang out and talk, but the moment we walked through her front door, she pulled me close and started passionately kissing me on the lips. I didn't hesitate for a second and kissed her right back. One thing led to another, and we were soon naked in her bedroom, having unbelievable sex.

It felt so risky because her husband or my mate could have walked in the house at any moment.

Once it was over, I panicked, threw my clothes on and legged it, but that wasn't the end of it. We've hooked up secretly a few times since then, and the chemistry is totally off the scale.

We have to be so careful that we don't get caught, but I'm completely hooked and don't think that I can stop now.

I wish I could be with her 24/7, but the guilt is starting to affect me.

What would my mate and his dad say if they ever found out?

I'm totally lost and don't know what to do.

■ DEIDRE SAYS: You are on a dangerous path which will inevitably end in disaster for everyone involved.

Please ask yourself, what sort of woman would have an affair with a much younger person who is best friends with their own child? She is selfish and reckless, not only with her marriage but with her family.

Your mate will never forgive a betrayal like this, to say nothing of how his dad will react. You will carry that regret forever.

It is natural to feel overwhelmed by temptation, but feeling desire doesn't mean you have to act on it.

Pay attention to the guilt you feel. Find the courage to end this before things blow up. There are lots of lovely women your own age who are free to share a proper relationship with you.

dear deidre
Scan this QR code to talk to trained counsellors, Mon-Thurs, 1pm-4pm. We're humans, not chatbots.
LIVE Chat

HURT BY PASSION SLIP-UP

Dear Deidre

DURING a passionate moment in bed, my boyfriend suddenly shouted out another woman's name.

I am shattered.

I am 27 and my boyfriend is 29. We have been together for two years and have always had what I thought was a great, loving relationship.

What makes it worse is that I know the woman in question personally and I have always suspected my boyfriend had a bit of a thing for her.

She attends the same gym as us. I am absolutely certain he has not physically cheated on me with her, but I was so hurt when he called me by her name that I immediately burst into tears.

He tried hard to comfort and reassure me afterwards, but the whole situation is driving me crazy. How could he be with me for so long if he holds such deep feelings for her?

I feel so betrayed, confused and hurt right now. Should I tell him to leave?

■ DEIDRE SAYS: Before you make any hasty decisions, give him a chance to explain why he called out her name.

It could easily be an innocent slip of the tongue, but you need to be honest about how much it has shaken your confidence. If he responds defensively or acts guilty, he might be hiding something.

Ultimately, it is up to him to prove through consistent, loving actions that you have nothing to worry about.

Without genuine warmth and closeness, this relationship is in serious trouble.

HUBBY JUST IGNORES MY BIRTHDAYS

Dear Deidre

ONCE again my birthday slipped by without anyone making an effort for me. I was 40 last week.

It should have felt like a milestone, but it turned out to be like any other ordinary but exhausting day.

My husband's 42. We've been together for 15 years and we have two children aged ten and eight.

In all our time together he's never wished me a happy birthday or given me a card. He has never cooked a special meal for me either.

He wouldn't dream of arranging a party. What hurts the most is how much love and effort I go to making everyone else feel special. For my daughter, I treated her and her friends to a fun theatre trip.

For my husband's last birthday, I organised a weekend away at a lovely hotel and spa. Yet for my big day, all I received was complete indifference. It hurts so much.

But am I being selfish?

■ DEIDRE SAYS: Wanting to feel appreciated isn't selfish. Did he grow up in a family that ignored birthdays or viewed event planning as something women do?

Tell him how you love making others feel appreciated and let him know you'd love to celebrate your birthday in a similar way.

Unless you tell him what you are hoping for, he may never know.

Start encouraging him to help your children pick out a card and small gift, so they don't grow into thoughtless adults.

stories deidre's photo casebook | FREYA'S PAST WORRIES: DAY 1

Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

hot topic

ALTHOUGH menopause is a normal stage of life, that doesn't mean it's easy.

These hormonal changes can affect your sleep and energy levels, your mood, memory and your relationships.

According to a survey by the British Menopause Society, half of women said their menopause symptoms had a negative effect on their home life.

If your midlife is getting you down, then my support pack, Menopause Problems?, can help.

Dear Deidre

FEAR OF MOTHS IS RUINING LIFE

THERE is nothing I would like more than to propose to my girlfriend, but her overwhelming fear of moths is starting to take a serious toll on our relationship.

I am 27 and she is 25. We have been together for three happy years, but she has an extreme fear of flying insects, particularly moths.

It sometimes dictates our daily routine and leaves us both walking on eggshells. She can't set foot in a dark room without sending me in first to check there is nothing fluttering around.

If she wakes up needing the bathroom in the middle of the night, she flicks every single light on, looking at the walls, curtains and ceilings for any sign of movement. I keep gently telling her that moths are actually attracted to light, so turning on every lamp in the house only increases the chances of pulling one inside, but she takes no notice when she's in that state. She inevitably wakes me up, too, because she gets so panicky. The worst part is that we almost never find anything.

I love her deeply and would love to settle down with her, buy a home and start a family together.

However, I'm scared that any future children we have would also have this phobia. I don't want them to grow up in a home where there is constant anxiety.

She sometimes feels physically sick if she spots a tiny dark speck on the wallpaper. I know her fear is genuine and not just dramatic, but living like this is simply not sustainable long-term.

■ DEIDRE SAYS: It is exhausting to live with severe phobias, both for the person suffering and for anyone else sharing their daily life.

Treatment should be available on the NHS, so your girlfriend should ask her GP for a referral, though there might be a waiting list.

In the meantime, self-help techniques can be very effective.

It will help if she can explore where this deep fear of moths originated, while practising techniques to let the first wave of panic wash over her without it taking control.

My support pack, Fears And Phobias, explains self-help strategies in detail.

Sun TRAVEL just go holidays

WARNER - ISLE OF WIGHT EXPERIENCE

5 days • 23 November 2026

This exclusive JG Travel Group trip to the Isle of Wight's Norton Grange Coastal Village offers a cheerful holiday getaway. Guests can enjoy special bar deals, live evening entertainment, and daytime activities, alongside free access to facilities like an indoor pool, sauna, and cosy lounges for great value seasonal relaxation.

INCLUDES:
- Return coach travel & ferry crossings*
- Four-nights staying at the Warner Norton Grange Coastal Village, Isle of Wight with dinner & breakfast
- Use of leisure facilities
- Free bar (6pm-midnight) on selected drinks*
- Daytime activities
- West End-style entertainment every evening
- Excursions to Newport, Ryde & Cowes

Optional Island Highlights Tour (£15pp)

Please note: the itinerary order is subject to change.

CALL NOW 0808 163 5236
Visit: thesuntravel.co.uk/wight-warner Quote: SUNC

TERMS AND CONDITIONS: *Return coach travel from a network of pick-up points throughout England & Wales. Pick up surcharges may apply to selected locations. Coach package holidays are subject to tour operator Just Go! Holidays Ltd terms and conditions. Your booking is protected by Bonded Coach Holidays and the Association of Bonded Travel Organisers Trust Limited; a government approved consumer protection scheme. Tours offered are subject to availability and government guidelines. Dates and pricing are correct at the time of print but can be subject to later change. Prices are per person, based on two people sharing a room. Single supplement applies. Standard phone charges apply.

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.
Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial
X: @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

BUILD YOUR OWN TOOLKIT

Hurry-Limited Time Offer

RYOBI

AS SEEN ON TV

BUY A BATTERY + CHARGER FOR ONLY £99.99

RC18120A-140X
High-capacity 4Ah Battery & Fast Charger

AND CHOOSE A FREE TOOL!

Trustpilot 4.8/5 'Rated Excellent'

30 FREE TOOLS to choose from

~~£84.99~~ FREE
RY18HT40A-0 18V CORDLESS 40CM HEDGE TRIMMER

~~£83.99~~ FREE
R18ID2-0 18V CORDLESS IMPACT DRIVER

Which? Best Buy
~~£82.99~~ FREE
R18PD3-0 18V CORDLESS COMBI DRILL

~~£119.99~~ FREE
RRDAB18-0 18V CORDLESS BLUETOOTH® COMPACT DAB RADIO

~~£119.99~~ FREE
RTR18-0 18V CORDLESS TRIM ROUTER

~~£101.99~~ FREE
RRS18-0 18V CORDLESS RECIPROCATING SAW

~~£107.99~~ FREE
R18AG-0 18V CORDLESS ANGLE GRINDER

~~£94.99~~ FREE
RMT18-0 18V CORDLESS MULTI TOOL

~~£113.99~~ FREE
RAD18C-0 18V HP CORDLESS BRUSHLESS COMPACT ANGLE DRILL

~~£84.99~~ FREE
ROS18-0 18V CORDLESS RANDOM ORBIT SANDER

~~£122.99~~ FREE
R18BS-0 18V CORDLESS BELT SANDER

~~£64.99~~ FREE
RHV18F-0 18V CORDLESS HAND VAC FLOOR KIT

~~£143.99~~ FREE
R18TPS-0 18V CORDLESS TELESCOPIC POWER SCRUBBER

~~£101.99~~ FREE
RJS18-0 18V CORDLESS JIGSAW

~~£95.99~~ FREE
R18CSP-0 18V CORDLESS 150mm CIRCULAR SAW

~~£137.99~~ FREE
R18PL-0 18V CORDLESS PLANER

~~£125.99~~ FREE
RCT18C-0 18V HP CORDLESS BRUSHLESS COMPACT CUT-OFF TOOL

~~£130.99~~ FREE
R18ST50-0 18V CORDLESS STAPLER

~~£99.99~~ FREE
R18L360-0 18V CORDLESS LED 360 LIGHT

~~£119.99~~ FREE
R18P-0 18V CORDLESS POLISHER

~~£114.99~~ FREE
RY18SCA-0 18V CORDLESS SECATEURS

~~£79.99~~ FREE
RY18GSA-0 18V CORDLESS 2-IN-1 GRASS SHEAR & SHRUBBER

~~£79.99~~ FREE
RMI18 18V CORDLESS MULTI-INFLATOR

~~£130.99~~ FREE
RY18EGA-0 18V CORDLESS 22CM EDGER

~~£73.99~~ FREE
OLT1832 18V CORDLESS 25/30CM GRASS TRIMMER

~~£119.99~~ FREE
RY18HCA-0 18V CORDLESS HANDHELD CULTIVATOR

~~£69.99~~ FREE
OWS1880 18V CORDLESS WEED SPRAYER

~~£137.99~~ FREE
R18IW3-0 18V CORDLESS 3-SPEED IMPACT WRENCH

~~£82.99~~ FREE
RY18BLA-0 18V CORDLESS JET BLOWER

~~£101.99~~ FREE
RCG18-0 18V CORDLESS CAULKING GUN

ONE+ CORDLESS BATTERY SYSTEM

One battery fits all

Ryobi's 18V ONE+ Battery System is designed for cordless convenience. All Ryobi's cordless tool kits come complete with a battery and charger to start your ONE+ system. Then, expand your system for less by buying new tools and only adding batteries or chargers if you need them.

200+ TOOLS for the home and garden powered by one battery

30 YEARS Of ONE+ battery system innovation

SAVE MONEY Expand your collection of tools without batteries

ORDER NOW

0333 006 9466

www.ryobitools.co.uk/BIY

PROMOTION CODE PR5446
Phone lines open: 8am – 8pm (Mon-Sun)

Scan to shop now

3 YEAR GUARANTEE

FREE DELIVERY GB ONLY

Subject to availability. *Registration required for guarantee extension from 2 – 3 years. Register within 30 days of receipt of goods at RyobiTools.co.uk. †Free 3-5 day delivery to GB Mainland only – restricted delivery postcodes: BT,IM,JE,GY,HS,IV4,KA2,KW,PA,PH4,ZE,TR2.Your right to cancel will last for 14 days after receipt of goods. If you change your mind during this period, provided the goods remain unused & in original packaging, you can notify us of cancellation. Product sold by Techtronic Industries (UK) Limited, company registration: GB 551396338. All rights reserved. For full terms & conditions of sale please visit RyobiTools.co.uk. RYOBI is a Trade Mark of Ryobi Limited, and is used under license.

letters @the-sun.co.uk

The page where you tell Britain what you think

I THINK that the world's ugly dog competition, which took place in California on Friday, is in really bad taste. There would be outrage if we had an ugliest man or woman contest.
SHEENA SELWOOD
Exmouth, Devon

EQUALITIES minister Bridget Phillipson has hit out at Nigel Farage's re-election in Clacton.
This has to be the greatest hypocrisy seen in British politics this year. Labour did not field a candidate, so no one in the party should complain.
ALEX WILKES
Sedgley, West Mids

WHAT a sight to see the thousands of people who came from far and wide to witness Bonnie Tyler's return to her native Swansea with her coffin draped in the Welsh flag.
There will be many more turning up at her funeral today. She will get a fantastic send-off from everyone to show her and her family how much she was loved.
MARTIN ELDRIDGE
Weymouth, Dorset

CALLUM FLETCHER, who has blown his benefits on his second holiday to Spain in a month, sums up the state of our welfare system.
This sort of trip is beyond the means of many workers in full-time jobs. Some people are sticking two fingers up to the system.
LESLEY EVANS
Walsall, West Mids

Better Channel for PM's efforts

£50 LETTER

THE text warning from Andy Burnham about the dangers of lighting a barbecue in this current dry weather is admirable.

He has also drafted in the Army to assist the fire service, but they'd be better deployed to stop illegal Channel crossings.
SUSAN WALKER
Newport, Gwent

I HATE disposable barbecues because many people don't get rid of them safely.
Let's hope the temporary ban on selling them, plus the Government emergency alert in the heatwave, encourages people to never use them again.
SYLVIA MONK
Hayling Island, Hants

SO, there's a ban on barbecues, but some people were letting off fireworks here on Friday to celebrate Pakistan's Independence Day.
It's upside-down policies run more on cultural practices than common sense.
Then we had the wildfire alert. More notice before that startling message would have been nice.
SYD VAUGHAN
Birmingham

I WOULDN'T be surprised if all these wildfires sweeping Europe were started by Putin's agents.
RICHARD FARRAR
Chelsea, West London

ALERT . . . Burnham

ANDY BURNHAM bans barbies, but can't tell France to do the same with dinghies to stop the migrant crisis.
JANET SINGER
Leeds

THAMES Water and other suppliers have the go-ahead to increase charges. I'll withhold payment until I see lots of improvement in service.
RALPH BRADLEY
Leafield, Oxon

WHILE many reservoirs are at extremely low levels, why not excavate the edges to increase capacity?
KEITH HADLEY
Swadlincote, Derbys

WHY are people more concerned Nigel Farage didn't go to the Clacton by-election count than they are about the masked "flash mob", which tried to cause disruption outside the town hall on polling day? That was anti-democracy intimidation in its "Far Left" glory!
JANET BIDDISCOMBE
Sherborne, Dorset

AN easy way to stop the migrant boats is to make the UK unappealing.
I bet they wouldn't be so keen to come if we took them to a camp on the remote Ascension Island in the South Atlantic.
RAYMOND BOSTOCK
Biddulph, Staffs

STOP travelling the country trying to show you are a man of the people, Prime Minister, and instead work on fixing our problems from No10.
SUZZANNE LAMBERT
Sandhutton, North Yorks

email, fax, write or comment online

We pay £50 for our Star Letter of the day: Email letters@the-sun.co.uk. Fax us on 020 7782 4170 or write to Dear Sun, The Sun, 1 London Bridge Street, London, SE1 9GF. Include your full name and address. You can share your views at thesun.co.uk

YESTERDAY'S SOLUTIONS

Teaser

3	8	5	4	2	9	7	6	1
6	4	2	5	1	7	8	9	3
9	7	1	8	3	6	2	4	5
4	1	3	7	8	2	9	5	6
5	2	8	6	9	3	4	1	7
7	9	6	1	5	4	3	8	2
8	6	7	3	4	5	1	2	9
1	3	9	2	6	8	5	7	4
2	5	4	9	7	1	6	3	8

Toughie

1	5	6	9	3	2	8	4	7
8	9	2	4	6	7	3	5	1
7	3	4	5	8	1	6	2	9
6	8	5	1	7	3	4	9	2
4	2	1	6	9	8	7	3	5
9	7	3	2	4	5	1	6	8
2	6	9	8	1	4	5	7	3
3	4	8	7	5	9	2	1	6
5	1	7	3	2	6	9	8	4

Word Square
ACROSS: 1 Lakes
2 Atone 3 State
4 Tiled 5 Scars
DOWN: 1 Lasts
2 Attic 3 Koala
4 Enter 5 Seeds

NumberCrunch
Easy: 9
Medium: 21
Harder: 3508

Mini Jigsaw
BERLIN, SKOPJE, LONDON, ATHENS, ZAGREB, LISBON

Set Square

4	+	7	+	6
×		+		+
1	+	8	÷	9
−		+		−
2	×	3	×	5

Sun Sakuro 1
431
956
782

Mini Fit
RUT, DUEL, SOYA

Cell Blocks

Word Ladder
ROCK, Rock, Took, Tool, Toil, Toll, ROLL

Mind The Gap
Readjusts, Mausoleum, Colourant, Cartridge, Intending, Character, Scalloped, JOURNAL

Quizword
ACROSS: 1 Christmas Eve, 8 Alto, 12 Carrion crow, 13 Shakira, 14 Adidas, 15 Libra, 16 Muggle, 20 Entrecote, 22 Loincloth, 23 Twankey, 25 Oates, 26 Liam, 29 Mel B, 30 Simon, 31 Proviso, 35 Nicaragua, 36 Alfa Romeo, 38 Robert, 39 Logan, 40 Staten, 44 Vulgate, 46 The Durrells, 47 Noah, 48 Tracey Ullman.
DOWN: 2 Herriot, 3 Irina, 4 Tony, 5 Air Miles, 6 Edward Lear, 7 Esso, 8 Acapulco, 9 Tui, 10 McLaren, 11 Dagenham, 17 Goodies, 18 Coleridge, 19 Minecraft, 21 Etna, 24 Wolf cub, 27 Cosa Nostra, 28 Ivor, 29 Mangrove, 32 Arbroath, 33 Japanese, 34 Cornish, 37 Matilda, 41 Tyrol, 42 Next, 43 Lulu, 45 Leo.

Futoshiki

Word Ladder
1 3 4 2 5

Spot The Saying
1. TURN OF THE CENTURY
2. BANANA SPLIT

Mini Code

A	D	D	■	A
■	A	R	M	S
A	R	I	A	S
T	E	E	M	■
E	■	D	A	M

Clue Square
Stage, Grate, Rated, Dates, Leant, Learnt, Antler, Salted, Garnet, Strand, Largest, Dragnet, Strange, Grandest, STRANGLED.

Brickwork
1 Set 2 Rest 3 Steer 4 Pester
5 Serpent 6 Prevents 7 Present
8 Repent 9 Preen 10 Peer 11 Rep

Minidoku

3	4	1	2
2	1	4	3
1	3	2	4
4	2	3	1

2	1	3	4
4	3	2	1
1	2	4	3
3	4	1	2

Arroword

G	V	E	■	U	B	■	R	
F	I	X	I	N	G	■	S	T
N	T	H	■	E	■	S	O	L
G	E	A	R	■	A	D	M	I
H	E	L	I	U	M	■	C	A
A	R	I	D	■	B	B	C	■
O	M	I	T	■	C	L	O	A
■	E	Y	E	■	E	A	T	■

Add Up
81, 71, 109

Pathfinder
WEASLEYS, QUIDDITCH, SNAPE, GRYFFINDOR, HOGWARTS, MAGIC, HAGRID, HEDWIG, CASTLE, HERMIONE, SORTING HAT

Pub Quiz
1 It's A Wonderful Life
2 Prokofiev
3 Jam & Jerusalem
4 Hoops
5 Astana
6 Epicentre
7 Anton Chekhov
8 Roald Amundsen
9 [b] A rumbling sound made by the stomach
10 Severn
11 Meat and bean stew
12 Mars

Two-Speed Crossword
ACROSS: 1 His-s, 4 Backs-top, 8 Bar-(e)le-y, 9 Slog-a-n, 10 Meditate, 12 Tail, 13 Scar-a-b, 15 Orange, 17 Prim(e), 19 Teenager, 21 Poncho, 22 Gan-t-ry, 23 Ass-as-sin, 24 Tell.
DOWN: 2 I-rate, 3 Sold-i-er, 4 B(r)ay, 5 Casserole, 6 Sn-out, 7 O-rating, 11 Alba-tross, 14 Cur-lous, 16 Against, 18 Mecca(no), 20 Enrol, 22 G-un.

Sun Sakuro 2
219
586
437

Suguru

1	4	1	5	1
2	5	2	4	2
3	4	3	1	3
5	1	5	2	4
2	3	4	3	1

Wordsearch

Numberfit

Make Tracks

Missing Link
Gear, Milk, Clay, Worn, Date, Bump, Leap, Even, Dock, Face
GIANT PANDA

THE Sun BINGO 8! PLEASE PLAY RESPONSIBLY
Play smart with Sun Bingo by setting Deposit Limits and using Reality Checks. Visit sunbingo.co.uk/smart-tips to find out more.
18+ GamCare.org.uk

Mystic Meg

with MAGGIE HYDE

ARIES March 21 – April 20

You're undecided about the best way forward to achieve an important goal. Focus on any lack of clarity and take creative control. A partner's ideas spark a seed of inspiration that keeps you on track with home improvements. There's a lot of goodwill and support from friends and a door opens if you knock in the right way.

TAURUS April 21 – May 21

Work and home are in harmony and you're tempted by an extravagant purchase for the house. Treat yourself. You'll see it with pleasure every day. Subtle emotional undercurrents may drive someone close to you to act in ways that you're not comfortable with. Stick to your own principles and you won't go wrong.

GEMINI May 22 – June 21

You may have to hold your tongue so you can't be accused of being dramatic. There are some confusing messages in your social circle. If you want to get to the bottom of why a friend is behaving out of character then the answer may lie in a financial muddle. Children and neighbours provide lots of laughter.

CANCER June 22 – July 22

Avoid an instinct to overreact to confusing signals. There are certainly mixed messages, but are you giving out some of them? Being mysterious might catch that important person's attention but being open impresses more. A slow but steady approach at work means you can influence the right people.

LEO July 23 – August 23

Building bridges can help soothe tensions with a partner. Your natural generosity and warm approach are appreciated when a chance encounter with top people at work allows you to show your charm. If you're dreaming of getting away from it all, act swiftly as you could find the goal – and the costs – keep shifting.

VIRGO August 24 – September 22

Memories of an old friendship set you wondering about what might have been. At home and work, you may be the only one to see things as they are. You're in a creative mood but need your own space to produce something special. Keeping a diary helps you overcome any creative block.

LIBRA September 23 – October 23

Your ability to put others at ease means you can get your own way through grace rather than force of will. Being diplomatic is your strong card. Plans for a local community initiative start to take shape. Your career plans might prove to be castles in the air so make sure goals are realistic.

SCORPIO October 24 – November 22

Don't be afraid to express deep feelings you've been holding on to. With the moon in your sign your instincts are spot on when it comes to flushing out a colleague's true motivations. Thinking of going on a retreat? This could be the perfect way to gain a clearer focus on what your goals really are.

SAGITTARIUS November 23 – December 21

You'll appreciate the friendships you have built up in the past as you realise how much shared history there is between you. Being straightforward when it comes to a creative project will be appreciated. Others will look to you to be the voice of reason and determine what is achievable and what is pie in the sky.

CAPRICORN December 22 – January 20

Your ability to work practically towards a beneficial outcome when it comes to shared assets is invaluable. Family arguments stem from a misunderstanding. Combining charm and authority earns everyone's respect. A partner may get things muddled and it's up to you to make sure past resentments are dealt with fairly.

AQUARIUS January 21 –February 18

If you're unclear about a task then yours is the voice of reason. Get clear instructions before you start. You're at your best when your partner understands you and is involved in joint decisions. Encourage them to speak out because, otherwise, their silence feels like you're on your own.

PISCES February 19 – March 20

You could spend the day dreaming about your love life or you could focus on your goals. It's time to trust in your abilities and kick out any self-doubt. Tackling tasks head on will serve you best. Sticking to a routine brings financial rewards. If you're tempted to impulse-buy as a treat, keep it simple and inexpensive.

Phone Meg's psychics for a chat on 0905 005 8102
Or to pay by credit/debit card call 08000 356 684 or mobile users call 020 7111 6406
Text a psychic. Just text MEG then a space and your question to 60016

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMS cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inveroak.com, PO Box 10015, CM1 9HH.

Sunpuzzles

Your favourite brain-teasers!

Get TWENTY daily puzzles Tuesday-Friday in The Sun... and even more at weekends

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

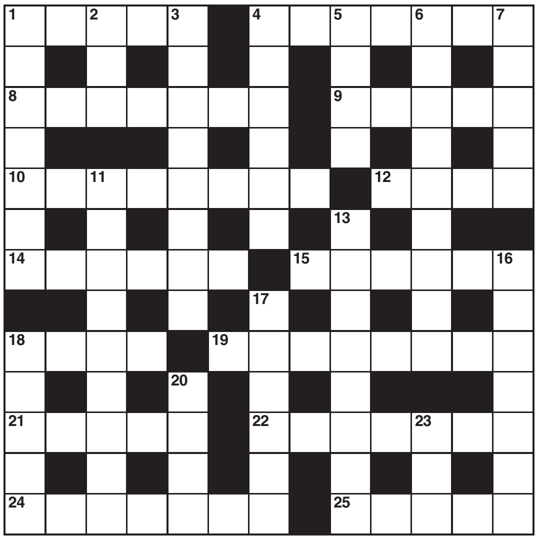
Cryptic

ACROSS

1 Tantrum left son reflecting (5)
4 Article about narration (7)
8 Sign pal wasted youth (7)
9 After seven, somewhat brusque (5)
10 Current politician rambled, and got better (8)
12 American president is plant (4)
14 Get gun out for lump of gold? (6)
15 Crazed individual lost caiman (6)
18 Soprano remains in band (4)
19 Unguent's unusual mint tone (8)
21 A source of oil, initially lost, is extant (5)
22 Crooner upset artisan (7)
24 According to Spooner, fish might produce dried grass (4,3)
25 Do something naughty with American in cavity (5)

DOWN

1 Period of elevated sounds around start of September (7)
2 Knock standard boomerangs (3)
3 Romeo ropes in criminal, one in jail (8)
4 Strong-featured, with a toupee? (6)
5 It is found in outskirts of Coventry, a metropolis (4)
6 Blue bananas quite sour (9)
7 Freeloader in shelter next to church (5)
11 Bouncer in post office to leave with glue (4,5)
13 Hot ash initially is painful in Sussex town (8)
16 Weapon of university teacher's first in class (7)
17 Compassion about German society in a mess (6)
18 Sudden contraction in health centre starts to stress medic (5)
20 Network quietly, following setter (4)
23 Final bit of investment in metal (3)



Solutions tomorrow

Get solutions today: Call **0905 757 0150** for Across and **0905 757 0151** for Down before midnight. Calls cost £1 a minute plus network charge.

Coffee Time

ACROSS

1 Strip of leather for sharpening razors (5)
4 Detailed statement of figures (7)
8 Young tree (7)
9 Concise (5)
10 Enhanced (8)
12 Woody growth smaller than a tree (4)
14 Something small but valuable (6)
15 Enthusiast (6)
18 Sliding frame (4)
19 Skin preparation (8)
21 In existence (5)
22 Member of the Rat Pack (7)
24 Something to do while the sun shines, proverbially (4,3)
25 Air-filled cavity in the skull (5)

DOWN

1 Sitting of court, for example (7)
2 Type of music (3)
3 Jailbird (8)
4 Rocky (6)
5 Large town (4)
6 Stone often used in jewellery (9)
7 Creature sometimes used in medicine (5)
11 Child's toy with a spring (4,5)
13 Town not far from Battle in South East England (8)
16 Short sword (7)
17 Enclosure for farm animals (6)
18 Involuntary muscular tightening (5)
20 Net-like material (4)
23 Container for food such as soup (3)

Buy the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 at harpercollins.co.uk or call 0141 306 3100

WORD WORKOUT

20	3	6	12	12	■	4	3	16	12	12
17	■	24	■	17	■	5	■	12	■	24
24 N	19	13	■	16	18	6	■	20	3	17
22	■	3	■	20	■	16	■	■	■	4
■	7	2	16	22	■	11	6	4	16	4 B
12	■	12	■	■	■	■	■	2	■	22
13	17	13	6	8	■	26 F	2	14	14	■
3	■	■	■	16	■	19	■	14	■	1
19 I	8	20	■	21	19	4	■	16	12	9
23	■	2	■	17	■	3	■	3	■	6
6	16	10	6	3	■	6	24	15	17	25

A ~~B~~ C D E ~~F~~ G H ~~I~~ J K L M ~~N~~ O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
			B									
14	**15**	**16**	**17**	**18**	**19**	**20**	**21**	**22**	**23**	**24**	**25**	**26**
					I					N		F

The world's best brain-teaser – our clueless crossword. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter A, write A in all the squares with a 4. The whole alphabet is used and we have supplied some letters to start you off. Answers tomorrow.

YESTERDAY'S SOLUTION. ACROSS: Wooden, Upon, Hazy, Unisex, Joblessness, Cravat, Silt, Plan, Offset.
DOWN: Potato, Eddy, Inquisition, Bunion, Home, Loving, Sulked, Rule, Sofa.

For four extra WORD WORKOUT clues
CALL 0901 293 6299 **TEXT** SUNWORD to 64343
Cost £1 plus standard network charge
For clues from the last 7 days **CALL** 0905 624 0010. Cost £1 per min plus network charge

DOUBLE SunDOKU

TEASER

Call 0905 757 0156 for clues or solutions
Cost £1 per minute plus network charge

	7	3			5			
1			2	9	6		7	
	9	6			8			
				5		8	2	3
	4		6		3		1	
3	2	5		8			6	
		7	5			1		6
			3	6		7		8
6			8				3	

TOUGHIE

Call 0905 757 0152 for clues or solutions
Cost £1 per minute plus network charge

9				2	5	3		
			4			9		
4	1	3		7				
			5				2	
	3	1	2		7	4	9	
	8				9			
				9		8	3	6
		8			2			
		7	6	8				2

Calls for extra clues and answers last no longer than two minutes (Sundial answers may vary). Helpline: 0333 202 3390 (9am-5.30pm). Service provider: Spoke, W1T 4HD

SUGURU®

5			5	
3				
	1		4	

Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below right.

BRAIN BUSTER

Using these four clues, find four answers that all rhyme with each other.

Intellect; lifting device; enact; Bruce Willis' wisecracking detective

THE NAME GAME

EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify an entertainer and presenter:

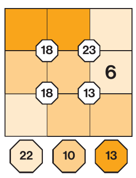
1	2	3	4	5		6	7	8	9	10	11	12

2 & 6	New Zealand golfer and surprise winner of the 2026 Open Championship
5 & 12	She starred in Austin Powers, Bedazzled, and "that dress"
9 & 11	She played Michelle Fowler in EastEnders before turning to directing
7 & 10	_____ Lee Jones, a Man In Black, alongside Will Smith (second and last letters of name)
8 & 3	Ms Rogers, who runs The River Café in London (first two letters of name)
4	Ms Wu, who appeared as Rachel Chu in Crazy Rich Asians
1	Mr George, former darts player and fan of jewellery nicknamed the "King of Bling"

Yesterday: Actor SEAN BEAN (Dan (Burn), Sienna (Spiro), (Count) Binface, Eni (Aluko), Janet (Street-Porter)). Another Name Game in The Sun tomorrow.

Can't wait until tomorrow for the answers? Call **0901 293 6298**
Calls cost £1 plus your network access charge.

SAKURO



Enter 1-9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals below.

WORDSEARCH

S	W	L	G	M	T	B
H	F	E	W	E	B	R
S	A	O	R	A	A	E
L	S	R	D	H	O	D
T	E	G	E	A	S	D
F	E	E	L	O	M	A
R	O	T	T	E	R	L

Find seven British wild animals. Words can run forwards, backwards or diagonally. Solution on right.

SUNDIAL

Brilliant: 40.
Excellent: 34. Good: 25,
Great score for kids: 19.

SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary. Solution tomorrow.

YESTERDAY: Aced, acted, axed, cadet, cave, caveat, caved, cede, cete, dace, date, eaved, evade, exact, exacted, excavate, exeat, taxed, teed, vacate, vacated, vexed, EXCAVATED.

Check today's solutions by calling **0905 757 0155** before midnight. Calls cost £1 a minute plus your network charge.

NEWSPAPERS SUPPORT RECYCLING
The recycled paper content of UK newspapers in 2025 was 34.7%

30-SECOND NUMBERCRUNCH

Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't use a calculator – that would be cheating! Write your answer at the end. Aim to complete each round in about 30 seconds. Good luck! Answers on the right.

EASY 53	+ 152	÷ 5	- 29	× 10	- 44	÷ 4	+ 223	÷ 11	+ 222	ANSWER
MEDIUM 133	÷ 7	+ 216	÷ 5	+ 215	Half of it	+ 386	÷ 11	- 38	× 10	ANSWER
HARDER 998	- 789	÷ 11	+ 764	7/9 of it	- 409	÷ 10	+ 421	÷ 7	+ 2375	ANSWER

Yesterday's solutions

Teaser

3	8	5	4	2	9	7	6	1
6	4	2	5	1	7	8	9	3
9	7	1	8	3	6	2	4	5
4	1	3	7	8	2	9	5	6
5	2	8	6	9	3	4	1	7
7	9	6	1	5	4	3	8	2
8	6	7	3	4	5	1	2	9
1	3	9	2	6	8	5	7	4
2	5	4	9	7	1	6	3	8

Toughie

1	5	6	9	3	2	8	4	7
8	9	2	4	6	7	3	5	1
7	3	4	5	8	1	6	2	9
6	8	5	1	7	3	4	9	2
4	2	1	6	9	8	7	3	5
9	7	3	2	4	5	1	6	8
2	6	9	8	1	4	5	7	3
3	4	8	7	5	9	2	1	6
5	1	7	3	2	6	9	8	4

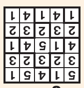
Two-Speed Crossword

ACROSS: 1 His-s, 4 Backs-top, 8 Bar-(e)le-y, 9 Slog-a-n, 10 Meditate, 12 Tail, 13 Scar-a-b, 15 Orange, 17 Prim(e), 19 Teenager, 21 Poncho, 22 Gan-t-ry, 23 Ass-as-sin, 24 Tell.

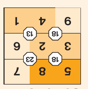
DOWN: 2 I-rate, 3 Sold-i-er, 4 B(r)ay, 5 Casserole, 6 Sn-out, 7 O-rating, 11 Alba-tross, 14 Cur-ious, 16 Against, 18 Mecca(no), 20 Enrol, 22 G-un.

Today's solutions

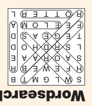
Suguru



Sakuro



Wordsearch



Number-crunch 244, 90, 2438

Page 2 Sekuta Top line 765, middle 128, bottom 349

Brainbuster Brain, crane, ordain, John McClane

Advertisement

SUMMER SPECIAL

WIN £47,000!

Top Prize: £19,500 20x £1000 20x £375

L	K	G	X	T	M	K	I	Z	M	B	L	F	R	I	D	Y
R	C	J	U	G	J	P	P	A	T	I	R	E	L	A	N	D
L	S	P	A	I	N	C	F	J	W	Q	Q	G	U	L	N	I
L	P	L	N	E	X	F	K	W	P	B	N	T	H	X	K	W
D	F	X	T	B	I	Q	S	U	O	O	D	L	L	I	E	X
U	I	H	W	L	C	Y	E	F	R	I	Y	F	F	T	J	R
V	M	Q	T	Q	F	Y	Z	D	T	U	M	B	D	A	T	R
F	Z	T	U	R	K	E	Y	F	U	F	K	T	O	L	B	R
B	H	Q	Z	R	W	U	X	B	G	W	Y	V	N	Y	K	O
R	S	N	A	C	A	U	A	S	A	W	S	G	E	S	D	W
A	Y	H	Q	S	P	V	G	P	L	I	F	P	Y	P	O	Q
Z	S	G	R	A	S	J	R	K	E	O	N	V	L	A	A	J
I	P	C	O	E	M	M	E	E	X	L	V	M	L	U	O	K
L	D	H	X	W	G	J	E	B	R	Y	Z	D	D	O	R	T
H	U	D	W	M	E	E	C	G	F	A	I	Q	F	I	N	P
Z	M	S	J	W	L	R	E	T	F	W	I	N	N	E	R	C

One word from the word list below is NOT in the puzzle grid. This missing word is your £19,500 answer!

WORD LIST

SPAIN
ITALY
TURKEY
GREECE
PORTUGAL
BRAZIL
IRELAND
MEXICO

HURRY ! CLOSES MIDNIGHT TONIGHT!

To challenge you, we've also hidden a £1,500 'mystery word'. Find this 6 letter word in the puzzle and register your answer on our entry line for the chance to win another £1,500 cash!

Hint:

It rhymes with 'dinner'.

Here's your special chance to win **£19,500 cash** in our latest wordsearch competition. That's right, we're giving all United Kingdom residents who qualify and are over 18 the chance to **Win Nineteen Thousand Five Hundred Pounds Cash!**

All you have to do is find the MISSING WORD from the puzzle grid above and activate your entry for the draw now for the chance to win one of the 41 cash prizes available, worth £47,000.

Simply call our £19,500 correct answer phone line with your answer and you will be told on the phone if your entry has been accepted. But hurry because **we have limited the time for entries!**

CORRECT ANSWER PHONE LINE

0902 375 0707*

Calls cost £3.60 plus your phone company's access charge and last only 1 minute.

***At the end of the first call you will be given the option to transfer to another competition phone line and register your answer for the extra £1500 Hidden Mystery Word Competition. If you choose to do so, the second call will last 2 minutes at a cost of £3.60 per minute plus your phone company's access charge. At the end of the second call you will be asked if you wish to be transferred to another phone line to register an answer for the £1,500 Quiz Challenge. The third call lasts 1 minute and costs £3.60 plus your phone company's access charge. Total cost to enter all 3 competitions is £14.40 plus your phone company's access charge. As a responder to this promotion, Wynnington Ltd may contact you regarding your entry and similar exciting offers by post and phone. You may refuse such offers by writing to us at Wynnington Opt Out, PO Box 166, Brighton, BN41 9ES or by calling us on 0808 206 4152 or by emailing us at wynnington@adetiq.co.uk.**

The £19,500 Summer Special competition may be promoted via different layouts of print and online media and may include various puzzle challenges. Each correct entrant is allocated a unique number between 1 and 513,131. Prizes available: 1 x £19,500; 20 x Secondary Prizes of £1000; 20 x minor prizes of £375. One winning number will be independently drawn for each available prize and if there is an exact match with an active entry the prize will be awarded. Alternative free postal entry: send your name, address and original completed puzzle sheet to customer services, marking your envelope '£19,500 Summer Special'. Approximate odds of winning a cash prize: 1:12521. Draw date: 30/04/2027. The extra £1500 Hidden Mystery Word Competition is run in conjunction with a number of other Wynnington competitions and requires entrants to identify the 6 letter hidden mystery word in any one of these separate Wynnington puzzles. One £1500 winner will be randomly drawn from the pool of correct entries on 30/10/2026. The £1,500 Quiz Challenge requires entrants to answer one of several possible multiple choice questions. One winner will be randomly selected on 30/10/2026. Wynnington are not responsible for errors or circumstances outside their reasonable control and reserve the right to amend competition rules to ensure a fair competition. Should you be a winner, your surname, county, testimonial and photograph may be used with your permission for publicity purposes. Actors' photos may be used to represent genuine winners. Our Registered Office is 1 Northfields, London, SW18 1PE, but all competition related queries should be directed to customer services. © Wynnington Ltd 2026, registered in Great Britain no: 8271507. T/A £19,500 Summer Special. Wynnington Customer Services, £19,500 Summer Special, PO Box 166, Brighton, BN41 9ES or call 01273 094991 or email wynnington@adetiq.co.uk. Full T&Cs and our privacy policy can be found at www.wynnington.co.uk.

Brit medals Ad up

ADAM RAMSAY-PEATY came away empty-handed as GB swimmers topped the medal table in Paris.

A final-day golden flourish at the European Championships saw Keanna MacInnes become the first British woman to win the European 200 metres butterfly title.

An hour later, the Scot, 24, helped Lauren Cox, Angharad Evans and Freya Colbert take the women's medley relay ahead of Italy.

Yet three-time Olympic champ Ramsay-Peaty *(left)* ended with no gongs from four events after the men's 4x100 medley relay finished fourth.

Britain led the medals with eight golds, two silvers and four bronzes.

By LIZ BYRNES

HE'S KILLER WHALEY

By HARRY TALBOT

JACK WHALEY is only the second English golfer to win the US Amateur Championship since 1911.

The Doncaster underdog, 22, beat American Jay Leng Jr 4&3 at Merion.

It will give Whaley a place in the field for next year's Masters, US Open and The Open at St Andrews.

The Florida State University student *(below)* was ranked 67 places lower than Leng.

Meanwhile, world No1 SCOTTIE SCHEFFLER won his first event since January.

The American, 30, stormed to the St Jude Championship title by EIGHT shots from Korean Si-Woo Kim.

SPORTS ROUND-UP: RESULTS & FIXTURES

ATHLETICS

EUROPEAN CH'SHIPS (Birmingham): **Fnals - Men, Marathon:** 1 A Petros (Ger) 2h 09m 11.00s, 2 P Riva (Ita) 2:09:18.00, 3 G Ayale (Isr) 2:09:21.00, 7 M Mahamed (GB) 2:09:43.00, 40 T Menges (GB) 2:19:45.00, 50 J Mellor (GB) 2:27:56.00. **4x 400m:** 1 Italy 2:59.16, 2 Great Britain (S Lunt, B Jefferies, M Smith-Band, M Hudson-Smith) 2:59.19, 3 Netherlands 2:59.49. **Pole Vault:** 1 A Duplantis (Swe) 6.15m, 2 E Karalis (Gre) 6.00, 3 B Thiery (Fra) 5.85, 11 Owen Heard (Gbr) 5.55. **3000m Steeplechase:** 1 Frederik Ruppert (Ger) 8m 25.33s, 2 R Querinjean (Lux) 8:25.61, 3 K Bebendorf (Ger) 8:26.65.

Women, 1500m: 1 G Hunter-Bell (Gbr) 4m 7.78, 2 K Kazimierska (Pol) 4:08.80, 3 P Silva (Por) 4:09.22. **Long Jump:** 1 L Iapichino (Ita) 7m, 2 J Sawyers (Gbr) 6.99, 3 H Kpatcha (Fra) 6.989, M Palmer (Gbr) 6.54. **4x 400m Relay:** 1 Netherlands 3:21.10, 2 GB & NI (E Newham, L Nielsen, C Henrich, N Yeargin) 3:21.68, 3 Italy 3:23.57. **Marathon:** 1 A Vainio (Fin) 2h 22m 26.00s, 2 L Anna Toth (Hun) 2:27.21.00, 3 A Donnelly (GB) 2:27:33.00, 5 N Wilson (GB) 2:27:54.00, 14 R Harvey (GB) 2:30:34.00, 22 L Small (GB) 2:33:32.00, 34 C Evans (GB) 2:40:01.00. **Javelin:** 1 S Kolak (Cro) 62.43metres, 2 J Ulbricht (Ger) 61.53, 3 A Vilagos (Ser) 60.93.

Mixed 4x 100m Relay: 1 GB & NI (J Azuh, D Asher-Smith, Z Hughes, A Hunt) 39.97secs, 2 Germany 0:40.11, 3 Spain 0:40.42.

CRICKET

THE HUNDRED MEN - FINAL

Trent Rockets v Manchester Super Giants

Lord's: Trent Rockets 158-8 (100 balls; N Lakanwal 3-33); Manchester Super Giants 162-5 (98 balls; T Seifert 72; M Amir 3-29). **Manchester Super Giants win by 5 wickets.**

THE HUNDRED WOMEN - FINAL

Trent Rockets v SunRisers Leeds

Lord's: SunRisers Leeds 91 (91 balls); Trent Rockets 92-2 (54 balls, Dunkley). **Trent Rockets win by 8 wickets.**

METRO BANK ONE-DAY CUP SEMI-FINALS

Leicestershire v Nottinghamshire

Grace Road: Leicestershire 303-7 (50.0 overs; H Shaikh 104; N F Kelly 53; D Y Pennington 3-65); Nottinghamshire 280-10 (49.0 overs; F W McCann 64; H Hameed 54; A M Green 4-40). **Leicestershire win by 23 runs.**

Middlesex v Durham

Radlett: Durham 254-7 (50 overs; W M H Rhodes 80; C N Ackermann 71no; L B K Hollman 3-53); Middlesex 255-8 (48.4 overs; L B K Hollman 83no; C N Ackermann 3-46). **Middlesex win by 2 wickets.**

FIRST TEST

Australia v Bangladesh

Darwin: Australia 198 (53.0 overs; S P D Smith 71; H Mahmud 6-55) & 284- (95.1 overs; C D Green 104; H Mahmud 3-56; M H Miraz 5-66); Bangladesh 426 (138.0 overs; T H Tamim 101; N H Shanto 84; M H Miraz 65; J R Hazlewood 6-89) & 57-1 (14.2 overs). **Bangladesh win by 9 wickets.**

FIRST TEST

Sri Lanka v India

Galle: India 460-9 (116.0 overs; D D Padikkal 167; K L Rahul 82; D C Jurel 51); N G R P Jayasuria 4-109; K Nuwantha 3-175.

CYCLING

CZECH TOUR: Stage 4 (Kromeriz to Pustevny (160.2km) - 1 A Fancellu (Ita) MBH Bank Ballan Telecom Fort 3h 42m 16s, 2 A August (US) Netcompany INEOS Cycling Team, 3 N Breuillard (Fra) Team TotalEnergies both at same time. **Overall -** 1 August 15h 26m 02s, 2 Fancellu +7s, 3 D Pozzovivo (Ita) Solution Tech-NIPPO-Rali +40.

ARCTIC RACE OF NORWAY: Stage 4 (Sortland to Narvik, 190.8km) - 1 C Bakke Christophersen (Nor) Unibet Rose Rockets 4h 3m 6s, 2 L Crescioli (Ita) Team Polti VisitMalta +3s, 15 M Donovan (GB) Pinarello-Q36.5 Pro Cycling Team +3s. **Overall -** 1 T Silva (Uru) XDS Astana Team 15:34:12, 2 L Van Eetvelt (Bel) Lotto-Intermarche +14, 3 A Pinarello (Ita) NSN Cycling Team +25, 12 Donovan +1:13.

ADAC CYCLASSICS (Hamburg, 206.0km) - 1 P Magnier (Fra) Soudal Quick-Step 4h 17m 55s.

SNOOKER

CHINA OPEN (Taiyuan City): **Final** - M Selby (Eng) bt N Saengkham (Tha) 10-6.

GOLF

FEDEX ST. JUDE CHAMPIONSHIP (TPC Southwind, Memphis): **Final Rnd** (USA unless stated) - **263** S Scheffler 68 61 68 66, **271** Si-Woo Kim (Kor) 70 68 65 68, **272** S Burns 67 70 62 73, A Noren (Swe) 71 66 66 69, **273** W Clark 69 66 70 68, Sung-Jae Im (Kor) 66 66 67 74, **274** L Aaberg (Swe) 68 65 74 67, T Fleetwood 66 68 68 72, J Knapp 65 70 67 72, H Matsuyama (Jpn) 66 70 67 71, X Schauffele 67 72 68 67, **75** P Cantlay 69 66 70 70, B Cauley 66 72 70 67, N Echavarria (Col) 68 66 71 70, M Fitzpatrick 70 67 69 69, Joo-Hyung Kim (Kor) 69 72 63 71, K Kitayama 65 73 66 71, A Scott (Aus) 66 70 69 70.

DANISH GOLF CHAMPIONSHIP (Kerteminde, Funen): **Final Rnd** (Gbr & Irle unless stated) - **273** J Winther (Den) 71 67 68 67, **276** R Hoejgaard (Den) 70 67 70 69, O Lindell (Fin) 67 71 70 68, M Jordan 68 67 70 71, F Celli (Ita) 67 70 73 66, Y Zhou (Chn) 69 67 67 73, **277** R Langasque (Fra) 69 66 67 75, M Helligkilde (Den) 70 68 71 68, **278** F Schott (Ger) 67 70 72 69, E Ferguson 69 65 73 71, J Skov Olesen (Den) 70 69 70 69, J Girrbach (Swi) 72 68 69 69.

LPGA PORTLAND CLASSIC (Portland, Oregon): **Final Rnd** (USA unless stated) - **266** A Thitikul (Tha) 68 67 67 64, **267** C Wannasaen (Tha) 69 68 67 63, A Yubol (Tha) 66 66 68 67, **271** S Schubert 67 66 67 71, **272** C Boutier (Fra) 69 67 70 66, P Anannarukarn (Tha) 67 66 72 67, N-R An (Kor) 69 68 66 69.

MOTORCYCLING

BRITISH SUPERBIKE CHAMPIONSHIP (Thruxton): **Race 2 -** 1 R Vickers (GB) Honda 15m 7.629s , 2 S Redding (GB) Ducati +0.266, 3 B Ray (GB) Yamaha +0.556. **Race 3 -** 1 Vickers 25:24.118, 2 Ray +0.075, 3 K Ryde (GB) Ducati +0.399. **Standings -** 1 Ryde 348, 2 Redding 301, 3 Ray (GB) Yamaha 257.

RUGBY LEAGUE

BETFRED CHAMPIONSHIP - Batley 22 Keighley 18, Doncaster 44 Midlands Hurricanes 16, Halifax 10 Widnes 11, Oldham 34 London Br 24, Sheffield 28 Hunslet 26, Swinton 58 North Wales 6, Whitehaven 60 Dewsbury 10, Workington 20 Rochdale 22.

	P	W	D	L	F	A	Pts
London Br	22	21	0	1	1387	266	42
Newcastle	22	19	0	3	981	276	38
Oldham	22	19	0	3	719	361	38
Doncaster	22	17	0	5	855	347	34
Widnes	22	16	0	6	709	332	32
Barrow	23	16	0	7	607	427	32
Sheffield	22	15	0	7	607	513	30
Midlands	22	12	1	9	534	594	25
Whitehaven	22	10	1	11	496	597	21
Batley	22	10	0	12	591	529	20
Dewsbury	21	8	0	13	466	540	16
Salford RLFC	22	7	0	15	498	744	14
Hunslet	23	7	0	16	468	758	14
Goole Vikings	22	7	0	15	486	803	14
Rochdale	21	7	0	14	337	672	14
Swinton	22	6	1	15	440	692	13
Workington	22	5	1	16	440	666	11
Keighley	22	4	2	16	485	654	10
Halifax	22	8	0	14	528	591	4
North Wales	22	3	0	19	272	1544	-6

* Halifax deducted 12 points
** North Wales deducted 12 points

RUGBY UNION

INTERNATIONAL

USA (15) **25** **ARGENTINA** (17) **24**

USA - Tries: Klein, Alikhan, Redelinghuys. Cons: Carty (2). Pens: Carty (2).
Argentina - Tries: Vaca, Viola, Rossetto, Sbrocco. Cons: Dogliani (2).

SWIMMING

EUROPEAN AQUATICS CHAMPIONSHIPS (Paris): **Finals - Women, 200m Butterfly:** 1 K MacInnes (GB) 2:05:90, 2 H Bach (Den) +0.24, 3 L Garzas (Spain) +1.3,; 4 E Walshe (Rep of Ireland) +1.50, 5 E Richards (GB) +1.87. 50m **Breaststroke:** 1 R Meilutyte (Lit) 29.93, 2 B Pilato (Italy) +0.01, 3 M McSharry (Ire) +0.02. **4x 100m Medley Relay:** 1 GB 3:53:50, 2 Italy +0.10, 3 Russia +0.29.

TODAY'S SPORT

SKY BET CHAMPIONSHIP
Cardiff v Wrexham **8.0**
(Live on Sky Sports Main Event)

CRICKET

First Test Match—day 3 of 5: Sri Lanka v India (Galle, 05.30am).

TENNIS

Cincinnati Open (Cincinnati, Ohio).

ATHLETICS A GOLDEN FOUR

BRUM PUNCH . . . Hunter Bell takes a lap of honour after win in Birmingham

Bell tolls for Georgia's track rivals

GEORGIA HUNTER BELL remains on course for a Grand Slam of titles this year.

While most attention in Birmingham has been on Amy Hunt's mission to grab four golds, late bloomer Hunter Bell has her own dreams of a fab four.

The Surrey star, 32, triumphed in the 1500 metres final last night in 4min 7.78sec – with Pole Klaudia Kazimierska more than a second behind in silver.

Hunter Bell said: "It wasn't easy. I felt really calm and confident. I have been on a winning streak but I have had a lot of failures before when I have been the favourite."

The former cyber security software saleswoman began the season by claiming the world indoor 1500m crown in the Polish city of Torun.

With many top names skipping the Commonwealth Games, Hunter Bell took 800m gold in Glasgow.

And if she is the top runner in the women's 1500m at the inaugural Ultimate World Championship in Budapest – where there is a £111,000 payday – it would be some clean sweep over seven months.

She said: "It's so special to get another gold this year.

"I really hope to make it four in September.

"There is still a lot left of the season. I haven't done a paced 800m yet, I have one coming up with the speedy girls.

"I am really excited to throw my hat into the ring there."

Portuguese rival Salome Afonso tried to slow down last night's race.

But Hunter Bell waited and waited and before putting the hammer down with 200m to go and accelerating away.

She added: "That last 150 is always my favourite part of the race.

"And it was really nice to come down the home stretch and know that I had it."

By ROB MAUL

It was something of a triumphant homecoming as she studied geography at the University of Birmingham and knows the city well.

Her triumph emulated Scottish middle-distance star Laura Muir who was European champ in this event in 2018 and 2022.

And it upgrades the silver medal Hunter Bell claimed in Rome two years ago when she was behind Ireland's Ciara Mageean.

After that, she left for California to study business and put on hold her athletics career.

Now she is making the most of her return to the sport since linking up with Keely Hodgkinson's M11 Track club.

She added: "It's such an exciting time. I am really happy."

Commonwealth champion **JAZMIN SAWYERS** leapt a lifetime-best 6.99 metres to take silver in the women's long jump.

The Stoke leaper, who wrapped up in a pink blanket due to the cold, ruptured her right Achilles two years ago but produced her best set of jumps in her career.

Italy's Larissa Iapichino beat Sawyers, 32, to gold by just 1cm.

JAZ IT UP . . . GB star Sawyers' lifetime best took long jump silver

HUNT-ING SEASON . . . Hughes bows down to GB team-mate Amy

EUROS MEDAL TABLE 2026

	G	S	B	TOT
1 Italy	10	6	6	22
2 GB & NI	9	8	2	19
3 Germany	6	10	5	21
4 Holland	5	3	6	14
5 Norway	4	0	2	6
6 Switzerland	3	3	1	7
7 Spain	2	2	4	8
8 Sweden	2	1	2	5
9 Ireland	2	1	1	4
10 Finland	2	1	0	3

Ab's really fab

ABBIE DONNELLY became Britain's first female marathon medallist at the Europeans.

The Lincolnshire runner, 29, negotiated the Birmingham streets in 2hr 27min 33sec for bronze — flying Finn Alisa Vainio took gold in 2:22:26, a championship record.

The combined results of Natasha Wilson (5th), Rose Harvey (14th), Louise Small (22nd) and Clara Evans-Graham (34th) bagged the British women team gold.

Donnelly *(right)* said: "It means everything. To have the crowd shout 'Abbie Donnelly' was incredible."

FINALE AT THE EUROS

-MIDABLE!

mins of glory as Dina gets GOAT status

By **ROB MAUL**

AMY HUNT produced one of the greatest feats in British athletics — and it took less than two minutes to achieve.

It was fitting that Hunt would be the one to take the baton across the finish line at the Alexander Stadium in the final of the inaugural mixed 4x100 metres relay.

The first European Athletics Championships to be held in the UK will be forever known as the Amy Games as she collected a record **FOUR** gold medals in seven days.

Across the four finals, the Newark sprinter's work – which also included the 100m, the 200m and women's sprint relay – took a total of 115.21sec.

Seldom has such little time resulted in such incredible history.

The British quartet of Jeremiah Azu, Dina Asher-Smith, Zharnel Hughes and Hunt delivered a European record time of 39.97.

Hunt had enough in her legs to outsprint German Gina Luckenkemper, whose nation came second in a time of 40.11.

This was a new event at continental level and it gave Hunt, 24, the chance for an unprecedented clean sweep of titles.

What a championships this has been, what a runner, what a performer!

As she crossed the line Hunt – ever the show-woman – flashed up four fingers to the cameras.

This was a magnificent track treasure haul.

Yes, there are no Jamaicans or Americans in the field but let's not be churlish, let's celebrate this for what it is.

For Asher-Smith, this was her record 11th medal – eight of which have been gold.

That makes her the most decorated woman in the 92-year history of the European Championships. Preparations for Hunt's appearance last night had been far from ideal, although she was not among the athletes caught up in a security scare late on Saturday.

Following the conclusion to the track schedule, armed police locked down the entire Perry Barr area, stopping buses leaving the stadium for the city centre.

Hunt, who is meticulous about her recovery methods post-race, says she was not delayed like some as police investigated a serious incident.

A man was arrested following concerns of suspicious activity at the Championships.

And it is not as if she could use her phone for doom-scrolling while travelling back to the team digs.

Her hard-nosed Italian coach Marco Airale had "threatened to take my phone off me" after the 100m final last Monday if she dared to look at her Instagram account or WhatsApp messages.

The key was to stay locked-in and focused.

And she had not responded to anyone, even if they had sent a congratulatory note, saying: "If you're not my parent or my best friend, I haven't replied to you."

It will only be this week that she will be able to return to reality and remove herself from the competition bubble.

When she does, she might truly learn what she has done and how she has managed to capture the imagination of the public.

If she thought life was crazy now, then it will only get busier over the next two years as the countdown to the LA 2028 Olympics hots up.

This is especially true now after becoming a household name. Life for Hunt after what she has done here in the West Midlands will never be the same again.

MATT HUDSON-SMITH closed the week as the most decorated man in European Championship history with his **NINTH** medal over 12 years.

The Wolverhampton athlete, 31, has five golds, three silvers and one bronze, following last night's second-place finish in the 4x400m final.

He had been level with French sprinter Christophe Lemaitre, 36, and fellow Brit sprinter Hughes, 31, until the end of the programme.

The Hudson-Smith, Toby Harries, Ben Jefferies and Charlie Dobson quartet finished in 2:59.19 – 0.03 off Italy, who ended top of the medal table as a result.

In the penultimate event – the women's 4x400m relay – Britain took silver as they finished just behind the Netherlands.

The foursome of Yemi Mary John, Lina Nielsen, Nicole Yeargin and Emily Newnham ran a time of 3:21.68.

Newnham tried to take on the formidable Femke Broeders-Bol down the final lap – which was a bold move.

But she did not have enough strength to take a surprise gold – the Dutch came home first in a time of 3:21.10.

DINA-MITE TIME . . . Azu, Asher-Smith, Hunt and Hughes pose next to the result board after record run

MOST DECORATED AT EUROS

MEN	G	S	B	TOT	WOMEN	G	S	B	TOT
Matthew Hudson-Smith	5	3	1	9	Dina Asher-Smith	8	2	1	11
Zharnel Hughes	6	2	0	8	Irena Szewinska	5	1	4	10
Christophe Lemaitre	4	2	2	8	Fanny Blankers-Koen	5	1	2	8
Jakob Ingebrigtsen	7	0	0	7	Renate Stecher	4	4	0	8
Kevin Borlee	4	2	1	7	Sandra Elkasevic	7	0	0	7

KEELY'S SHORT SHRIFT FOR CRITICS

KEELY HODGKINSON has laughed off claims she might be at a height disadvantage compared to running rivals.

By ROB MAUL

And the 24-year-old joked that she could not do anything about the length of her legs.

Hodgkinson will already go down in the annals of British Athletics as one of the greats.

She has won the Olympic 800 metres title, three medals at the World Athletics Championships and is a two-time outdoor European gold medallist.

Her main opponents are newly crowned Euro champ Audrey Werro and Dutchwoman Femke Broeders-Bol, who has moved up from the 400m hurdles.

The pair are much taller than Hodgkinson – they are both 6ft – and some feel this could be to their advantage thanks to their long stride patterns.

But Hodgkinson *(right)*, who is 5ft 7in, loves a challenge.

And she used 5ft 2in Kenyan Faith Kipyegon – the three-time Olympic 1500m champion – as an example of someone who is a successful pocket rocket.

She said: "One thing that does frustrate me a little bit is everyone's like, 'Oh, this person runs like this, and this person's really tall, and Keely's really small . . .'

"You don't say that to Faith. Ain't none of you calling her small, so why call me small?

"They are tall but I can't do anything about my height, guys! Or the length of my legs!

"If I could stretch myself three more inches, I definitely would. But I back myself completely. We will always be compared and what they can do, what I can do.

"Everyone's got different strengths and weaknesses, and it's all about each of us figuring out how to run our best 800.

"That's the hard part, and you just hope it goes your way on the day. But that makes it exciting.

"Everyone was talking about the race, and I'm just happy to be able to be a part of it."

The trio are in action again on Thursday August 27 for the Diamond League meeting in Zurich, in Werro's Swiss homeland.

RUSHEN . . . top result

In a Rush to the top

By PHIL LANNING

COOPER RUSHEN pinched himself after going from school prom to almost the British Championship podium in a fortnight.

The 16-year-old 'Luke Littler of speedway' was a stunning fourth in the final in Manchester.

Rushen finished behind new champ Robert Lambert, runner-up Charles Wright and Leon Flint.

And the Poole Pirates whizkid's next big result will be his GCSE grades.

He said: "I'm still pinching myself a bit. After the semi-final win, I said, 'What is going on?'

"To be honest, I would have preferred a podium place here rather than good GCSE results next week!

"I can't believe what I've achieved this year."

Selby win is for pal

By ROB MAUL

MARK SELBY dedicated his record fourth China Open win to a pal with a terminal illness.

Using a new cue, the Leicester Jester banked £250,000 with a 10-6 win over Thai giantkiller Noppon Saengkham in Taiyuan.

It is his first ranking title of the year — and 26th of his career overall.

And it means he could eclipse Judd Trump as world No1 after the Wuhan Open.

But Selby, 43, was texted by "good friend" 'Waitey' a few days ago.

He said: "He text me to say basically he's been given two months to live.

"They had a charity night back home, which I'd have attended if I was there.

"If he is watching, Waitey, this one is for you, mate."

Aussies' £7m offer

By GARY CARTER

RUGBY LEAGUE chiefs are set to tell the NRL what they think of their offer for Super League — and it will not be positive.

The competition Down Under tabled a £7million-a-year bid for a principal ten per cent stake.

And the five-year plan would see NRL increase their share by ten per cent each season until it owns half of Super League.

But one club boss described that to Sun-Sport as a 'lowball', while another insider described the offer as 'poor.'

Yet NRL believe they can get more money for TV rights from DAZN compared to Sky Sports' current £21.5m-a-year deal — and would invest any windfall in Super League.

Pat Bang to rights

PAT CUMMINS admitted Australia were "outplayed" after a huge nine-wicket loss to Bangladesh.

The Aussies, top of the World Test Championship table, had won 11 of their previous 13 Tests.

While Bangladesh — playing their first Test Down Under for 23 years — lost their most recent long-form match by an innings against Zimbabwe.

Captain Cummins, 33, said: "They outplayed us, they were patient and disciplined. Our prep was spot-on so no excuses."

Bangladesh skipper Najmul Hossain Shanto said: "This is our nation's biggest win in any format."

GIANT HITS . . . Seifert's sixes took The Hundred crown to Manchester

SEIF CRACKER

Tim dials in Hundred win for Giants

KIWI Tim Seifert was the big-hitting star as Manchester Super Giants stormed to victory in The Hundred final.

Seifert plundered 72 off 37 balls – clearing the boundary seven times – as the Super Giants made mincemeat of chasing down Trent Rockets' 158-8 at Lord's.

After a late wobble, Liam Dawson sealed a five-wicket triumph in front of 27,000 fans with a six. Captain Jos Buttler hoisted three maximums in his 14-ball innings of 23.

By JOHN ETHERIDGE

Super Giants, with new megarich Indian owners, changed their name from Manchester Originals and their kit from black to red.

Their logo features an elephant – and you don't see many of those in Manchester. But a complete rebrand has not harmed their performances under Aussie coach Justin Langer.

Super Giants fast bowlers Gus Atkinson and Josh Tongue plus Rockets batsman Ben Duckett now head to Leeds to link up with England's squad ahead of the First Test with Pakistan on Wednesday.

In the women's final, Trent Rockets crushed Sunrisers Leeds by eight wickets with an incredible **46 BALLS** to spare.

No1 FOR TENNIS

Djokosick

NOVAK HEALTH SCARE

DJOK & UGH . . . the heat gets to Djokovic

NOVAK DJOKOVIC suffered a health scare two weeks before the US Open after being SICK into a towel during the sweltering Cincinnati Open.

The 24-time Grand Slam champion wilted in the notorious humidity of Ohio as he faced Thiago Agustin Tirante in round two of the Masters tournament.

Djokovic, 39, called for the physio and doctor while leading 6-2 2-1 – and then vomited before having his blood pressure checked.

For the rest of the match he continued to move at half-speed before losing 2-6 6-4 6-4 to the Argentine clay-court specialist – the biggest scalp of the world No50's career.

The last Major of the year starts in New York on August 30 with Djokovic chasing that elusive record 25th singles championship.

For the Serb, this was his first match since losing in straight sets to world No1 Jannik Sinner in the Wimbledon semi-finals last month.

Djokovic – who has been on a long promotional tour for his upcoming documentary – said: "It was not an enjoyable match for me, for sure, the way I felt.

"Not the first and, I guess, not the last time, but it is what it is.

"It's just the condition that I have health-wise. It's been bothering me for the last couple of years and gives me a lot of issues, especially when it's humid and hot.

By ROB MAUL

"Yeah, I was sick but it is all these things . . . nerves and everything involved makes it worse. So that's what happened."

Flushing Meadows will be equally hot and humid but Djokovic was champion there three years ago – his fourth US Open title and the last of his 24 Slams.

Asked if he would return to Cincinnati, Djokovic said: "I certainly hope so but it looks more likely not, unfortunately. But let's see what the future brings."

ARTHUR FERY made his return to tennis following a surprise run to the Wimbledon semi-finals and a four-week break.

And the British No1 held off Australian James Duckworth 6-4 2-6 7-6 in a battle that lasted two hours and 34 minutes.

In the third round, the 24-year-old will face fifth seed Alex de Minaur, the new husband of British player Katie Boulter.

Fellow Brit **CAMERON NORRIE**, 30, bowed out 3-6 6-3 6-3 to top seed Alexander Zverev – in a game which finished past 2am local time.

MADDISON . . . return

New start for Madd

JAMES MADDISON started for the first time in 472 days as Spurs wrapped up an unbeaten pre-season.

Having beat Hoffenheim 3-0 in front of 54,345 on Saturday, Tottenham drew 2-2 in a behind-closed-doors rematch yesterday.

Attacker Maddison, 29, suffered a serious knee injury in May last year in Europa League action against Bodo/Glimt.

He was rushed back late last season to make three sub appearances.

Boss Roberto de Zerbi left him out of his first six friendlies but gave him 45 minutes yesterday.

The England man was at fault for the Germans' penalty opener before Ben Davies' header equaliser.

Maddison then helped set up Luca Williams-Barnett, 17, for the second.

Reds hit Jacq pot

JEREMY JACQUET showed he can become a Liverpool star at both ends of the pitch by scoring in a friendly against Como.

The £55million centre-back signing from Rennes, 21, suggested he could well be worth the fee in the way he launched into tackles during a 2-0 win.

He was also there to tap home Cody Gakpo's cross against opponents bossed by ex-Arsenal and Chelsea midfielder Cesc Fabregas.

The Reds saw off a host of rivals to capture Jacquet — considered to be one of Europe's top prospects in his position.

Ex-Barcelona skipper Ronald Araujo, 27, was also brought in to add experience at the back.

He played the entire second half at Anfield and kept a clean sheet.

Gers win lifts Mac

DEREK McINNES tasted victory for the first time as Rangers boss — and was rewarded with a quarter-final showdown with Celtic.

McInnes, who left Hearts in the summer, was under pressure after two defeats and two draws in his first four games at the helm.

But a 5-1 League Cup rout of holders St Mirren lifted Ibrox, where James Penrice struck on debut.

Ryan Naderi, Vanja Dragojevic, Djeidi Gassama and Ross McCausland also netted.

McInnes said: "We could have scored more."

Stenhousemuir shocked Motherwell with a 1-0 win at tiny Ochilview Park — and host Hearts next.

Calvin Miller's brace helped the Jambos thrash Inverness 6-2.

PREM PRE-SEASON ACTION

Oli sees eye to eye on Morgan

OLIVER GLASNER has been convinced Morgan Gibbs-White will not be sold by Nottingham Forest.

By GRAHAM HILL

Curiously, the Austrian boss suggested that was agreed with Forest chiefs by "looking each other in the eye".

Gibbs-White, 26, is the club's most valuable asset after they banked £116million by selling England midfielder Elliot Anderson to Manchester City last month.

Summer appointment Glasner has a history of falling out with his bosses over when to keep or sell star players.

Quizzed on MGW's future, Glasner said: "It was clear after selling Elliot Anderson that none of our starters will leave the club.

"That's a commitment from the ownership and no player has asked to leave. This was never a topic. We didn't have to talk about it.

"It was a non-verbal agreement. We looked each other in the eye because we want to be successful.

"If we want to strengthen the squad it makes no sense."

Despite winning the Conference League with Crystal Palace in May, Glasner walked out on the club having been annoyed by the sales of Eberechi Eze and Marc Guehi.

Palace would also have cashed in on Jean-Philippe Mateta had the striker not failed an AC Milan medical in January.

Glasner's faith could yet be tested before the transfer window shuts — but Forest kept Gibbs-White at the City Ground against the odds last summer. Tottenham triggered a £60m release clause but owner Evangelos Marinakis trumped that by handing him a new contract.

Glasner is in the market for new arrivals — with Chelsea's Liam Delap emerging as a target.

The manager said: "We have two or three additions in the pipeline.

"We need players who can score goals. I'm very pleased so far."

There is a gap to fill up front as popular striker Taiwo Awoniyi is joining Coventry for £17m.

Awoniyi, 29, was given a guard of honour and thrown into the air by team-mates at half-time of Forest's final pre-season friendly yesterday as he said farewell to a 15,000 crowd.

Glasner said: "He was probably one of the loveliest guys I've met — always friendly, always smiling.

"Everybody in the club likes him and I could see everybody in the stand likes him, too.

"He always gives 100 per cent for the team and for the bench and that's why he deserves such a farewell."

Chris Wood and Luca Netz scored in the first half as Forest eased past French side Brest 2-0.

SKY TAI . . . Forest farewell to Coventry-bound Awoniyi

FAN FAVOURITE . . . striker Awoniyi at the City Ground

NAME THAT TOON

Skipper Burn busy trying to remember new team-mates

DAN TO EARTH . . . Burn checks Strasbourg's Sekou Mara

DAN BURN admits his work is cut out just learning the names of all Newcastle's new players and staff.

By IAN MURTAGH

Boss Matthias Jaissle is overseeing a new-look squad — with an emphasis on youth — after Eddie Howe quit as gaffer at the end of last month.

Bosnia defender Amar Dedic, 23, is set to complete a £30million move from Benfica to strengthen the Toon back line.

That follows the signings of keepers Lukas Hornicek, 24, and Ewen Jaouen, midfielders Sean Steur and Aladji Bamba, plus winger Bazoumana Toure — all four of whom are 20 or under.

New skipper Burn admits the Magpies are undercooked as they head into next Sunday's season-opener with Liverpool at St James' Park — but insists they should still target Europe.

England defender Burn, 34, said: "There is new energy with the new staff and younger lads — there are a lot of names to learn.

"A lot of the lads don't have Premier League experience but that can be a good thing. We exceeded expectations for a couple of years.

"But last season was disappointing so we want to push on as much as possible and pushing for European places again."

With star players Bruno Guimaraes, Sandro Tonali and Anthony Gordon having left, many fans are bracing themselves for a challenging season

And Jaissle's reshaped squad failed to beat either Bayer Leverkusen or Strasbourg in friendlies over the weekend.

But after his first outing since returning from the World Cup, Burn urged supporters to "be positive" ahead of the new campaign.

He added: "We're a club that builds momentum that is positive — though it can be negative sometimes.

"We need to embrace this change so I'm hoping both externally and internally we can bring a bit of positivity going into the season.

"There are things we still have to learn - and learn quickly — with the philosophy the manager wants to play.

"We're not going to peak against Liverpool because we've not had as much training time as we would have liked. But I'm looking forward to it and think it's an exciting challenge."

Burn revealed he was shocked by Howe's decision to quit.

He added: "I was sad to see him go but change can be a good thing.

"It is exciting to see so many younger lads even though it makes me feel old."

The Magpies drew yesterday's friendly 1-1 with Strasbourg before losing 3-2 in the obligatory penalty shootout.

Jaissle's side had looked set for a morale-boosting victory when Will Osula fired them into a 38th-minute lead, tucking home Jacob Murphy's cross.

But a 67th-minute mistake by Jacob Ramsey threw the French side a lifeline.

The midfielder, the Toon's best player up to that point, was dispossessed inside his own box allowing Gessime Yassine to lash home the equaliser.

Ramsey's afternoon went from bad to worse in the shootout when he followed Osula in firing his effort off target.

Both Toure and Sean Neave converted but Newcastle's fate was sealed when Bamba's spot-kick struck the upright.

FOOTBALL: RESULTS, TABLES & FIXTURES

SKY BET CHAMPIONSHIP

BURNLEY (0)	2	WEST HAM (1)	2
Flemming 83 (pen), 90		Kilman 10 Solomon 72	
WATFORD (2)	2	SOUTHMPTN (0)	1
Bravo 12 Nabizada 29		Larin 56 Att: 19,542	
BOLTON (2)	2	PRESTON (0)	1
Dalby 14 Gale 25		Erabi 86 Att: 26,262	
BRISTOL C (0)	0	MILLWALL (1)	2
Att: 24,168		Coburn 41, 50	
CHARLTON (0)	2	DERBY (1)	1
Jones 61 Campbell 80		Szmodics 23 Att: 21,539	
MIDDLESBRO (0)	2	LINCOLN C (1)	1
Lankshear 62, 90		Reach 12 Att: 31,487	
NORWICH (0)	1	WEST BROM (0)	2
Kvistgaarden 90 Att: 26,374		Heggebo 75 Morgan 87	
PORTSMOUTH (1)	1	QPR (3)	3
Devlin 15 Att: 20,479		Chair 33, 45 Saito 40	
SHEFF UTD (0)	0	BIRMINGHAM (0)	0
		Att: 27,684	
STOKE (1)	1	SWANSEA (1)	2
Bocat 10		Opoku 23 Idah 66	
WOLVES (1)	2	BLACKBURN (1)	2
Munetsi 18 Jimenez 90 (pen)		McLoughlin 27 Gudjohnsen 48 Att: 30,984	

	P	W	D	L	F	A	Pts
QPR	1	1	0	0	3	1	3
Millwall	1	1	0	0	2	0	3
Swansea	1	1	0	0	2	1	3
West Brom	1	1	0	0	2	1	3
Bolton	1	1	0	0	2	1	3
Charlton	1	1	0	0	2	1	3
Middlesbro	1	1	0	0	2	1	3
Watford	1	1	0	0	2	1	3
Blackburn	1	0	1	0	2	2	1
West Ham	1	0	1	0	2	2	1
Burnley	1	0	1	0	2	2	1
Wolves	1	0	1	0	2	2	1
Birmingham	1	0	1	0	0	0	1
Sheff Utd	1	0	1	0	0	0	1
Cardiff	0	0	0	0	0	0	0
Wrexham	0	0	0	0	0	0	0
Derby	1	0	0	1	1	2	0
Lincoln City	1	0	0	1	1	2	0
Preston	1	0	0	1	1	2	0
Norwich	1	0	0	1	1	2	0
Stoke	1	0	0	1	1	2	0
Portsmouth	1	0	0	1	1	3	0
Bristol City	1	0	0	1	0	2	0
Southampton	1	0	0	1	1	2	-4

(Southampton deducted 4 points)

SKY BET LEAGUE ONE

BARNSLEY (0)	0	BROMLEY (0)	1
BLACKPOOL (0)	1	WYCOMBE (1)	1
BRADFORD (0)	2	PETERBORO (0)	0
BURTON ALB (0)	1	STEVENAGE (0)	1
CAMBRIDGE (2)	3	WIGAN (0)	2
HUDDRSFLD (2)	3	AFC WIMB'DN (0)	0
L ORIENT (1)	1	SHEFF WED (1)	2
MANSFIELD (1)	2	DONCASTER (0)	1
NOTTS CO (0)	1	LEICESTER (0)	1
OXFORD UTD (1)	2	MK DONS (2)	2
PLYMOUTH (0)	1	STOCKPORT (2)	3
READING (3)	3	LUTON (1)	4

	P	W	D	L	F	A	Pts
Huddersfield	1	1	0	0	3	0	3
Stockport Cty	1	1	0	0	3	1	3
Bradford	1	1	0	0	2	0	3
Luton	1	1	0	0	4	3	3
Cambridge	1	1	0	0	3	2	3
Sheff Wed	1	1	0	0	2	1	3
Mansfield	1	1	0	0	2	1	3
Bromley	1	1	0	0	1	0	3
MK Dons	1	0	1	0	2	2	1
Oxford Utd	1	0	1	0	2	2	1
Leicester	1	0	1	0	1	1	1
Stevenage	1	0	1	0	1	1	1
Wycombe	1	0	1	0	1	1	1
Blackpool	1	0	1	0	1	1	1
Burton Albion	1	0	1	0	1	1	1
Notts County	1	0	1	0	1	1	1
Reading	1	0	0	1	3	4	0
Wigan	1	0	0	1	2	3	0
Doncaster	1	0	0	1	1	2	0
Leyton Orient	1	0	0	1	1	2	0
Barnsley	1	0	0	1	0	1	0
Plymouth	1	0	0	1	1	3	0
Peterborough	1	0	0	1	0	2	0
AFC Wimbledn	1	0	0	1	0	3	0

SKY BET LEAGUE TWO

ACCRINGTON (2)	2	COLCHESTER (1)	2
BARNET (2)	3	SALFORD (0)	1
CHELTENHAM (1)	2	ROTHERHAM (0)	1
CHESTERFLD (0)	0	FLEETWOOD (1)	1
CRAWLEY TN (0)	0	CREWE (0)	1
GILLINGHAM (0)	0	WALSALL (0)	3
GRIMSBY (1)	1	EXETER (0)	0
NEWPORT (2)	3	ROCHDALE (0)	0
NORTHAMPTN (0)	0	SWINDON (0)	0
OLDHAM (0)	2	PORT VALE (0)	0
TRANMERE (1)	2	SHRWSBURY (0)	0
YORK (0)	3	BRISTOL R (1)	2

	P	W	D	L	F	A	Pts
Walsall	1	1	0	0	3	0	3
Newport Cty	1	1	0	0	3	0	3
Barnet	1	1	0	0	3	1	3
Oldham	1	1	0	0	2	0	3
Tranmere	1	1	0	0	2	0	3
York	1	1	0	0	3	2	3
Cheltenham	1	1	0	0	2	1	3
Crewe	1	1	0	0	1	0	3
Fleetwood	1	1	0	0	1	0	3
Grimsby	1	1	0	0	1	0	3
Colchester	1	0	1	0	2	2	1
Accrington	1	0	1	0	2	2	1
Northampton	1	0	1	0	0	0	1
Swindon	1	0	1	0	0	0	1
Bristol Rovers	1	0	0	1	2	3	0
Rotherham	1	0	0	1	1	2	0
Chesterfield	1	0	0	1	0	1	0
Crawley Town	1	0	0	1	0	1	0
Exeter	1	0	0	1	0	1	0
Salford City	1	0	0	1	1	3	0
Port Vale	1	0	0	1	0	2	0
Shrewsbury	1	0	0	1	0	2	0
Gillingham	1	0	0	1	0	3	0
Rochdale	1	0	0	1	0	3	0

FA COMMUNITY SHIELD

ARSENAL (2)	3	MAN CITY (0)	0
Calafiori 1 Havertz 28 Odegaard 48		Att: 58,056	

PREMIER SPORTS CUP 2ND ROUND

HEARTS (1)	6	INVERNESS (0)	2
Borchgrevink 16 Mato 59 Miller 82 (pen), 90 Wilson 84 Braga 90		Duncan 54 Bavidge 56 Att: 15,327	
HIBERNIAN (1)	1	PARTICK (0)	0
Elding 12		Att: 10,608	
RANGERS (2)	5	ST MIRREN (1)	1
Naderi 9 Dragojevic 18 Gassama 52 Penrice 54 McCausland 74		Mochrie 30 Att: 34,387	
STENHSMUIR (0)	1	MOTHERWELL (0)	0
O'Reilly 114		Att: 1,943 AET: Score after 90 mins 0-0.	
ABERDEEN (0)	3	DUNDEE (0)	0
DUNDEE UTD (0)	0	CELTIC (2)	4
DUNFERMLNE (0)	1	ROSS CNTY (0)	2
KILMARNCK (1)	3	AYR (1)	2

WILLIAM HILL LEAGUE ONE - Alloa 3 Montrose 0, East Kilbride 3 Cove Rangers 0, Hamilton 4 Airdrieonians 0, Peterhead 2 East Fife 1.

WILLIAM HILL LEAGUE TWO - Annan Athletic 1 Clyde 2, Dumbarton 0 Edinburgh City 3, Elgin 4 Kelty Hearts 1, Forfar 3 Stirling 0, Stranraer 1 Spartans 0.

ENTERPRISE NATIONAL - Aldershot 0 Hartlepool 1, Barrow 1 Hornchurch 2, FC Halifax 1 Boreham Wood 3, Gateshead 2 Woking 0, Kidderminster 1 Eastleigh 0, Solihull Moors 0 Boston Utd 2, Southend 1 Scunthorpe 0, Sutton Utd 1 Altrincham 0, Tamworth 1 AFC Fylde 2, Wealdstone 1 Harrogate Town 3, Worthing 1 Forest Green 2, Yeovil 1 Carlisle 1.

	P	W	D	L	F	A	Pts
Harrogate Tn	2	2	0	0	8	3	6
Hornchurch	2	2	0	0	5	1	6
Sutton Utd	2	2	0	0	4	0	6
Southend	2	2	0	0	4	1	6
Hartlepool	2	2	0	0	3	0	6
Forest Green	2	2	0	0	5	3	6
Boreham W	2	1	1	0	6	4	4
AFC Fylde	2	1	1	0	4	3	4
Gateshead	2	1	0	1	3	2	3
Boston Utd	2	1	0	1	2	1	3
Worthing	2	1	0	1	4	4	3
Eastleigh	2	1	0	1	2	2	3
Aldershot	2	1	0	1	1	1	3
Kidderminster	2	1	0	1	1	3	3
Yeovil	2	0	2	0	2	2	2
Tamworth	2	0	1	1	4	5	1
Carlisle	2	0	1	1	3	4	1
Scunthorpe	2	0	1	1	1	2	1
Wealdstone	2	0	1	1	3	5	1
FC Halifax	2	0	0	2	3	6	0
Altrincham	2	0	0	2	1	4	0
Barrow	2	0	0	2	1	4	0
Solihull Moors	2	0	0	2	2	7	0
Woking	2	0	0	2	0	5	0

ENTERPRISE NORTH - Bedford Town 2 Darlington 3, Brackley 1 Hebburn Town 1, Chester FC 2 King's Lynn Town 0, Harborough Town 1 Morecambe 0, Hednesford Town 3 Scarborough Athletic 4, Hereford FC 1 Marine 0, Macclesfield FC 2 Radcliffe 1, South Shields 2 Chorley 1, Southport 1 Buxton 1, Spalding Utd 0 Oxford City 1, Spennymoor Town 2 Merthyr Town 1, Worksop Town 2 AFC Telford 1.

	P	W	D	L	F	A	Pts
Chester	2	2	0	0	4	1	6
Worksop	2	2	0	0	4	2	6
Macclesfield	2	2	0	0	3	1	6
South Shields	2	2	0	0	3	1	6
Oxford City	2	2	0	0	2	0	6
Hebburn	2	1	1	0	4	2	4
Brackley	2	1	1	0	3	2	4
Buxton	2	1	1	0	3	2	4
Spennymoor	2	1	1	0	3	2	4
Harborough	2	1	1	0	2	1	4
Merthyr Town	2	1	0	1	3	2	3
Spalding Utd	2	1	0	1	2	1	3
Darlington	2	1	0	1	4	4	3
Scarborough	2	1	0	1	4	4	3
Hereford FC	2	1	0	1	2	2	3
Morecambe	2	0	1	1	1	2	1
Southport	2	0	1	1	2	4	1
King's Lynn	2	0	1	1	1	3	1
AFC Telford	2	0	0	2	2	4	0
Bedford Town	2	0	0	2	2	4	0
Chorley	2	0	0	2	2	4	0
Marine	2	0	0	2	0	2	0
Hednesford	2	0	0	2	3	6	0
Radcliffe	2	0	0	2	1	4	0

ENTERPRISE SOUTH - AFC Totton 1 Billericay 0, Braintree Town 3 Chesham Utd 2, Chelmsford 0 Truro City 0, Dover 5 Slough 3, Ebbsfleet United P Folkestone Invicta P (Postponed - new date to be confirmed), Farnborough 0 Hemel Hempstead 2, Horsham 0 Salisbury FC 0, Maidenhead Utd 0 Dorking Wanderers 0, Tonbridge Angels 1 Torquay 2, Walton & Hersham 0 Maidstone Utd 3, Weston-S-Mare 3 Hampton & Richmond 0.

	P	W	D	L	F	A	Pts
Weston-S-M	2	2	0	0	6	0	6
Dag & Red	2	2	0	0	3	1	6
AFC Totton	2	2	0	0	2	0	6
Salisbury FC	2	1	1	0	5	0	4
Hemel Hemp	2	1	1	0	3	1	4
Truro City	2	1	1	0	2	0	4
Torquay	2	1	1	0	3	2	4
Folkestone	1	1	0	0	5	1	3
Tonbridge	2	1	0	1	5	2	3
Maidstone Utd	2	1	0	1	4	2	3
Billericay	2	1	0	1	2	1	3
Dover	2	1	0	1	5	5	3
Farnborough	2	1	0	1	2	3	3
Braintree Tn	2	1	0	1	3	6	3
Chelmsford	2	0	2	0	1	1	2
Horsham	2	0	2	0	1	1	2
Dorking	2	0	1	1	0	1	1
Maidenhead	2	0	1	1	0	2	1
Ebbsfleet	0	0	0	0	0	0	0
Slough	1	0	0	1	3	5	0
Farnham Tn	2	0	0	2	1	3	0
Chesham Utd	2	0	0	2	2	6	0
Walton & Hers	2	0	0	2	1	8	0
Hampton & R	2	0	0	2	0	8	0

CHAMPIONSHIP ALL

A FLEMM THROWER

Zian blitz Burns off Irons lead

By JUSTIN ALLEN

ZIAN FLEMMING'S two late goals salvaged a point for Burnley in the battle of the relegated clubs.

West Ham dominated the first half and got going when Max Kilman headed home a Jarrod Bowen corner after ten minutes.

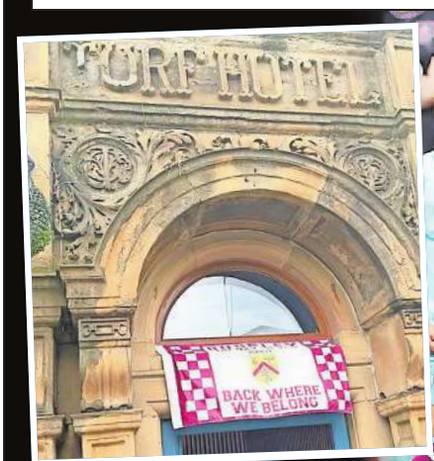
And when new signing from Tottenham Manor Solomon struck 18 minutes before the end, it looked like the Hammers were going to head back to East London with all three points.

But that 2-0 scoreline heavily flattered them.

And Burnley were given a lifeline when Ollie Scarles recklessly took down Marcus Edwards inside the box when there was absolutely no need to challenge him.

Ref Josh Smith pointed to the spot and Flemming kept his cool to send keeper Mads Hermansen the wrong way with six minutes to go at Turf Moor.

You could just sense that the



BURNED AT THE END . . . Flemming fires home to make it 2-2 at the death

BURNLEY punters at The Turf near the stadium appear to have accepted their Premier League exit in good spirits.

Prior to the Clarets' Championship opener with fellow relegated club West Ham, a flag flew above the entrance which read: "Burnley, No Nay Never . . . Back where we belong!"

No fake Tann

OLL CAN COPE WITH DRAGONS HEAT

THICK SKIN . . . Tanner has no fear of the Wrexham fans

EXCLUSIVE by JUSTIN ALLEN

A FIERY Welsh derby with Wrexham will not faze Ollie Tanner tonight.

The fearless Cardiff winger already survived sickening abuse from Spurs fans as a youngster.

The die-hard Arsenal supporter snubbed Tottenham and suffered online death threats.

Rebuilding his career in non-league before joining Cardiff gave the 24-year-old a thick skin no hostile crowd can pierce.

At non-league Lewes, Tanner made headlines when Tottenham launched a £100,000 bid after a successful trial.

But he rejected Spurs because it meant Under-21s football rather than senior matches.

The winger said: "I wanted to go to a team where I'd be in the first team, not the Under-21s.

"I decided to turn it down and wait for the right opportunity. I was confident the right thing would come along."

Cardiff v Wrexham

8pm, sky sports football & talkSPORT

Snubbing Spurs triggered a wave of toxic abuse on social media.

Shocking death threats followed – but provided the mental toughness needed to survive any footballing cauldron.

He said: "It put me in good stead for the future. At the time it wasn't nice, but that's social media.

"People forget footballers are just humans. We're not robots."

Six months later, Cardiff snapped him up to vindicate his gamble.

Before his non-league rise, Tanner spent five years in Arsenal's academy with Bukayo Saka and Wrexham keeper Arthur Okonkwo.

He revealed: "I was playing with some of the best young players in the country. It was clear Saka was going places.

"I played with Okonkwo as well, who is at Wrexham now. It'll be good to catch up with him after the game – but there will be no friendship on the pitch!"

Being released by his boyhood club forced Tanner to rebuild in non-league with Bromley, Folkestone Invicta and Lewes.

Those gruelling experiences gave him a dose of perspective.

He said: "In non-league, you see real situations. If people don't play or win a game, they don't get paid.

"It's do-or-die – but those experiences kept me grounded.

"It's made me the person and player I am today."

Cardiff want to hit the ground running back in the Championship tonight after last season's promotion from League One.

Tanner insisted: "There's no opposition we can't beat. We want to keep getting better."

THE LIVE ACTION

Burnley.....2
West Ham.....2

Clarets were going to score again. West Ham failed to deal with another cross into their box and Flemming fired home in a last-gasp goalmouth melee.

West Ham lost a staggering 20 points last season in the Premier League from winning positions – and they have already lost two in the Championship after just one game.

Irons chief Nuno Espirito Santo admitted the collapse is a massive worry.

He said: "Disappointing. We did a very good first half and created a lot of situations.

"But after we scored the second goal, we should have done better to keep the result.

"Dropping points from winning positions is one of the problems. When you're two minutes away, you cannot throw it away."

Nuno also admitted his defence was overwhelmed by Burnley's aerial power, adding: "They are a football team that tries to exploit their strengths.

"Flemming is a top striker, so you have to react. We had problems defending crosses."

Flemming was a constant thorn in West Ham's side all afternoon.

Before the 6ft 1in Dutchman's late double, he flicked a volley wide early on, headed straight at Hermansen, smacked the post and saw Scarles clear another header off the line as Nuno's team struggled to handle an avalanche of box deliveries.

The Irons had a bit of a feelgood factor going into the new season with more than 50,000 season tickets sold and captain Bowen pledging to stay.

Despite selling two other crown jewels, Mateus Fernandes and Crysencio Summerville for £140million, they still have the core of a good squad.

West Ham's record-breaking £22m Championship signing Arne Engels from Celtic was unable to feature as he was signed after the deadline.

But Nuno said: "I know him for quite a while. He will help us in the middle of the park."

Meanwhile, Mexico captain Edson Alvarez was not even in the matchday squad, casting doubt on his future.

El Hadji Malick Diouf started on the bench with Brentford plotting a club-record £50million bid for the Senegal left-back – although he did come on for the last few minutes. Brazilian forward Pablo was brought off at the break for James Ward-Prowse, with Nuno revealing: "He felt a calf, so let's see how he is."

Delighted Clarets boss Nicky Hayen was celebrating his 46th birthday by taking charge of his first Championship game.

And he said: "We showed a lot of courage right from the start and tried to press high.

"Even if we go 2-0 down, we do everything to get a result. I felt the adrenalin on the touchline and it exploded at the end.

"The way we play suits Zian and gives him real strength."

The Belgian coach just hopes that the watching Everton boss David Moyes is not going to be picking up the phone to pinch his prized asset.

Hayen added: "It doesn't help he scored twice today but I know it's a difficult transfer window with Premier League interest in our players.

"But if players leave, new ones will come in."

MATCH STATS

BURNLEY		WEST HAM
17	SHOTS	11
5	SHOTS ON TARGET	2
46%	POSSESSION	54%
396	PASSES	462
330	COMPLETED PASSES	400
32	TOUCHES IN OPP BOX	24
5	CORNERS	6
12	FOULS CONCEDED	9
1/0	YELLOW/RED CARDS	4/0

DUTCH COURAGE . . . Flemming strikes a pose

SPIES AND LOWS

Top secret agents shoot down Saints

By GARETH DAVIES

WATFORD unleashed two secret weapons to shoot down Spygate villains Southampton.

MI5 and MI6 combined could not have told you much about Iker Bravo, 21, and Amin Nabizada, 19.

The Saints, thrown out of last season's play-offs and docked four points over illicit spying missions, clearly did not do their homework on the young Hornets hitmen.

Bravo fired them ahead with a dazzling solo effort before Nabizada doubled their first-half lead after cutting in and firing home from a narrow angle.

Cyle Larin pulled one back for Saints 11 minutes after the break.

Watford showed a huge dose of grit to hang on to their first home win since March 17. New boss Alessio Dionisi said: "In the first half I saw only one team with a lot of positive moments. But in the second half it was not easy.

"I liked our mentality. It is important to improve and grow together."

Taylor Harwood-Bellis blew a 94th-minute chance to salvage a point for Saints as he missed a sitter.

Boss Tonda Eckert said: "Two errors in possession cost us against a very good transition team.

"We kept pushing and I think we deserved more in the end."

Eckert faces an FA disciplinary panel over Spygate.

But he said: "Once you step on to the grass all of that disappears."

Watford.....2
Southampton.....1

GRAPPLING . . . Saints' Flynn Downes and Othmane Maamma of Watford

JUSTIN Allen

IN A LEAGUE OF HIS OWN

WHO ate all the pies — or, in the hospitality boxes at Wolves on Friday, who didn't?

The club put on some lovely nosh for the Blackburn clash. Yet I was aghast to see trays of uneaten pies at Molineux. One of the guilty parties was a box belonging to Raul Jimenez.

What the Eck, FA?

FA BIGWIGS need to stop faffing about and bring an end to the Tonda Eckert Spygate saga.

It has been almost **THREE MONTHS** since the EFL threw Southampton out of the play-off final against Hull – giving Middlesbrough a reprieve – while slapping them with a four-point deduction this term.

Yet the new campaign kicked off with Saints boss Eckert *(below)* still awaiting the outcome of an additional FA probe.

And the German, 33, could face a touchline ban of six months.

Eckert responded to the new charge of bringing the game into disrepute weeks ago.

So why on earth are the FA still dragging this process out?

The EFL disciplinary commission took just 11 days from charging Southampton for snooping on Boro's training to meting out the unprecedented punishment.

You have to wonder why then it took two months for the FA to even decide to throw the book at Eckert in the first place?

Surely once Saints were expelled from the play-offs, the suits at Wembley should have charged him within days if they felt there was a case to answer.

Call me cynical, but is it because some of them were on a jolly at the World Cup with England instead?

What Eckert and Southampton did was wrong. It goes against integrity and fair play.

But I'm afraid that word left football a long time ago.

There is reasonable mitigation to what Eckert did.

When Will Still was appointed Saints gaffer last summer, he was given a full, official breakdown of EFL and FA regulations.

But when Eckert was promoted from his role as Under-21s coach following Still's sacking in November, nobody at the governing body, or club, sat him down to explain the finer points of EFL rules – an admin howler.

The incident didn't start as some elaborate military operation. It began with the analysis team idly discussing if opponent Hayden Hackney was fit to play.

When someone pointed out Boro's training ground was right next to a public golf course, a decision was made to send young intern Will Salt over to have a look.

Having spent years in Germany and Italy, where observing an opponent's open-air sessions is standard practice, Eckert claims he did not realise the EFL had unique restrictions.

I accept that. There's not another league in European football that has such a rule.

EFL bigwigs only wrote it into their rules when Leeds were caught snooping on Derby in 2019.

The FA did not charge Leeds, or boss Marcelo Bielsa, after the EFL hit the club with a fine for breaking "good faith" regulations. Yes, the League rules changed but the FA's didn't.

So what makes this case different? Eckert has been found guilty of spying on three clubs – Middlesbrough, Ipswich and Oxford – as opposed to Bielsa admitting he spied on **EVERY** opponent!

Then there is putting things into perspective.

Chelsea admitted 74 breaches of FA agents rules – and were only slapped recently with a £10million fine. Not a single point was docked and no bans.

The punishment of stopping what could have gone on to be promotion to the top-flight was massive.

It is time to move on and let a young coach get on with his career.

PREM

ARGIE'S SYSTEM PROBLEMS

By **DAN KING**

ENZO FERNANDEZ can be forgiven for no longer feeling welcome at Chelsea.

And not just because some Blues fans booed him on his return to Stamford Bridge in a 3-1 friendly win over Real Sociedad.

Despite his all-round quality and competitive nature, it is hard to see how Fernandez fits into new manager Xabi Alonso's system.

The attacking qualities which make the Argentinian world class are not what Alonso needs from his central midfielders.

They **ARE** just what ex-Blues boss Enzo Maresca needs to add to his Manchester City squad with Tijjani Reijnders on his way out.

Friday's 5pm deadline for City or anyone else to seal a £120million deal for Fernandez never felt like the end of the story. Saturday's events strengthened that feeling.

Although many Blues fans sang in support of Fernandez, boos for most of his touches created an uncomfortable atmosphere.

Much of the hostility stems from his role in Argentina's World Cup semi-final win over England – and the way he celebrated *(bottom)*.

Fernandez and his camp have also long made it clear he wants out – preferably to City after Real Madrid's interest faded.

He watched the first hour against Sociedad as Alonso again adopted the 3-4-2-1 shape he favoured at Bayer Leverkusen, in Chelsea's last pre-season game before their Prem opener at Fulham next Monday.

Wing-backs Pedro Neto and Marco Palestra were encouraged to play high and wide. Cole Palmer and Morgan Rogers were tucked inside as No10s behind Joao Pedro.

Reece James and Moises Caicedo were a double midfield pivot in what became a 3-2-5 when in possession with a brief to sniff out danger and link defence to attack.

Not to make the forward thrusts which make Fernandez so effective.

The Argie did absolutely fine after replacing James for the final 28 minutes in a role he has filled for a succession of Blues bosses. But Alonso has a wealth of deep-lying midfielders, including Romeo Lavia, Dario Essugo, Jordan Henderson and Valentin Barco.

Palmer, Rogers and Estevao would be ahead of him in the more advanced roles when fit.

Rogers marked his debut with an early poacher's goal and his movement was impressive throughout.

Fernandez is among a number of Chelsea players whose futures are up in the air entering the final fortnight of the summer window.

Pedro *(left)* was the only one of Alonso's **SIX** centre-forwards involved against Sociedad.

The Brazilian continued his fine form with a header from James' cross and a cool finish from Malo Gusto's through ball.

New signing Danny Welbeck will stay but Liam Delap, Nicolas Jackson, Emmanuel Emegha and Marc Guiu cannot say the same. Poor Guiu did not even make a 33-strong squad list on the back of the matchday programme.

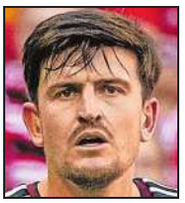
Tosin Adarabioyo was included. But his No4 shirt has passed to Barco, with Marseille and Benfica among the clubs interested.

Saudi side Al-Hilal are in for Neto and Chelsea would not turn down £50m despite his fine adaptation to wing-back.

Alonso will want his squad numbers trimmed for a campaign without European football.

Fernandez's skillset would be more valued elsewhere and having fans jeering a senior player is an unwelcome distraction for Alonso.

So watch this space.



MAGUIRE . . . support

PLEA

From Back Page

going to stay with us and the transfer window is still open, he's a big asset.

"I've played with Marcus for numerous years and I know from playing against him and playing with him in training that he is going to help us.

"He can improve us. You see when he comes on, he threatens the backline really well."

Rashford had not played for United since December 2024 when former boss Ruben Amorim banished him from the squad, before loans to Aston Villa and Barcelona.

There has been loose interest from other clubs, including some of United's Prem rivals, but nothing concrete has materialised.

Rashford would prefer not to move to Turkey, where Fenerbahce are interested, or Saudi Arabia, because he still wants to play at the top level.

United officials insist the No 9 shirt Rashford wore in Poland against Milan was not necessarily his new squad number.

The No 14 has been suggested as a possibility — he wore that last season on loan at Barca as they won LaLiga.

Rashford has two years left on his huge contract.

His return coincided with what Maguire accepted was United's "worst" pre-season performance, a week before their Prem opener at Hull.

Rashford and Kobbie Mainoo, who both fell out with Amorim, were on the other side of the pitch acknowledging fans when the Portuguese hugged some of his old players.

Maguire said: "It was great to see Ruben, I got on really well with him.

"I have nothing bad to say about him. It just didn't work out at United."

A big Cris goodbye

CRISTIANO RONALDO may have finally reached the end of the road in his long and storied career.

The 41-year-old has one year left on his contract with Saudi Arabian club Al-Nassr.

Ronaldo has lifted the Champions League five times and is also a five-time Ballon d'Or winner. He is 24 short of 1,000 career goals.

The Portugal striker told Vogue: "This is probably my last year of football, I want to leave a spectacular legacy.

"I have my future all mapped out. I have many things to keep me busy, to tell you just one is hard.

"Have fun, travel more, play padel and continue to enjoy what I've earned.

"Because after all it's been 25 years with a lot of sacrifice."

PREM

MAN UTD ON TOUR

YOU SHAW?

Lethargic Luke shows Carrick needs new left-back

LEFT BEHIND . . . United star Shaw (right) is given a torrid time by Milan's Chukwueze as Amorim (inset) enjoys beating his former team

LUKE SHAW'S shaky display against AC Milan showed that Michael Carrick cannot afford to gamble with Manchester United's left-back crisis.

The Red Devils' grim performance in the friendly against the Italians was a brutal reminder of the glaring issues that need fixing over the next fortnight.

Especially if United are serious about turning boss Carrick's big talk of doing "something special" into reality.

Former gaffer Ruben Amorim famously spoke about the club needing to "suffer" before the glory days returned.

And his Milan side certainly made United suffer in Wroclaw. Despite going in front twice — through Harry Maguire after just two minutes and Patrick Dorgu — they were well beaten 4-2.

That pain is spilling into the transfer market, where the Red Devils are miles off their rivals in summer spending. It will inevitably have consequences this season.

United are the only so-called traditional Premier League 'Big Six' club never to have spent £100million on a single player.

This summer Chelsea have splashed £117m on Morgan Rogers, City handed £116m over for Elliot Anderson and Tottenham spent a combined £185m on Sandro Tonali and Mateus Fernandes.

Much was made of United bolstering their midfield this summer but now it is apparent how desperate they are for a new left-back.

Amorim's Milan, using the 3-4-2-1 system that proved a woeful fit at Old Trafford, blew

From KATHERINE WALSH in Wroclaw

United away in the second half. Samuel Chukwueze — who spent last term on loan at Fulham — found joy at right wing-back, scoring one and then setting up goals for Alphadjo Cisse and Goncalo Ramos with two identical crosses from Shaw's side.

On each occasion, Shaw shuffled across too slowly. While Amorim's formation naturally leaves defenders vulnerable on the flanks, the lapse highlights why United are actively considering fresh investment in that position.

Ruben Loftus-Cheek nabbed Milan's fourth in Poland.

Carrick *(left)* revealed he "needs" more players before the September 1 deadline when speaking to journalists in Dublin.

At 31 and entering his final year at Old Trafford, 2014 signing Shaw cannot carry the load alone given his injury history.

He was excellent last season, starting all 38 Prem matches, but that was a one-game-per-week schedule and United are back in the Champions League this term.

That is why United have looked at Newcastle's Lewis Hall, Myles Lewis-Skelly, 19, at Arsenal and others.

Hall is the ultimate target, but United had two initial enquiries rejected by Toon bosses.

Unless the 21-year-old forces an exit and the Old Trafford hierarchy slap down a mega-money offer, any deal is highly unlikely.

With left-back Harry Amass, 19, set to leave this summer, United lack strength in depth.

Shaw played the entire 90 minutes against Milan, his first full game of pre-season, and the heat played a part in a low-energy second half from United. Relying exclusively on Shaw — solid but not as pacy as he used to be — presents a massive risk.

United tried to solve their full-back issue when Dorgu joined as Amorim's first signing — the former Lecce star was designed to fit the Portuguese's system as a wing-back.

Dorgu has been used as a left-winger by Carrick, with Marcus Rashford also back in the team for now. As the club's highest earner, Rashford is a factor in why United's transfer business has stalled since Youri Tielemans' £35m arrival from Aston Villa.

Ironically, finishing 15th afforded Amorim greater spending power than Carrick enjoys for guiding United to third.

Amorim was backed last summer to try to get United into the Champions League through the signings of Matheus Cunha, Bryan Mbeumo and Benjamin Sesko for £207.5m.

So far, under Carrick, United have committed £85m — Tielemans and the £50m addition from Chelsea, Andrey Santos — even though they are back in Europe's elite competition.

United's engine room lacks an engine. Kobbie Mainoo's return is a relief but they still need a runner to cover ground and mask Tielemans' lack of athleticism.

Noticing familiar United reporters, Amorim could not resist a nod to his volatile media moments. He grinned: "Did you miss me?" We miss your press conferences," came the reply. "More boring now," Amorim laughed.

A punchline that applies just as neatly to United's subdued transfer window.

Seb's Scot it

SEBASTIAN POCOGNOLI has been confirmed as new Scotland boss.

The Belgian *(right)*, 39, takes over from Steve Clarke, who quit after a World Cup group-stage exit.

Ex-West Brom defender Pocognoli — with Kevin Mirallas as his No 2 — is the Scots' first foreign gaffer since Berti Vogts (2002-04).

Keeper a 'Ki signing

By JON WEST

ZION SUZUKI is joining Aston Villa from Parma to become their No1 goalkeeper — despite Juventus pulling out of a deal to sign Emi Martinez.

Italian giants Juve tabled an £8.6million bid for keeper Martinez, 33, that includes £2.5m in add-ons.

A finger injury suffered just before Villa's Europa League final victory last season complicated the deal.

The Argentina star may require surgery.

Japan World Cup keeper Suzuki is on the verge of completing a £30m switch.

The 23-year-old *(left)* was close to joining Paris Saint-Germain but the deal collapsed amid claims his agents demanded bumped-up commission fees at the last minute.

In a Villa Park overhaul, a £21.3m deal for Atletico Madrid left-back Matteo Ruggeri, 24, is close. West Ham right-back Aaron Wan-Bissaka could follow for a similar fee.

NEWS TICKER

CHAMPIONS LEAGUE holders Paris Saint-Germain have boosted their attack by signing Mika Godts from Ajax in a £47million deal.

The Belgian winger, 21, scored 17 goals and had 15 assists for the Dutch club last season.

COVENTRY agreed a £20.5million deal for Fenerbahce teenager Sidiki Cherif.

The Guinea forward, 19, only joined the Turkish giants permanently last month.

Fener paid £15.4m after Cherif impressed last term in a loan spell from French side Angers.

FORMER Arsenal and England right-back Carl Jenkinson has retired from football.

The two-time FA Cup winner, 35, was released by Bromley after they were crowned League Two champions last season.

Irons' Piroe-ette

WEST HAM turned to Leeds spare-part striker Joel Piroe after failing to land Troy Parrott.

Republic of Ireland striker Parrott, 24, was keen to join from Dutch outfit AZ.

But AZ's reluctance to sell saw the Hammers switch to Piroe, 27, who failed to score in 16 Premier League matches last term.

Irons were close to Leeds' initial £16million valuation – which suddenly went up to £20m.

Now a loan deal with an option to buy – should West Ham go straight back up to the Prem – is being finalised instead.

COMMUNITY SHIELD

GOING THE

MLS display shows why he must stay

MYLES TOO GOOD TO SELL

ARSENAL want to make some sales before the transfer window shuts – but surely they cannot let Myles Lewis-Skelly go?

The 19-year-old midfielder is attracting interest from Chelsea and Manchester United.

And given that he would go down as pure profit on Arsenal's accounts, you can understand why the Premchampions may be tempted to cash in.

But MLS showed in this resounding win why the Gunners could regret letting him go.

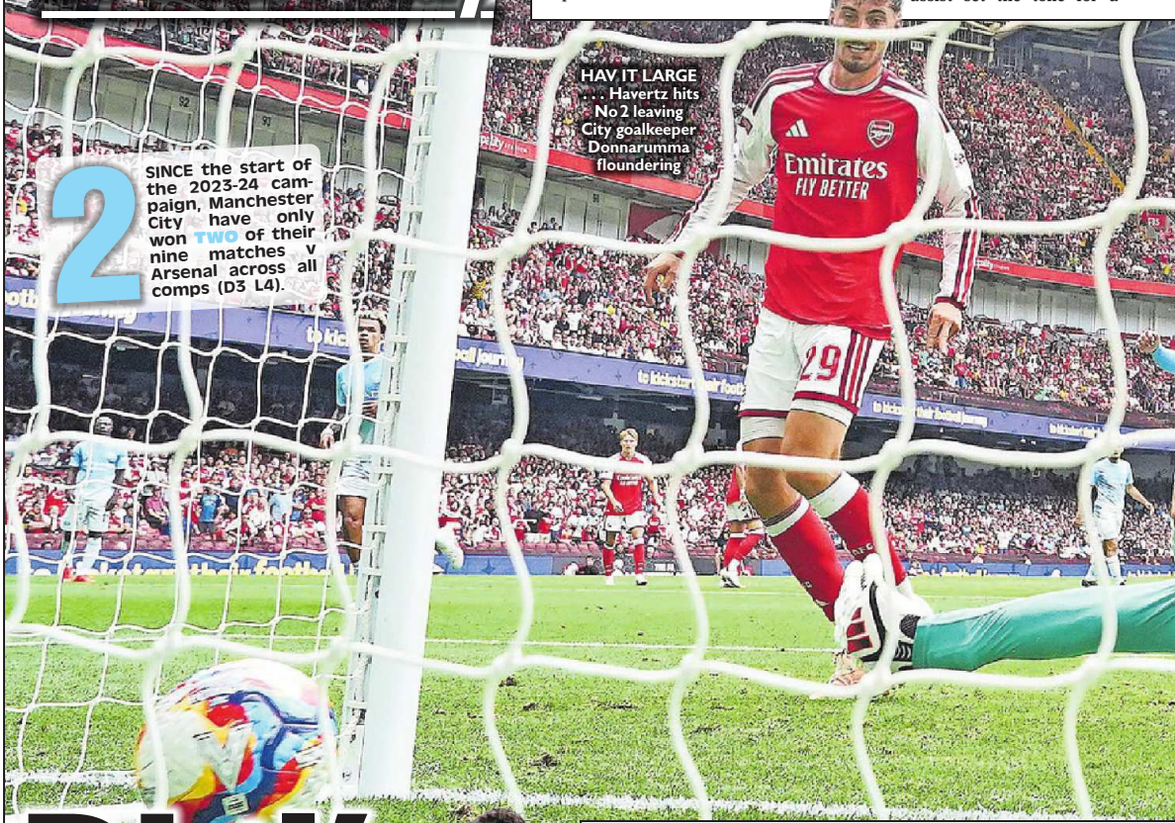
It took less than a minute for him to make his point, setting up Riccardo Calafiori for the opening goal against Manchester City with a lovely disguised pass.

Mikel Arteta's side are so often criticised for being too passive in possession, and MLS is someone who can stop that.

Few are as positive on the ball and that early assist set the tone for a

senal

CHAMPIONS Arsenal made the perfect start to the new season by dismantling Manchester City 3-0. SIMON COLLINGS lists three positives for boss Mikel Arteta . . .



HAV IT LARGE . . . Havertz hits No 2 leaving City goalkeeper Donnarumma floundering

2 SINCE the start of the 2023-24 campaign, Manchester City have only won TWO of their nine matches v Arsenal across all comps (D3 L4).

Phil's fadin'

ACE HAS STALLED

MAN IN A MUDDLE . . . Foden struggled

FO BLOWS HOT AND COLD

IT feels like Phil Foden's career has come to something of a crossroads.

Since he was named the Premier League's best player in 2024 – and won a **SIXTH** title medal – the home-grown hero has stalled.

Last season was better than the previous one, but it still wasn't enough to get him into Thomas Tuchel's England World Cup squad – which was almost unthinkable a couple of years ago.

He did some fitness work over the summer, signed a lucrative new deal and was one of the first to report back for pre-season training at the Etihad.

So this would have been a good day to make a statement to rivals, and even to his team-mates, who will need time to get up to speed.

He was also given a chance to play in the No10 role just behind Erling Haaland, which is where he has wanted to be for much of his career.

Foden seemed half asleep as the Gunners took the lead almost straight from kick off.

He forced a smart save out of David Raya as his team chased an equaliser but his new manager would have expected more.

He was subbed on the hour with the score 3-0 and the game already gone.

Now he will be sweating on his place for the Prem opener against Bournemouth.

THIS was not the start Enzo Maresca was hoping for as new Manchester City manager. MARTIN BLACKBURN identifies three problems for the Italian boss . . .

VERDICT FROM CARDIFF

EXTRA MYLE

commanding display in the middle of the park.

He completed 30 of his 32 passes before coming off with 15 minutes of the game to go.

The travelling Arsenal fans gave the Hale End academy graduate *(right)* a great reception when he did leave the field.

They have made it clear they want the midfielder to stay put.

CHANGING OF THE GAARD

OFF the back of a season that was derailed by injuries, this was the perfect way for Gunners skipper Martin Odegaard to start the new campaign.

The Norwegian looked sharp in the No10 role, capping a fine performance by scoring their third goal. It was a classy finish from Odegaard, who sat down City keeper Gianluigi Donnarumma with a deft dummy before slotting the ball home.

The 27-year-old never really got going last term as knee and shoulder injuries disrupted him.

But a good showing at this summer's World Cup appears to have rejuvenated him and he finally looks back to full fitness.

There is no question that Odegaard can be one of the Prem's best playmakers on his day.

And the way he combined with debutant Bruno Guimaraes in the heart of midfield bodes well for the future. There is a long way to go, but this was at least a promising sign that Arsenal's captain could be about to re-discover his best form.

TZOL SEARCHING

ARSENAL fans still pining for Vinicius Junior will have taken heart from the performance of Christos Tzolis.

The Gunners remain in the market for a left winger after missing out on Real Madrid's Brazilian star.

But in the interim, Tzolis looks ready to step up and in Cardiff showed why the Gunners paid £34million to sign him from Club Brugge this summer. The Greek marked his debut in style by claiming two assists.

He registered 23 in the Belgian Pro League last season.

Arsenal's left flank lacked output last term and Gabriel Martinelli scored one goal in 30 Prem appearances.

It felt telling that both he and Ethan Nwaneri, 19, were not in the squad.

Brazilian Martinelli, 25, has turned down a move to Galatasaray but Napoli are now being linked.

AC Milan, Borussia Dortmund, Fulham and RB Leipzig are all keen on England Under-21s' Nwaneri, who may go on loan.

FLAIR IN THE COMMUNITY . . . Odegaard sits down Donnarumma for the third

HOT ROD'S A BIG MISS

THERE was no sign of Barcelona-bound Rodri with the City squad in Cardiff.

Needless to say the Spain World Cup winner was badly missed against the Gunners – but Maresca's men will have to get used to it now he is set to leave.

Rodri has been so important on and off the pitch in recent years at the Etihad.

During long spells on the sidelines he has generally been a key presence in the dressing room – taking his captaincy committee role seriously.

He even travelled to some Champions League away games with the rest of the squad, when it fitted in with his rehab.

To be fair, he would not have played here anyway having undergone back surgery soon after lifting the World Cup last month.

But a return to his homeland with Barcelona is what he has been angling for since lifting the World Cup and it has finally come to pass.

The former Ballon d'Or winner's seven-year stay in the Prem is coming to an end – after the Catalan giants agreed to cough up around £65million.

So the new manager will have to find a way to cope without him.

Good luck, Enzo.

ERL'S A REAL WINNER

ERLING HAALAND returned from the World Cup as one of the game's biggest superstars – if he wasn't already.

The forward, 26, had an incredible tournament in leading Norway to the quarter-finals and the USA has fallen in love with him.

So the team around him will want to make sure he is at the right club to maximise that in the future. Of course he signed a **TEN-YEAR** Etihad deal in early 2025 and his affection for the club he supported as a boy is well known.

But this is going to be a period of transition for City, following Pep Guardiola's departure, and so many of the players who won the Treble with Haaland only three years ago.

Despite picking up the Golden Boot in May he admitted he was frustrated to miss out on another Prem medal for the second year in a row.

He will want to be sure that the club's ambitions match his own going into what should be his peak years.

And if they don't, you can be sure Real Madrid and the other giants of European football will be watching closely.

BLUE MOOD . . . Erling Haaland suffers in Cardiff

MARESCA . . . defeat

ROD

From Back Page

ace. Yet they will look for a direct replacement for Rodri, who has spent the last seven years at the club and scored the winner in the Champions League final in 2023.

Record £116m signing Elliot Anderson is the only new face likely to feature regularly for the first team and Maresca admits there is still work to be done on the squad.

He said: "With any new signing, the sooner they arrive the better because we are starting the Premier League in one week.

"If they start to work with us as soon as possible, it's better that they can also understand the way we want to play.

"We knew before the game of the things that we need to do. It's not because we lost the game or even if we had won the game to think differently.

"We are clear in what we need to do and we are going to do something before the window closes."

There was no sign of Rodri in South Wales and his absence sparked speculation a deal was close.

City's boss said: "Rodri has just won the World Cup and Ballon d'Or. He's a top player, all teams need him so it's not about if we miss him or not.

"The ones that played today . . . Elliot was quite good on his first game."

There was a first City appearance in 15 months for Jack Grealish, who came on as a sub in the Community Shield.

He is still expected to leave this month but Maresca said: "I think Jack was good."

After ten years under Pep Guardiola, skipper Ruben Dias said: "There's a lot of work to put in. It is part of any transition."

PREM COUNTDOWN

4 DAYS TO GO

FOREST became the first team in Premier League history to have FOUR different permanent bosses in a season last term — starting with Nuno Espirito Santo (3 PL games, Aug-Sep), Ange Postecoglou (5 PL games, Sep-Oct), Sean Dyche (18 PL games, Oct-Feb) and Vitor Pereira *(left)* (12 PL games, Feb-May).

COMMUNITY SHIELD

ARSENAL

CALAFIORI 1; HAVERTZ 28; ODEGAARD 48

SLIDE AWAY . . . marauding Gunners full-back Calafiori expertly sidefoots home the opener

By CHARLIE WYETT

MIKEL ARTETA and his Arsenal team sent the nation to sleep on their way to winning the Premier League title last season.

Yet if the champions keep playing like they did here at the Millennium Stadium, the club will not only defend their crown with ease, but will do it in style – and will have to start getting some serious credit.

Riccardo Calafiori got the Gunners off to a stormer with a goal after just **23 SECONDS**, Kai Havertz headed the second and the match was over when skipper Martin Odegaard scored a goal of pure beauty early in the second half.

Some will have been wondering whether Arteta's men would have 'difficult second album' syndrome and struggle in their title defence.

But the evidence here was that they will be very difficult to knock off the No1 spot.

While Arsenal were impressive, you have to take into account that Manchester City were not top of the Peps.

New boss Enzo Maresca has a proper job on his hands post-Pep Guardiola. There is no doubt about that, as his side were abysmal.

With Barcelona-bound skipper Rodri absent, this was also a chilling indicator of how City could struggle with the loss of their midfield general along with their legendary manager.

Elliot Anderson was anonymous in the centre of the park and, for £116million, City will demand much more than this.

Phil Foden, who faces a key season at City, was poor before being put out of his misery on the hour. And Norwegian superstar Erling Haaland was not any better.

While the Community Shield is a famously bad indicator for what can unravel during the season, Arsenal will be looking at the positives – and there were stacks of them.

Defending the Premier League title is even more difficult than winning it but Arteta's team will go into Friday night's opener at home to Coventry with a real swagger.

Despite the Gunners simply doing enough in their games last season without delivering much sparkle, boss Arteta has previously overseen dynamic, exciting football. But the problem was, the club kept finishing in second place.

But now they have finally won the title, we should see a team playing more expansive football to get fans on the edge of their seats again.

Arteta will be delighted at the way his midfield three of new boy Bruno Guimaraes, Myles Lewis-Skelly and man-of-the-match Odegaard ran the game in the first half.

Guimaraes is a relative steal at £75m and was given just 45 minutes before Declan Rice took over.

Odegaard delivered the type of classy performance we saw from him in a Norway shirt at the World Cup.

Which was much needed because he did not end the season well with Arsenal, despite lifting the trophy.

As for Lewis-Skelly, he may have been offered to rivals Chelsea and Manchester United – but it seems Arteta knew nothing about it.

Until the final few games of last campaign, culminating in a Champions League final start, it looked as though Lewis-Skelly could be on his way out on loan this season. But there is little chance of that happening now.

Despite his disastrous spell in English football for Norwich, new Greek winger Christos Tzolis – who had a hand in two goals – proved he could also be a good addition, even with Arsenal still looking to strengthen on the left flank.

And although the back four did not have too many struggles yesterday, it looks as if the club will add depth in defence, too.

With Arsenal having snapped up all of the tickets returned by City, this part of South Wales felt a bit like North London.

Seconds into the game, Calafiori delivered a lethal finish any striker would have been proud of after Lewis-Skelly cut through the City defence with a brilliant pass.

Arsenal were rewarded for starting so aggressively and it took City 20 minutes to sort themselves out.

Foden, who has not scored since December, had their first decent chance but David Raya saved.

The keeper also denied Haaland, who had wasted an earlier chance.

But by the time Haaland had those chances, Arsenal were 2-0 up with Gianluigi Donnarumma failing to keep out Havertz's header after Tzolis nodded down Odegaard's ball.

Noni Madueke and Calafiori both squandered chances to add to the

FAST SHOW

RICCARDO CALAFIORI'S goal for Arsenal after 23 seconds is the first scored in the opening minute of the Shield since Bobby Owen for Manchester City v West Brom in 1968.

FASTEST SHIELD GOALS

Aug 3, 1968
Bobby Owen
(Man City)
v West Brom
MIN SCORED **1**

AUG 16, 2026
RICCARDO CALAFIORI
(Arsenal) v Man City
MIN SCORED **1**

Oct 6, 1948
Bryn Jones
(Arsenal) v Man Utd
MIN SCORED **2**

3 ARSENAL'S 3-0 win over Manchester City is the biggest margin of victory in a Shield game since 2014, when the Gunners beat the same opponent by the exact same score (3-0 under Arsene Wenger). However, only **ONE** of the last 15 Shield winners has gone on to lift the Prem trophy.

SPLIT ENZ

ENZO MARESCA suffered the joint-heaviest defeat by a Man City manager in their first game.

BIGGEST MAN CITY MANAGER FIRST GAME DEFEATS

Sep 1, 1906	Harry Newbould	v Arsenal (h)	Div 1	L 4-1
Aug 16, 2026	Enzo Maresca	v Arsenal (n)	Shield	L 3-0
Sep 2, 1893	Joshua Parlby	v Port Vale (a)	Div 2	L 4-2

23

3 MANCHESTER CITY 0

RICC AND ROLL STAR . . . Calafiori takes the plaudits for his opening goal after just 23 seconds

'What's the story, Calafiori?

RICC & ARSENAL LOOK READY TO STAY AT No1

Gunners' tally before the break.

Yet a couple of minutes into the second half, the Prem champs were rewarded again for more dynamic, high-tempo football.

Tzolis, a £34m signing from Club Brugge, was involved again, playing in Odegaard.

And the Norwegian took a first touch to take the ball away from Josko Gvardiol before delivering a delightful dummy to sit Donnarumma down before slotting home.

It was his first goal since December and Odegaard has to find the net more this campaign. Jack Grealish, whose last competitive game for City was 15 months ago, was a surprise half-time sub and performed well enough.

Yet what summed up City is that their first shot on target in the second half was not until the 74th minute, when Rayan Cherki's effort was stopped by Raya.

By then, Arsenal's fans were in full party mood, while many supporters in light blue shirts had already left the stadium to begin their journey home.

It is still early days, of course, but the City faithful will be worried about their team.

Because – as Gunners fans will tell you following Arsene Wenger's departure – life can get a little bit bumpy when you lose a managerial great.

HOW THEY LINED UP

ARSENAL: Raya, White, Mosquera, Gabriel, Calafiori (Hincapie 60), Guimaraes (Rice 46), Lewis-Skelly (Zubimendi 75), Madueke (Saka 60), Odegaard (Eze 84), Tzolis, Havertz (Gyokeres 75).

MANCHESTER CITY: Donnarumma, Khusanov, Dias, Gvardiol, O'Reilly (Guehi 54), Anderson (Lewis 60), Kovacic (Gonzalez 79), Semenyo, Foden (Cherki 60), Doku (Grealish 46), Haaland (Marmoush 53).

MATCH STATS

ARSENAL		MAN CITY
9	SHOTS	12
5	SHOTS ON TARGET	5
41%	POSSESSION	59%
413	PASSES	582
352	COMPLETED PASSES	518
26	TOUCHES IN OPP BOX	33
2	CORNERS	4
12	FOULS CONCEDED	11
2/0	YELLOW/RED CARDS	2/0
	MATCH TIME: 94m 04s	
	BALL IN PLAY: 60m 48s	

ARSENAL'S opener – scored after just 23 seconds – is the quickest of the 668 goals they have netted under Mikel Arteta across all comps. The previous was Gabriel Martinelli (58 sec) v Liverpool in Oct 2022.

NEXT GAMES

FRI 8PM Premier League **Coventry** (home)

SUN 2PM Premier League **Bournemouth** (home)

HIT THE DEC . . . Rice is struck by Community Shield

MIK

From Back Page

difficulty of the task — we've never done it in the club, to win it again.

"The desire comes with saying, 'I want to live that moment again. I want to live other moments even bigger than that'.

"There is more belief, we know how to do it, what it takes to win it.

"To play in the manner we did is impressive."

Arsenal ended the club's 22-year wait to win the league last season and came agonisingly close to adding the Champions League — losing the final to Paris Saint-Germain on penalties in Budapest.

Odegaard roared: "We showed our level, showed we're ready. We're serious and want to do it again.

"We want to attack it. When you get a taste of how nice it is, you want to do it again. We want to win everything.

"We played some brilliant football. A great way to start the season."

Several of Arteta's stars only reported back for pre-season training last week — but he said they were desperate to play in the game against City.

The Spaniard added:

> There is more belief, we know how to win
> —MIKEL ARTETA

"This win is down to the preparation we've done in pre-season and the decisions the boys have taken after the World Cup.

"They wanted to come back early because they wanted to be part of this.

"Fitness-wise we are not there, so you have to get there in a different way. And when you put your soul and your heart into it, that's what happens.

"We talked about the desire we have to start the season and to show ourselves how much we want it. I saw a lot of positive things there.

"I told my players I really enjoyed watching them play. That's a standard for us — and if we drive the standards at this level, I'm sure that we're going to be really, really competitive."

Scorer Calafiori set the Gunners on the road to victory in the first minute — and said the Principality Stadium outing could not have gone any better.

He said: "It was such an important game and test for us. It's close to perfection, this kind of performance."

thesun.co.uk/sport
Sun Sport

Queen Amy quad glory

By ROB MAUL

TRACK queen Amy Hunt bagged a "dream" quadruple of golds at the European Athletics Championships.

GB star Hunt, 24, claimed first in the new mixed 4x100 metres final, her record **FOURTH** title in Brum.

Nobody in British athletics has won this many golds at the same championships. And she said: "It's a dream come true."

Four-midable — Pages 40,41

Your No1 pullout FREE inside

Utd stars in Marcus plea

From KATHERINE WALSH in Wroclaw

MANCHESTER UNITED stars are desperate for Marcus Rashford to stay.

The England forward, 28, made his first Red Devils appearance for 611 days in a 4-2 friendly defeat by AC Milan on Saturday.

Boss Michael Carrick is open to keeping hold of Rashford *(left)* – but club chiefs would like his £325,000-a-week wages off the books.

United team-mate Harry Maguire said: "We hope that he stays. He's a huge threat to have in your team. So if he's

Turn to Page 47

ARSENAL 3 MAN CITY 0

RODRI . . . City exit

Rodri off to Barca for £65m

By MARTIN BLACKBURN

MANCHESTER CITY last night agreed to sell Rodri to Barcelona in a £65.4million deal.

The Catalan giants had seen multiple bids for the Ballon d'Or-winning midfielder, 30, thrown out.

But City finally accepted a deal that will see Barca pay around £51m up front.

And Etihad chiefs are sure add-ons will take the fee way beyond £60m.

They believe it is a good deal for the club as Rodri has just ten months left on his deal and has struggled with injuries over the last two years.

Enzo Maresca said in Cardiff that his team need new signings as quickly as possible after they were well beaten 3-0 by Arsenal.

And they will step up the hunt for a new holding midfielder with Rodri's move to Spain to be finalised in the next 48 hours.

A raid for Morocco World Cup star Ayyoub Bouaddi, 18, is advanced with Lille demanding around £85m for the teen

Turn to Page 49

ODE TO JOY . . . the Arsenal players are all smiles as skipper Odegaard lifts the Community Shield

GUNNER DO IT AGAIN

Mik & Mart vow title repeat

By MARTIN BLACKBURN

MIKEL ARTETA said Arsenal proved their hunger for back-to-back Prem titles by demolishing Manchester City in the Community Shield.

Riccardo Calafiori scored after just 23 seconds in Cardiff, before Kai Havertz and Martin Odegaard also netted for the Gunners.

Skipper Odegaard claimed the champions "showed our level" and "want to win everything".

Arsenal have never won successive Premier League crowns.

But boss Arteta insisted: "We know it is going to demand something special – and we are going to go for it. We know the

Turn to Page 51

© NEWS GROUP NEWSPAPERS Ltd, 2026. Published in print and all other derivative formats by News Group Newspapers Ltd, 1 London Bridge St, London, SE1 9GF, 020 7782 4000. Printed by: Newsprinters Holdings Ltd, Great Cambridge Rd, Waltham Cross, EN8 8DY, Kitling Rd, Prescot, Merseyside L34 9HN and Byramsmuir Rd, Holytown, Motherwell ML1 4WH; Webprint, 2023 Bianconi Avenue, Citywest Business Campus, Dublin, Ireland; KP Services, La Rue Martel, La Rue des Pres Trading Estate, St Saviour, Jersey, JE2 7QR. For permission to copy articles or headlines for internal information purposes contact NLA media access at copy@nla.co.uk, or telephone 01892 525273. For all other reproduction and licensing inquiries contact Licensing Department, 1 London Bridge St, London, SE1 9GF, telephone 020 7711 7888, e-mail enquiries@newslicensing.co.uk

Fab Pab rain must

ED BETHELL is banking on a break in the weather enabling him to get Paborus back on track in the Sky Bet City of York Stakes on Saturday.

The five-year-old returned from a year off to win the Chipchase Stakes at Newcastle in June.

Bethell (*right*) has been keen to run him in the interim, but the hot summer meant the gelding has been kicking his heels as he likes juice in the ground.

The trainer said: "The rain looks like it might be arriving, and I hope it keeps raining. He's been great since Newcastle, he hasn't run because of the ground. I just hope we get enough to run and showcase what he can do, I'm very excited by him.

"It's hard to build them up and then not get to run. I just hope we can go on and have a bit of fun with him."

By TOM PEPPER

YOUR NO.1 FOR RACING

DON'T miss your 8-PAGE York Ebor pullouts starting from Wednesday. We'll have all the colours and form, plus columns from the likes of Matt Chapman and Ryan Moore, plus Templegate's tips. We're all you need, we're the home of racing!

Super Sur seals it

YOU can't keep a good man down for long and George Boughey celebrated another winner at the highest level when Survie triumphed in the US.

The Newmarket trainer was dealt a blow when Bow Echo was retired through injury last week but saw the Michael Tabor-owned five-year-old come from last to first to win the Grade 1 Christophe Clement Turf Stakes at Saratoga.

Boughey (*right*) said: "We thought she had it in her locker to finish like that, but to do it at the top level was really good."

The Churchill mare was following up an earlier Grade 2 course-and-distance win and Boughey added: "We'll prep her at home before heading back for the Breeders' Cup."

Amo Racing's Ancient Egypt was sent off favourite but could finish only fourth.

By PETER GOMM

THE Favourite

HOME OF RACING

Monday, August 17, 2026

RAY OF LIGHT . . . Rayif swoops late to defeat Zeus Olympios (*yellow*) and Precise in the Prix Jacques le Marois; (*right*) Francis-Henri Graffard

By PETER GOMM

FRENCH ace Rayif kept the raiders at bay to win the Prix Jacques le Marois at Deauville.

The Francis-Henri Graffard-trained colt, winner of the French 2,000 Guineas in May, got up late to deny Karl Burke's **Zeus Olympios** a first Group 1 by a neck, with the Aidan O'Brien-trained **Precise** half a length further back in third.

"I'm very happy, it's a wonderful race to win, a very hard race to win," said Graffard.

Summer plans for the Aga Khan Studs-owned Sea The Stars colt had been interrupted, a planned visit to Royal Ascot scuppered by a minor setback after which he ran below par in the Prix Jean Prat.

He looked to have plenty on his plate stepping back up to a mile, with 1,000 Guineas and Coronation Stakes heroine Precise sent off a warm favourite and Zeus Olympios a rapid improver.

But Rayif was delivered with a well-timed run by

Turn to Page 4

RAY PAY DAY

French ace leaves it late to bag Marois

FIRST PAST THE POST FOR RACING

The biggest and the best pullout

. . . SEVEN DAYS A WEEK!

Favourite THE BIGGEST AND THE BEST COLOURS

WOLVERHAMPTON

TEMPLEGATE		TOM PEPPER	
5.10	Amelia's Joy	5.10	Ziggy's Queen
5.40	Pon Pon Dalia	5.40	Halcon
6.10	Menhaal	6.10	Green Titan
6.40	Seed Ya Later	6.40	Seed Ya Later
7.10	Style King	7.10	Hectic
7.40	Let's Go Hugo	7.40	She Went Whoosh
8.10	Prince Of Calypso	8.10	Prince Of Calypso

■TIC-TAC: Left-handed, very tight Tapeta all-weather track of 1m, with a 330yd run-in. Races over 6f and 7f start on separate chutes. ■DRAW: Little effect. ■LEADING TRAINERS WITH RUNNERS (2021-2026): G Boughey 72-444, I Williams 61-462, S Dixon 53-801, P Evans 49-447. THIS SEASON: M Botti 9, G Boughey 9, Ollie Sangster 9. ■TOP JOCKEYS WITH RIDES (2021-2026): L Morris 122-1031, D Muscutt 82-506, D Probert 77-609, K O'Neill 65-686. THIS SEASON: L Morris 13, K O'Neill 11, M Ghiani 9. ■LONGEST TRAVELLER: Ziggy's Queen (5.10), Celtic Arrow (5.10), Halcon (5.40), Cailin Aine (6.40), Unbeatable Fame (6.40), Keldeo (7.10), Let's Go Hugo (7.40) trained at Malton. Round trip of 290 miles. ■FIRST RUN SINCE WIND OP: Trust Yourself (6.40). ■LIVE ON SKY SPORTS RACING

GOING: STANDARD

5.10 CAVANI STYLE & SPEED FILLIES' HANDICAP (Class 5); value to the winner £3,978; 7f. (10 runners)

1 (3) -274551 **SO SASSY 31 (V;CD)** J Fanshawe 4-10-0 **Kaiya Fraser ●99**
2 (10) 1798565 **ZIGGY'S QUEEN 24 (H;C,D)** R & P Fahey 5-9-11 **Harry Russell 89**
3 (4) 7145213 **AMELIA'S JOY 26 (CD)** M Herrington 4-9-11 **David Probert 96**
4 (9) 8620248 **DREAM ILLUSION 11 (CD)** M Herrington 4-9-10 **Dylan Hogan 90**
5 (6) 1253263 **HAMALEEL 31 (B)** A Watson 3-9-7 **Toby Moore (7) 95**
6 (1) 1658961 **ESPANITA 17 (H;CD)** C Johnston 3-9-5 **Oliver Stammers 96**
7 (5) 34225 **CELTIC ARROW 16** J Camacho 3-9-5 **Ryan Sexton 93**
8 (8) 0-89853 **ANGELS' SHARE 17 (D)** W Knight 3-9-4 **Marco Ghiani 94**
9 (7) 59-6892 **REDREDROBIN 12 (D)** M Saunders 9-9-3 **Edward Greatrex 91**
10 (2) 3526710 **SOUTH COAST STAR 45 (CD)** H Palmer 3-9-1 **Robert Havlin 85**

BETTING: 9-2 So Sassy, 5 Espanita, Amelia's Joy, 6 Angels' Share, 13-2 Hamaleel, 8 Redredrobin, Celtic Arrow, 10 Dream Illusion
WHERE FAVOURITES FINISHED: 1-2 3 1 6 1
2025: Noisy Music 4-9-5 W Fentiman 9-2 Fav (M Appleby) drawn 5, 12 ran.

5.40 WOLVERHAMPTON HOLIDAY INN MAIDEN FILLIES' STAKES (4); 2-y-o; winner £5,400; 7f. (9 runners)

1 (5) 7506 **CLEAR HORIZON 20** J Portman 9-2 **Olivia Tubb (5) 84**
2 (3) 8 **EAGLE STORM 16** C Johnston 9-2 **Daniel Muscutt 76**
3 (6) 72424 **FOREST BERRY 16** Sir M Prescott 9-2 **Luke Morris 96**
4 (7) 3 **HALCON 61** T Easterby 9-2 **Sean Kirrane ●99**
5 (9) **HEAVENLY PAROLE** M Bell 9-2 **Silvestre De Sousa —**
6 (8) 5 **PON PON DALIA 16** M Botti 9-2 **Marco Ghiani 93**
7 (2) 73 **STEAMY WONDER 13** D Cunha 9-2 **Stevie Donohoe 92**
8 (1) 7 **THEFT 16** G Scott 9-2 **Darragh Keenan 86**
9 (4) 09 **VELMA DINKLEY 47** F Bramley 9-2 **Clifford Lee 70**

BETTING: 10-3 Halcon, 7-2 Forest Berry, 9-2 Pon Pon Dalia, 6 Steamy Wonder, 8 Theft, Clear Horizon, 10 Eagle Storm, 12 Heavenly Parole, 50 Velma Dinkley
WHERE FAVOURITES FINISHED: 2 2
2025: Secret Of Life 9-2 Rossa Ryan 11-2 (R Beckett) drawn 5, 6 ran.

6.10 CAVANI SPRINT IN STYLE NURSERY (DIV 1) (5); 2-y-o; value to the winner £3,978; 6f. (10 runners)

1 (10) 41054 **MARGARET'S PEARL 44** L Souza 9-9 **Clifford Lee 95**
2 (7) 754 **MENHAAL 11 (P★)** O Burrows 9-7 **David Probert 97**
3 (6) 61 **SYDNEY GRACE 69** C Fellowes 9-7 **Paddy Bradley 98**
4 (2) 33 **WONDERVISION 86 (BF)** J Channon 9-3 **George Bass 97**
5 (1) 026 **GREEN TITAN 53 (BF)** G Boughey 9-3 **Jack Callan 93**
6 (5) 34 **HORNDEAN 33 (T★)** A Kirby 9-2 **Daniel Tudhope 89**
7 (4) 975 **ROYAL TITAN 23** M Botti 9-1 **Marco Ghiani 87**
8 (3) 4402 **NASCENT STAR 12** H Palmer 9-1 **Robert Havlin ●99**
9 (9) 34 **LOLA 42** T Ward 8-10 **Pierre Jamin 90**
10 (8) 33765 **SABLE ISLAND 26** C Dwyer 8-10 **Silvestre De Sousa 89**

BETTING: 9-2 Nascent Star, 5 Menhaal, Wondervision, 11-2 Sydney Grace, 6 Margaret's Pearl, 13-2 Green Titan, 10 Horndean, 16 Sable Island, Royal Titan, Lola
WHERE FAVOURITES FINISHED and 2025: No corresponding race

6.40 CAVANI SPRINT IN STYLE NURSERY (DIV 2) (5); 2-y-o; value to the winner £3,978; 6f. (10 runners)

1 (8) 104 **ANGEL ANG 21 (CD)** P Evans 9-9 **David Probert 88**
2 (7) 33 **SEA PALACE 49** O Sangster 9-9 **Stevie Donohoe 97**
3 (1) 34414 **CAILIN AINE 66** T Easterby 9-6 **Sean Kirrane ●99**
4 (5) 983 **REX REGUM 21** T Clover 9-5 **Clifford Lee 92**
5 (3) 526 **GREEK STREET 86** H Eustace 9-4 **Kaiya Fraser 89**
6 (2) 049561 **INVINCIBLE ISAAC 12 (V;D)** L Souza 9-3 **Silvestre De Sousa 95**
7 (6) 213673 **SEED YA LATER 16 (H)** J Channon 9-3 **George Bass 94**
8 (4) 763 **UNBEATABLE FAME 9** R & P Fahey 9-1 **Cam Hardie 88**
9 (10) 906 **ZOHAR 62 (P★)** C Fellowes 8-12 **Paddy Bradley 85**
10 (9) 006 **TRUST YOURSELF 51** J Tate 8-11 **Luke Morris 78**

BETTING: 7-2 Cailin Aine, 5 Sea Palace, 6 Seed Ya Later, 7 Invincible Isaac, 8 Rex Regum, Greek Street, Angel Ang, 10 Unbeatable Fame

7.10 FOLLOW ATTHERACES ON X HANDICAP (5); value to the winner £3,978; 6f. (10 runners)

1 (4) 5144429 **KELDEO 23 (BF,D)** O Pears 5-9-9 **Harry Russell 94**
2 (2) 1124577 **TRAVEL AGENT 31 (CD)** A Kirby 4-9-9 **Robert Havlin 92**
3 (6) 402-968 **TIGER TULIP 73 (CD)** H Main 5-9-9 **Luke Morris 85**
4 (8) 6-47961 **MAHARAJAS EXPRESS 23 (C,D)** I Williams 6-9-7 **David Probert 92**
5 (3) 613-686 **BILL PLUMB 118 (CD)** P McEntee 7-9-7 **Daniel Muscutt 89**
6 (9) 4440753 **HECTIC 11 (D)** L Bailey 6-9-7 **Jason Watson 95**
7 (10) 2963456 **DICKO THE LEGEND 24 (CD)** L Bailey 6-9-7 **Daniel Tudhope 96**
8 (5) 2685312 **STYLE KING 13 (BF,CD)** C Dwyer 4-9-5 **Silvestre De Sousa ●99**
9 (1) 323-450 **IN THE CITY 21 (V★)** W Greatrex 4-9-3 **Edward Greatrex 83**
10 (7) 5856369 **BLUE FORCE 80 (H;C)** A Brittain 5-9-1 **Cam Hardie 77**

BETTING: 5-2 Style King, 5 Hectic, Maharajas Express, 13-2 Keldeo, 7 Dicko The Legend, 8 Tiger Tulip, 10 Travel Agent, 20 Bill Plumb
WHERE FAVOURITES FINISHED: 3
2025: Havana Sky 4-9-4 Rossa Ryan 11-4 (E Dunlop) drawn 5, 11 ran.

7.40 HOTEL AND CONFERENCING AT WOLVERHAMPTON CLASSIFIED STAKES (6); winner £3,245; 5f. (9 run)

1 (3) 5707656 **ALAFDHAL 12 (V;CD)** P McEntee 8-9-9 **Daniel Muscutt 92**
2 (8) 4405775 **BATTLE POINT 17 (D)** M Attwater 7-9-9 **Gina Mangan ●99**
3 (2) 02597-7 **JUNGLE DANCE 177 (CD)** J Jenkins 5-9-9 **Clifford Lee 83**
4 (7) 4870834 **LET'S GO HUGO 9 (CD)** O Pears 6-9-9 **Tom Kiely-Marshall (5) 96**
5 (9) 9934095 **MEGAPHONE 18 (CD)** S Dixon 4-9-9 **Kieran O'Neill 91**
6 (6) 9092398 **MISTER MCGREGOR 16 (B,E)** M Mullineaux 4-9-9 **Silvestre De Sousa 88**
7 (5) 452-307 **RAJETERIAT 10** C Gordon 4-9-9 **Jack Callan 77**
8 (1) 3528806 **SHE WENT WHOOSH 47 (D)** S Dixon 4-9-9 **Christian Howarth (3) 80**
9 (4) 7-00356 **OUR HERO MATTY 13 (B★)** T Culhane & S Barclay 3-9-7 **Stevie Donohoe 88**

BETTING: 5-2 Let's Go Hugo, 5 Alafdhal, Megaphone, 13-2 Battle Point, 8 Mister Mcgregor, 10 Jungle Dance, Our Hero Matty, 12 She Went Whoosh, 14 Rajeteriat
WHERE FAVOURITES FINISHED: 5 2
2025: Sanbona 3-9-7 Connor Beasley 13-2 (M Dods) drawn 8, 10 ran.

8.10 FOLLOW ATTHERACES ON INSTAGRAM HANDICAP (5); value to the winner £3,978; 1m 4f. (11 runners)

1 (1) P-40152 **OPTICIAN 19 (BF,CD)** M Herrington 6-10-2 **David Probert 94**
2 (10) 55353- **SIGLIOSA 315** D Horsford 4-10-1 **Jason Watson 88**
3 (6) 53/71-8 **VAGUER 43** J Fanshawe 6-10-1 **Daniel Muscutt 85**
4 (5) 3213310 **CLANSMAN 51 (D)** L Bailey 8-9-12 **Toby Moore (7) 90**
5 (11) 262-155 **SERIOUS LOOK 42 (C)** T Faulkner 6-9-12 **Robert Havlin 86**
6 (9) 1201044 **JOSEPH 17** J Butler 4-9-9 **Jack Callan 91**
7 (3) 2-27 **PURE MOON 109 (BF)** T Clover 3-9-7 **Clifford Lee 96**
8 (4) 3-373 **PRINCE OF CALYPSO 21** E Bethell 3-9-4 **Daniel Tudhope 98**
9 (2) 643-62 **JAMES CHOICE 21** W Greatrex 3-9-4 **Edward Greatrex ●99**
10 (8) 760 **PACE ATTACK 111** Sir M Prescott 3-8-13 **Luke Morris 81**
11 (7) 55-4 **CHOIR BOY 220 (V★)** A Brittain 3-8-11 **Cam Hardie 84**

BETTING: 9-2 Pure Moon, 5 Optician, James Choice, 11-2 Prince Of Calypso, 13-2 Pace Attack, 8 Clansman, 10 Sigliosa, 12 Serious Look
WHERE FAVOURITES FINISHED: 2
2025: Percy Jones 6-10-1 Daniel Muscutt 13-2 (M Loughnane) drawn 7, 8 ran.

CATTERICK COLOURS

GOING: GOOD TO FI

2.15 RACEDAY READY APP AMATEUR JOCKEYS' HANDICAP (Class 5); winner £3,974; 1m 4f. (7 runners)

1 (5) -597585 **AUSTRIAN THEORY 23** T Easterby 7-11-2 **Mr Thomas Easterby (3) 93**
2 (7) 6741313 **SUPER HIT 16 (H;BF)** J Owen 5-10-13 **Mr Henry Callan 97**
3 (1) 7289341 **MARINER 16** J Candlish 5-10-11 **Mr Jamie Neild ●99**
4 (2) 8-00665 **SPANISH HUSTLE 16 (D)** J Goldie 8-10-10 **Miss Kayleigh Williams (5) 92**
5 (3) 315-436 **STELLARMASTERPIECE J29 (CD)** M Hammond 6-10-9 **Miss Becky Smith 94**
6 (6) 0-82466 **SHAHBAZ 14 (B;D)** A Watson 6-10-6 **Miss Brodie Hampson 85**
7 (4) 5385321 **STAR START 12** R Carr 6-10-3 **Miss Charli Parker (5) 98**

BETTING: 11-4 Star Start, 3 Mariner, 9-2 Super Hit, 5 Stellarmasterpiece, 7 Austrian Theory, 10 Spanish Hustle, 14 Shahbaz
WHERE FAVOURITES FINISHED: 3 3 6 1 4
2025: Stellarmasterpiece 5-10-10 Miss B Smith 13-2 (M Hammond) drw 6, 8 ran.

2.45 WELL-EARNED RETIREMENT NEAL KIDD NURSERY (6); 2-y-o; winner £3,664; 6f. (8 runners)

1 (5) 74044 **HARRY'S POP 14** D Cunha 9-9 **Sam James 94**
2 (4) 64453 **AURA OF MELANIA 21** R Fell 9-7 **Oisin McSweeney 97**
3 (7) 3558 **EEVEE STAR 24** E Bethell 9-7 **Oisin Orr 89**
4 (1) 5223779 **CHEEKY CHESCA 16** T Easterby 9-5 **David Allan 88**
5 (3) 796 **SOLDIER'S ECHO 28** H Palmer 9-3 **Shane Gray 92**
6 (2) 47656 **INVICTA ROSE 26** O Sangster 8-13 **Billy Garritty 91**
7 (8) 8662 **SO TEMPTING 24** T Ward 8-11 **P J McDonald ●99**
8 (6) 657 **ATHOS 25** J Butler 8-11 **Joanna Mason 85**

BETTING: 5-2 So Tempting, 4 Harry's Pop, 5 Soldier's Echo, 6 Aura Of Melania, 8 Athos, 10 Invicta Rose, Eevee Star, 12 Cheeky Chesca
WHERE FAVOURITES FINISHED: 1 1 2 4 2
2025: Demetrius 9-8 Luke Morris 4-1 (Sir M Prescott) drawn 3, 7 ran.

3.15 CHAPMAN MILESTONES, THANK YOU NHS HANDICAP (6); value to the winner £3,664; 6f. (9 runners)

1 (6) 8671830 **JM JHINGREE 16** E Whillans 4-9-13 **P J McDonald 87**
2 (8) 1342677 **DAYTONA LADY 11 (D)** R Carr 6-9-11 **James Sullivan 86**
3 (4) 3274123 **GOOD KARMA 26** J Riches 6-9-10 **Ethan Tindall (5) 96**
4 (9) 2103341 **MISS RAINBOW 13 (V;CD)** T Waggott 5-9-10 **Barry McHugh ●99**
5 (2) 210-565 **QUERCUS 33 (CD)** A Duffield 9-9-10 **Shane Gray 85**
6 (5) -441636 **ONE OF OUR OWN 31 (CD)** R Menzies 6-9-7 **Andrew Mullen 92**
7 (3) 0821014 **BARMYBLADE 13 (CD)** T Easterby 4-9-5 **David Allan 89**
8 (7) 0-00753 **EDMOND HALLEY 7 (BF)** E Bethell 4-9-5 **Oisin Orr 93**
9 (1) 3553932 **PAPA DON'T PREACH 15 (H;BF)** K Frost 7-9-4 **William Pyle 97**

BETTING: 3 Papa Don't Preach, 7-2 Miss Rainbow, 4 Edmond Halley, 5 Good Karma, 10 Barmyblade, 12 One Of Our Own, Daytona Lady, 16 Jm Jhingree, 20 Quercus
WHERE FAVOURITES FINISHED: 2 0 6 1
2025: Flowstate 4-9-10 Ben Robinson 10-3 Fav (D O'Meara) drawn 8, 9 ran.

3.45 CONSTANT SECURITY SERVICES NOVICE STAKES (GBB RACE) (4); winner £5,400; 5f. (6 runners)

1 (5) 4234-74 **STAR NOIR 76 (BF)** M & D Easterby 3-9-7 **Billy Garritty 93**
2 (6) 6439-07 **TOP LAD 38** M & D Easterby 3-9-7 **Joanna Mason 92**
3 (2) **ROCKTOUN HEART** L Perratt 4-9-4 **Paul Mulrennan —**
4 (4) **MISS TINO** D Thompson 3-9-2 **Barry McHugh —**
5 (1) 6-4443 **NIGHT SHINING 14 (BF)** G Boughey 3-9-2 **Pat Cosgrave ●99**
6 (3) 43 **PREFERRED 206 (H★)** J Tate 3-9-2 **P J McDonald 92**

BETTING: 5-6 Night Shining, 4 Star Noir, 9-2 Preferred, 6 Top Lad, 33 Miss Tino, Rocktoun Heart
WHERE FAVOURITES FINISHED: 2 0 6

4.15 RACINGTV.COM HANDICAP (5) value to the winner £4,187; 5f (11 runners)

1 533170 **TEES AGGREGATES 23 (CD)**
(8) A Nicholls 4-10-0 **Jack Garritty 97**
Runs: 26 Wins: 4 (4F) Places: 3 £27,160
C&D win three starts ago but finding life tough from new higher mark

2 369410 **EMPEROR'S SON 44 (H;D)**
(11) Samantha & Jacqueline Coward 5-10-0 **Joanna Mason 89**
Runs: 23 Wins: 3 (F,A,G) Places: 2 £22,246
11k buy from Faheys' yard last month, looks tad too high in weights, watch

3 637919 **OUR ABSENT FRIENDS 3 (CD)**
(4) T Davidson 8-9-13 **David Allan 95**
Runs: 58 Wins: 8 (2S,F,3A,2GS) Places: 12 £74,672
In and out, more out than in Thirsk latest, but this is easier, dangerous

4 8-1365 **MISS BRAZEN 62 (D)**
(9) M & D Easterby 6-9-13 **Billy Garritty 91**
Runs: 34 Wins: 5 (S,F,3G) Places: 8 £50,160
Not disgraced three starts since Nottingham win, rider upgrade, threat

5 296234 **BETWEENTHESTICKS 12 (CD)**
(7) R Carr 6-9-12 **James Sullivan 89**
Runs: 64 Wins: 10 (S,F,4A,GS,3G) Places: 20 £89,578
Two wins to start year and back down to mark for last of them, in the mix

6 215528 **CANARIA QUEEN 16 (D)**
(2) T Easterby 6-9-12 **Duran Fentiman 85**
Runs: 49 Wins: 8 (2S,F,2GS,3G) Places: 11 £53,126
Genuine sort, three wins already this year, little leeway in mark, respected

7 743255 **BEAUMADIER 21 (D)**
(6) M Loughnane 6-9-12 **Hope Regan (7) 93**
Runs: 47 Wins: 4 (3A,G) Places: 12 £39,006
Can race keenly, not greatest strike-rate but hcapper giving her chance

8 4-5413 **STANIEL CAY 96 (BF,D)**
(1) G Tuer 3-9-8 **Oisin Orr ●99**
Runs: 6 Wins: 1 (G) £5,647
Taking Nottm win, but up 7lb and didn't kick on Yarmouth latest, bit to prove

9 742144 **INVINCIBLE CROWN 14 (D)**
(10) R Carr 4-9-2 **Tom Eaves 94**
Runs: 32 Wins: 4 (3A,G) Places: 7 £27,110
Off day latest, behind Friends C&D previously and has 8lb pull now, player

10 182383 **IRISH DANCER 24 (CD)**
(5) D Carroll 6-9-0 **Zak Wheatley 88**
Runs: 39 Wins: 5 (F,2A,2G) Places: 11 £38,144
Okay effort latest after poor show behind Friends here before, jury's out

11 28-943 **CHEERLEADER 21 (CD)**
(3) T Jackson 4-8-12 **Andrew Mullen 97**
Runs: 14 Wins: 2 (F,GS) Places: 3 £14,007
Better at Ripon last time, back down to last winning mark, taken seriously

BETTING: 5 Staniel Cay, 6 Cheerleader, 7 Tees Aggregates, Our Absent Friends, 8 Betweenthesticks, Beaumadier, 10 Invincible Crown, Emperor's Son, Irish Dancer, Canaria Queen, 12 Miss Brazen
WHERE FAVOURITES FINISHED: 2 1-3 1
2025: Another Baar 5-9-10, O McSweeney 9-4 Fav (A Keatley), drw 2, 8 ran.

JOCKEYFORM

TOTAL WINS		WINS TO RIDES LAST WEEK	RIDES SINCE WIN	£1 LEVEL STAKE
165	B Loughnane	7-40	2	-189
124	O Murphy	4-25	1	-163
105	R Ryan	0-0	0	-54
87	H Crouch	10-22	0	-25
85	C Fallon	7-36	3	-80
85	J Hart	3-29	6	-119
84	L Morris	5-30	2	-263
73	R Hornby	4-23	3	+25
68	M Ghiani	2-18	5	+64
57	T Marquand	4-23	12	-233

TRAINERFORM

TOTAL WINS		WINS TO RUNNERS LAST WEEK	STRIKE RATE %	£1 LEVEL STAKE
130	A Balding	3-34	20	-14
109	J Owen	6-24	18	-72
106	A Carroll	1-14	14	-197
90	K R Burke	5-19	19	-44
87	R Hannon	2-36	14	-32
79	W Haggas	5-27	18	-24
74	T Easterby	4-59	9	-44
70	R Beckett	4-19	17	-18
69	J & T Gosden	4-10	25	-3
67	C Johnston	4-23	12	-5

Sunracing FORM

TEES AGGREGATES (11-4) 40-1 in rear, well beaten final 2f, 14th of 17 (btn 8¼l) to Kodiac Thriller (11-12) (York 5f hcap (4) £12,885 good to firm).
EMPEROR'S SON (8-10) 20-1 midfield, ridden along over 2f out, no extra and faded 1f out, last of 10 (btn 3¾l) to Golden Long (9-9) (Newmarket 6f hcap (4) £6,281 good to firm).
OUR ABSENT FRIENDS (8-12) 50-1 mid-division, ridden 2f out, soon faded, last of 9 (btn 8¼l) to Equity Law (9-4) (Thirsk 5f hcap (4) £5,234 good).
MISS BRAZEN (9-2) 13-2 prominent, ridden over 1f out, soon edged left, weakened near finish, 5th of 9 (btn 4l) to Dream Deal (8-9) (Beverley 5f hcap (5) £4,527 good).
BETWEENTHESTICKS (9-12) 4-1 pressed leader, briefly led 1f out, no extra and lost third towards finish, 4th of 9 (btn 2¼l) to Great (9-9) (Pontefract 5f hcap (5) £4,187 good to firm).
CANARIA QUEEN (9-2) 11-1 mid-division, pushed along 2f out, weakened final furlong, 8th of 12 (btn 5¾l) to Accrual (9-9) (Thirsk 5f hcap (4) £6,281 good).
BEAUMADIER (9-4) 15-2 prominent, ridden over 1f out, kept on inside final furlong, 5th of 11 (btn 1¾l) to Too Darn Good (8-12) (Windsor 5f app hcap (5) £4,397 good to firm).
STANIEL CAY (9-3) 11-10 fav led group of three far side, overall leader before halfway, headed 2f out, outpaced by winner final furlong, dropped to third towards finish, 3rd of 5 (btn 5¼l) to U S S Charleston (9-4) (Yarmouth 5f hcap (5) £4,397 soft).
INVINCIBLE CROWN (9-8) 9-4 in rear, chased leading pair final furlong, weakened and lost one place towards finish, 4th of 5 (btn 4¼l) to Sergeant Mayer (9-5) (Nottingham 5f hcap (6) £3,402 good to firm).
IRISH DANCER (9-3) 5-1 keen in midfield, shaken up over 1f out, kept on to pass beaten horses inside final furlong, took third post, 3rd of 9 (btn 1½l) to Sunlit Sea (9-8) (Thirsk 5f app hcap (6) £3,140 good to firm).
CHEERLEADER (9-6) 5-2 behind leaders, headway over 2f out, went second over 1f out, kept on, lost second towards finish, 3rd of 6 (btn nk) to Zuffolo (9-4) (Ripon 5f hcap (6) £3,664 good to firm).

4.45 RACING AGAIN 26TH AUGUST HANDICAP (5) winner £4,187; 7f (10 runners)

1 97-640 **FOLKENE 74 (D)**
(8) R Fell 4-10-0 **Oisin McSweeney 90**
Runs: 13 Wins: 2 (S,F) Places: 2 £21,161
Fairly treated but ran shocker at Wetherby latest, needs bounce back

2 117147 **EVOCATIVE SPARK 10 (V;CD)**
(6) J Riches 7-10-0 **Ethan Tindall (5) 93**
Runs: 59 Wins: 9 (S,A,GS,6G) Places: 10 £81,328
Fine heart early doors but not so good since (firm going a factor), squeak

3 451111 **CLASSY CLARETS 32 (H;CD)**
(7) I Jardine 5-9-13 **Shay Farmer (5) ●99**
Runs: 45 Wins: 8 (2F,4A,2G) Places: 10 £45,116
Up another 6lb chasing five-timer but rider's claim big help, go close

4 351322 **RUNNINSONOFAGUN 9 (B;BF)**
(3) T Davidson 4-9-12 **Jack Garritty 97**
Runs: 25 Wins: 2 (F,G) Places: 10 £31,855
In fine form, albeit hitting woodwork of late, go well but vulnerable for win

5 0-2612 **CAROLUS MAGNUS 20 (D)**
(5) M & D Easterby 8-9-11 **Joanna Mason 96**
Runs: 42 Wins: 4 (F,3G) Places: 10 £53,298
No disgrace latest, forces pace and dangerous if allowed easy lead

6 442533 **BLACK STORM 9 (B;D)**
(2) K Scott 5-9-10 **Oisin Orr 94**
Runs: 18 Wins: 1 (A) Places: 8 £21,236
Hcapper giving him chance but 0-12 record on turf a concern, in the mix

7 784455 **NO RETURN 44**
(10) C Johnston 4-9-10 **P J McDonald 86**
Runs: 23 Wins: 2 (2G) Places: 4 £28,925
Ex-Irish, yet to break British duck but signs his turn might be close

8 6553-4 **WILLOLARUPI 31**
(1) D Carroll 5-9-9 **Zak Wheatley 85**
Runs: 29 Wins: 3 (2F,A) Places: 9 £28,351
Needed Ponte return (6f) after long layoff and better for it, down 2lb, e-w

9 753020 **VINCE LE PRINCE 9 (CD)**
(4) T Easterby 6-9-9 **David Allan 91**
Runs: 46 Wins: 5 (2S,2F,G) Places: 12 £49,236
Bombed out at Redcar latest but C&D winner and weighted to win again

10 228661 **EMERALD ARMY 16 (CD)**
(9) R Carr 5-9-0 **James Sullivan 96**
Runs: 31 Wins: 4 (S,F,A,G) Places: 9 £27,223
Win was coming and brave at Donny, 3lb rise fair, won't be far away

BETTING: 11-4 Classy Clarets, 9-2 Emerald Army, 5 Runninsonofagun, 7 Carolus Magnus, Black Storm, 10 Evocative Spark, 12 Folkene, No Return, 20 Vince Le Prince, Willolarupi
WHERE FAVOURITES FINISHED: 7 0 2-6 8-0 3
2025: Saisons D'Or 10-10-0, B Garritty 11-2 (J O'Keeffe), drw 2, 10 ran.

Sunracing FORM

FOLKENE (9-13) 13-2 took keen hold, midfield, weakened over 2f out, tailed off, last of 10 (btn 19l) to Nanoscience (9-6) (Wetherby 7f hcap (5) £4,187 good to firm).
EVOCATIVE SPARK (9-6) 33-1 prominent, ridden over 2f out, outpaced and weakened over 1f out, 7th of 11 (btn 5¼l) to Montezin (9-8) (Haydock 7f hcap (5) £4,449 good).
CLASSY CLARETS (9-11) evens fav prominent, led entering final furlong, pressed for lead towards finish but always doing enough, bt Great Profit (9-9) nk (8 ran) (Hamilton 5f hcap (6) £3,664 good to firm).
RUNNINSONOFAGUN (9-13) 4-1 fav led, ridden 2f out, headed entering final furlong, stayed on same pace, btn 1¾l by Supreme Clarets (9-2)
BLACK STORM (9-13) 13-2 in touch with leaders, smooth headway 2f out, ridden and in touch with leaders entering final furlong, faded final 110yds, 3rd (btn 3l) (12 ran) (Ayr 7f hcap (5) £4,187 good).
CAROLUS MAGNUS (9-12) 10-3 led, shaken up over 2f out, ridden and headed over 1f out, no extra towards finish, btn 2l by Norcross Brow (9-6) (7 ran) (Beverley 7f hcap (5) £4,527 good to firm).
NO RETURN (10-8) 7-1 raced keenly tracking leaders, pushed along 2f out, no extra 1f out, 5th of 9 (btn 3¼l) to Invincible Ruby (10-5) (Carlisle 6f hcap (5) £5,234 good).
WILLOLARUPI (9-7) 22-1 slowly away, in rear, never involved, 4th of 6 (btn 9l) to Alfa Whiteburd (9-13) (Pontefract 6f hcap (5) £4,187 good to firm).
VINCE LE PRINCE (9-2) 40-1 rear of midfield, ridden over 2f out, never pace to challenge, 11th of 14 (btn 12l) to Welbury (9-8) (Redcar 1m hcap (4) £5,234 good to firm).
EMERALD ARMY (9-5) 5-1 midfield, headway final furlong, soon pressed leader, kept on and led inside final 110yds, gamely, bt Operation Gimcrack (9-9) nk (11 ran) (Doncaster 7f hcap (6) £3,768 good to firm).

EACH-WAY THIEF

GOOD KARMA (3.15 Catterick) is rarely out of the frame and went close again here latest. Have an each-way double with **CHEERLEADER** (4.15 Catterick) who is back off her last winning mark with every chance.

PRO BETS

GROUND FORCE: STELLARMASTERPIECE (2.15 Catterick) has won four times from six runs on good to firm.

EYECATCHER: VEIL OF CLOUDS (4.00 Lingfield) went close at Wolves and looks ready to win.

GAMBLED ON: SUNLIT SEA (5.20 Windsor) was backed at Lingfield last time out.

TEMPLEGATE

2.15	Super Hit
2.45	So Tempting (nb)
3.15	Edmond Halley
3.45	Night Shining
4.15	Staniel Cay
4.45	Classy Clarets

TEMPLEGATE'S TRIO: Le Rouge Chi (double, Catterick) with Black Velve
TOM PEPPER'S DOUBLE: Poppy Foxy (Windsor).
SUNRATINGS' NAP: MARINER (2.15 C
THE JUDGE: SKY SECRET (6.25 Winds

TIC-TAC: Left-handed oval course of 1m 18 bears left to join the round course 3f from h **DRAW:** Low numbers have an advantage i best over six furlongs.
FAVOURITES: (2021-2026): 343 have won corresponding meetings, 6 have won out of
JACKPOT: Races 1-6. LIVE ON RACING T

HOT 'N

TRAINERS with best record in last 14 from 23; J Candlish 5 from 15; J Tate 4 fro wins from 46 runners; R Carr 5 from 26; I Ja Easterby 5 from 70.
JOCKEYS with best record in last 14 da Gray 4 wins from 15; P Mulrennan 6 wins f Pyle 3 wins from 23; A Mullen 4 wins from 3 2 wins from 25; D Allan 2 wins from 31.
TRAINERS who have had the most runn Fell 17; K Scott 16; R Menzies 14; Mrs A D Carroll 11; H Palmer 10; Ollie Sangster 10.
JOCKEYS who have had the most rides 22; P Cosgrave 21; JP Sullivan 17; J Garritty Mason 12; Z Wheatley 10; P J McDonald 9.

TOP TRAINERS

2021-2026 T Easterby 58-509, R Menzies 19-133, R Carr 15-126, G Tuer 14-109, D Carroll 13-100, J Riches 11-62, C Johnston 10-61, E Bethell 9-41, Mrs A Duffield 8-77, Miss T Jackson 7-45. **THIS SEASON:** T Easterby 6, R Carr 4, James Owen 3, J Riches 3.

TRAINER

FIRST RACE FOR NEW YARD: 3.15 Qu **Emperor's Son** R & P Fahey to Samantha & Foy to G Tuer.
RACEFAX: A Watson won the 2.15 in 2019 &
LONGEST TRAVELLERS: Invicta Ro Marlborough, round trip of 506 miles; **Sha** Lambourn, round trip of 468 miles; **So Te** Lambourn, round trip of 468 miles.

IN THE

MONEY TALKS: Stellarmasterpiece (2.15 (4.15) opened 6-4 third at 11-10f; **Invincible** **Papa Don't Preach** (3.15) opened 11-8 seco 10-3 won at 5-2.
TOP EARNERS: 2.15 **Austrian Theory** £158 **Evocative Spark** £81,328; 3.15 **Papa Don't** £74,672; 2.15 **Spanish Hustle** £63,938.

UNDER

SEVEN-DAY WINNERS: None. **BLINKERE** **VISORED FIRST TIME:** None.
FIRST RUN SINCE WIND OP: None today.
WEIGHTWATCHER: 2.15 **Austrian Theor** **Hustle** (won off 73 down 9lb to 64); **Shahl** **Jhingree** (won off 69 down 4lb to 65); **One** 4.15 **Our Absent Friends** (won off 75 down 73 down 8lb to 65); **No Return** (won off 79 d
JOB JOCKEY: J Neild rides **Mariner** (2.15) fo rides **So Tempting** (2.45) for T Ward, 7 from **Edmond Halley** (3.15) for E Bethell, 8 from 34

TEMP

RACING'S NO1 T

LE ROUGE CHINOIS can leave the bookies seeing red at Lingfield (3.30, nap).

The booking of Oisin Murphy really takes the eye and Michael Appleby's hope went close off this mark at Yarmouth last time out. He has scored around here before and sees out this two-mile trip really strongly. He looks capable of winning off this mark.

SO TEMPTING (2.45 Catterick, nb) came home with a real rattle on handicap debut at Chepstow last time but the line came a stride too soon. That was a really promising start

★ TEMPLEGATE NAP
LE ROUGE CHINOIS
3.30 Lingfield
Booking of Oisin Murphy can give Michael Appleby's hope the edge.

★ TEMPLE
SO TEMPT
2.45 Catteric
Went close last time at Chepstow and can go one better here.

S, FORM AND TIPS SEVEN DAYS A WEEK!

RM (GOOD)

TOM PEPPER

2.15.....Super Hit
2.45.....Soldier's Echo
3.15.....Edmond Halley
3.45.....Night Shining
4.15.....Betweenthesticks
4.45.....Runninsonofagun

inois (Lingfield) and So Tempting
et Boy (Windsor).
y (Lingfield) and Black Velvet Boy

Catterick).
sor).

Oyds, races over 5f start on a chute, which ome.
n races over five and seven furlongs, high

out of 959 races (35.8%). At the previous 27 races (22.2%).
TV

N NOT

days: E Bethell 8 from 23; G Boughey 8 om 14; J Butler 5 from 22; James Owen 9 ardine 5 from 30; C Johnston 4 from 33; T

ys: Oisin Orr 9 wins from 29 rides; Shane rom 37; P J McDonald 2 wins from 13; W 2; S James 2 wins from 21; Joanna Mason

ers since last win: A Watson 28; Roger uffield 14; M Hammond 13; K Frost 12; D

since last win: D Fentiman 56; A Mullen 14; B Garritty 13; O McSweeney 13; Joanna

TOP JOCKEYS

2021-2026 D Allan 26-221, Joanna Mason 17-131, S James 17-137, Oisin Orr 13-77, P Mulrennan 13-113, B Garritty 10-106, T Eaves 9-121, Z Wheatley 8-68, Shane Gray 8-69, JP Sullivan 8-93. **THIS SEASON:** D Allan 5, E Tindall 2, B McHugh 2, Joanna Mason 1.

R TRACE

ercus N Wilson to Mrs A Duffield; **4.15** & Jacqueline Coward; **Staniel Cay** K P De

& 2023.
se (2.45) trained by Ollie Sangster, **ahbaz** (2.15) trained by A Watson, Upper **empting** (2.45) trained by T Ward, Upper

MONEY

5) opened 11-8 won at 10-11f; **Staniel Cay Crown** (4.15) opened 3-1 unplaced at 9-4; ond at 11-10f; **Miss Rainbow** (3.15) opened

,351; 4.15 **Betweenthesticks** £89,578; 4.45 **Preach** £75,049; 4.15 **Our Absent Friends**

ORDERS

D FIRST TIME: None.

y (won off 79 down 9lb to 70); **Spanish baz** (won off 71 down 11lb to 60); 3.15 **Jm Of Our Own** (won off 63 down 4lb to 59); 6lb to 69); 4.45 **Vince Le Prince** (won off own 13lb to 66)
r J Candlish, 4 from 14, 29%. P J McDonald 24, 29%. Oisin Orr rides **Eevee Star** (2.45), , 24%.

LEGATE

TIPSTER STEVE MULLEN

Rouge on red alert

after three quiet runs at maid- en level and he can go one bet- ter today.

BLACK VELVET BOY (6.25 Windsor, treble) blew away his rivals from the front when winning at Beverley three weeks ago. That came over this trip and he still starts off handicapping from a fair mark despite that blistering success.

GATE NB
TING

★ TEMPLEGATE TREBLE
BLACK VELVET BOY
6.25 Windsor
Won easily from the front last time and has more to come in handicaps.

LINGFIELD AW — STANDARD

TEMPLEGATE	TOM PEPPER
2.30.....Magical Life	2.30.... POPPY FOXY (nap)
3.00.....Justice Court	3.00.....Justice Court
3.30 LE ROUGE CHINOIS (nap)	3.30.....Belle Of Kt
4.00.....Veil Of Clouds	4.00.....Veil Of Clouds
4.30.....Pure Passion	4.30.....Star Marian
5.00.....Hove Ranger	5.00.....Forca Timao

■TIC-TAC: (AW) Left-handed all-weather Polytrack of 1m 2f, 2f run-in. (Turf) Left-handed undulating course of 1m 4f, 3f run-in, races up to 7f are run on the straight course. ■DRAW: Little effect. ■LEADING TRAINERS WITH RUNNERS (2021-2026): A Balding 66-320, G & J Moore 47-382, R Hughes 42-293, S & E Crisford 38-136. THIS SEASON: A Balding 12, J Butler 8, C Johnston 7. ■TOP JOCKEYS WITH RIDES (2021-2026): O Murphy 49-214, C Shepherd 40-291, R Clutterbuck 34-363, K Shoemark 26-199. THIS SEASON: C Shepherd 6, R Hornby 6, O Murphy 5. ■LONGEST TRAVELLER: Bergamo Gold (5.00) trained at Middleham. Round trip of 540 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

2.30 FREE BETS ON ATTHERACES.COM NURSERY (Class 5); 2-y-o; winner £3,978; 1m. (6 runners)

1 (5) 1030 **CRAZY CUBANA 18** E Walker 9-9 ..... **Kieran Shoemark 91**
2 (4) 6152 **POPPY FOXY 41 (BF)** C Clover 9-8 ..... **Saffie Osborne 95**
3 (3) 43 **PEQUENITA 39** A Balding 9-8 ..... **Oisin Murphy 97**
4 (6) 463 **LITTLE MESTER 10** S Williams 9-5 ..... **Jack Doughty 85**
5 (2) 05232 **PARADING 20** R Hughes 9-5 ..... **Pat Dobbs 94**
6 (1) 0545431 **MAGICAL LIFE 7 (D)** J Moore 8-9(6ex) ..... **William Cox ●99**

BETTING: 9-4 Magical Life, 4 Pequenita, Poppy Foxy, 5 Parading, 13-2 Crazy Cubana, 7 Little Mester
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

3.00 SINGAPORE POOLS TROPHY RACE MAIDEN STAKES (5); value to the winner £4,320; 1m. (10 runners)

1 (3) 02-5 **ITICA 209** A Balding 3-9-7 ..... **Oisin Murphy ●99**
2 (7) 3-2 **JUSTICE COURT 16** J Osborne 3-9-7 ..... **Saffie Osborne 98**
3 (9) **MARCHMONT** H Eustace 3-9-7 ..... **Kieran Shoemark —**
4 (8) **NASCONDINO** D & C Kubler 3-9-7 ..... **Ebrahim Nader —**
5 (5) 56 **GALLANT PIONEER 25** C Pike 3-9-5 ..... **Thomas Greatrex 84**
6 (4) 0 **INSPECTRE 25 (H)** G & J Moore 3-9-5 ..... **Rob Hornby 70**
7 (2) 04-5825 **RAPIDE VEGA 48** A Keatley 3-9-5 ..... **Mikey Sheehy 94**
8 (6) 0 **LADY BLITZLE 12** J Channon 3-9-2 ..... **Nicola Currie 70**
9 (1) **AU POINT** M Bell 3-9-0 ..... **Callum Shepherd —**
10 (10) 20-8605 **BARBUDA BAY 16 (B★)** R Teal 3-9-0 ..... **Dougie Costello 86**

BETTING: 7-4 Justice Court, 3 Itica, 7-2 Rapide Vega, 8 Barbuda Bay, 10 Marchmont, 20 Au Point, Nascondino, 25 Gallant Pioneer
WHERE FAVOURITES FINISHED: 1
2025: Mezcala 3-9-5 George Bass 10-11 Fav (J Channon) drawn 3, 9 ran.

3.30 THE AT THE RACES APP HANDICAP (6) winner £3,245; 2m (6 runners)

1 731111 BELLE OF KT 2
(6) J Moore 5-10-4(10lbex) **Millie Wonnacott (5) 98**
Runs: 17 Wins: 5 (3A,F,G) Places: 5 £19,766
In great form for this pilot, striking while iron is hot, 10lb pen but one to beat

2 081802 LE ROUGE CHINOIS 12 (CD)
(2) M Appleby 6-9-9 ..... **Oisin Murphy ●99**
Runs: 41 Wins: 4 (F,3A) Places: 9 £41,843
Fine effort first go back with this yard latest, Oisin takes over, big player

3 40-653 ANIMATO J30 (D)
(4) D McCain 7-9-9 ..... **non-runner 87**
Runs: 46 Wins: 5 (2F,2GS,G) Places: 8 £70,529
Losing run mounting up and little signs of it ending either, ruled out

4 756345 REGALLY BLONDE 12 (B;D)
(1) B Case 7-9-2 ..... **Saffie Osborne 86**
Runs: 24 Wins: 3 (2F,G) Places: 5 £24,657
Yet to hit her stride but is weighted to win, Saffie's on fire, so respected

5 924446 FORNIDO 12
(5) M Attwater 4-9-2 ..... **Nicola Currie 89**
Runs: 14 Wins: 1 (A) Places: 1 £6,713
Another yet to hit top gear but is down to last winning mark, dangerous

6 -25642 STAR OF JUPITER 13 (B,E)
(3) M Loughnane 5-8-13 ..... **Rob Hornby 97**
Runs: 22 Wins: 1 (A) Places: 5 £14,745
Winless for over a year and little signs of breakthrough any time soon

BETTING: 11-8 Belle Of Kt, 2 Le Rouge Chinois, 8 Star Of Jupiter, 12 Regally Blonde, 16 Fornido
WHERE FAVOURITES FINISHED: 3
2025: Velvet Vulcan 6-8-11, R Hornby 12-1 (M Murphy), drw 7, 13 ran.

Sunracing FORM

BELLE OF KT (9-3) 4-1 prominent, led 3f out, kept on strongly 1f out, hung left inside final furlong, always doing enough near finish, bt A Daughters Love (9-4) 3¾l (6 ran) (Ffos Las 1f/-m hcap (6) £3,454 good).
LE ROUGE CHINOIS (9-9) 9-2 prominent, led over 2f out, headed 1f out, kept on one pace, btn 2l by Urban Warrior (9-8) **REGALLY BLONDE** (9-3) 17-2 midfield, effort over 2f out, plugged on, 5th (btn 3¾l) **FORNIDO** (8-13) 28-1 tracked leaders, weakened final furlong, 6th (btn 4l) (7 ran) (Yarmouth 1¾-m hcap (6) £3,768 good to firm).
ANIMATO (9-3) 33-1 chased clear leader, lost position 6f out, plugged on one pace turning in over 3f out, 3rd of 6 (btn 11l) to Tarbat Ness (10-5) (Carlisle 2m 1f hcap (5) £5,234 good).
STAR OF JUPITER (8-9) 14-1 midfield, four lengths down 2f out, outpaced over 1f out, kept on same pace, btn 7l by Free World (9-9) (9 ran) (Catterick 2m hcap (6) £4,187 good to firm).

4.00 RACE REPLAYS ATTHERACES.COM FILLIES' HANDICAP (5) winner £3,978; 6f (5 run)

1 581407 TRONIDO 39 (H;C)
(2) S Dow 5-9-11 ..... **Tyler Heard 92**
Runs: 29 Wins: 5 (2S,2A,G) Places: 2 £30,612
Trailblazer, back to scene of last win and easier assignment than of late

2 5253 VEIL OF CLOUDS 31 (BF)
(4) S & E Crisford 3-9-9 . **Callum Shepherd 97**
Runs: 4 Places: 2 £3,566
Blew start but ran on well hcap bow Wolves latest, worth another chance

3 -23174 EGOTISTICAL 52 (BF,D)
(5) R Varian 3-9-9 ..... **Ross Coakley ●99**
Runs: 6 Wins: 1 (F) Places: 3 £10,518
Poor hcap debut but not disgraced at Yarmouth latest, give good account

4 72-20 DARK BRUNETTE 74
(1) J Chapple-Hyam 3-9-9 . . . **Oisin Murphy 91**
Runs: 4 Places: 1 £3,288
British/stable bow for ex-German runner, mark looks okay, interesting

5 16-554 BESSIE WALLIS 70 (H;C)
(3) M Attwater 3-9-4 . . . **Seamus Cronin (5) 89**
Runs: 7 Wins: 1 (A) £4,309
Novice win here last autumn but hasn't kicked on, first go for new yard

BETTING: 13-8 Veil Of Clouds, 5-2 Egotistical, 5 Dark Brunette, 10 Tronido, 14 Bessie Wallis
WHERE FAVOURITES FINISHED: 1
2025: So Sassy 3-9-9, H Crouch 5-2 Fav (J Fanshawe), drw 5, 8 ran.

Sunracing FORM

TRONIDO (9-13) 15-2 led, few lengths clear 4f out, reduced advantage 3f out, headed 2f out, weakened, 7th of 8 (well btn) to Swiped (9-5) (Epsom 1m hcap (5) £4,449 good to firm).
VEIL OF CLOUDS (9-3) 2-1 fav midfield, third over 1f out, took second near finish, lost second close home, 3rd of 12 (btn 3¾l) to King Of Chaos (9-6) (W'hampton 6f hcap (5) £4,397 AW).
EGOTISTICAL (9-9) 13-8 fav chased leader, ridden 2f out, kept on same pace final furlong, 4th of 5 (btn 2¾l) to Always Perfect (9-2) (Yarmouth 6f hcap (5) £4,397 good to firm).
DARK BRUNETTE (9-2) 13-2, 10th of 13 (well btn) to Tiffany Twisted (8-9) (Baden-Baden 6f hcap £4,132 good to soft).
BESSIE WALLIS (9-5) 11-2 midfield, ridden over 2f out, no danger, 4th of 6 (btn 4¼l) to Percy's Star (9-7) (Leicester 5f hcap (5) £3,664 good).

4.30 FREE TIPS ATTHERACES.COM HANDICAP (6) 3-Y-O; winner £3,245; 5f (6 runners)

1 -15805 STAR MARIAN 14 (B;D)
(5) D Loughnane 9-9 ..... **Oisin Murphy 93**
Runs: 10 Wins: 1 (A) Places: 1 £7,530
Won at start of year but regressive form since, Oisin up a plus, squeak

2 43012 PURE PASSION 4 (D)
(2) S Williams 9-9 ..... **Jack Doughty ●99**
Runs: 5 Wins: 1 (F) Places: 1 £6,802
Solid race here (6f) last week and return to 5f a positive, one to beat

3 472059 DUSK DAMSEL 27 (B★)
(3) J Moore 9-9 ..... **Millie Wonnacott (5) 83**
Runs: 7 Places: 1 £2,664
Decent here four starts back but hasn't built on it, blinkers fitted, sniff

4 479 MARISELLE 34
(4) A Kirby 9-1 ..... **Callum Shepherd 85**
Runs: 3 £634
Hint of ability on debut but hasn't kicked on, hcap bow, best watched

5 7087 MIMIME 13 (P★)
(6) M Appleby 9-1 ..... **Saffie Osborne 75**
Runs: 4
Done nothing of note on course (incl. last on hcap bow), makes little appeal

6 346683 SAECULAMATION 18
(1) G Margarson 9-0 . . . . **Kieran Shoemark 97**
Runs: 19 Wins: 1 (A) Places: 1 £8,572
This won't take much winning and he has tumbled down the weights

BETTING: 5-6 Pure Passion, 5-2 Saeculamation, 7 Star Marian, 8 Mariselle, 33 Dusk Damsel, Mimime
WHERE FAVOURITES FINISHED: 1
2025: Ancient State 9-9, C Bishop 5-4 Fav (M Dunne), drw 4, 6 ran.

Sunracing FORM

STAR MARIAN (9-3) 14-1 led, headed over 1f out, weakened quickly inside final furlong, slightly detached towards finish, last of 5 (btn 6¾l) to Sergeant Mayer (9-5) (Nottingham 5f hcap (6) £3,402 good to firm).
PURE PASSION (9-4) 13-2 chased leaders, outpaced over 2f out, rallied final furlong, went second close home, no impression on winner, btn 2¼l by My Mate Mackley (9-5) (8 ran) (Lingfield 6f (6) £3,664 AW).
DUSK DAMSEL (9-6) 25-1 prominent, outpaced 2f out, weakened, last of 9 (well btn) to Musical Soldier (9-1) (W'hampton 7f hcap (6) £3,245 AW).
MARISELLE (9-2) 125-1 keen, always raced towards rear, 9th of 10 (btn 18l) to George Wickham (9-5) (W'hampton 6f mdn (5) £4,320 AW).
MIMIME (8-10) 40-1 midfield, ridden over 3f out, lost position over 1f out, soon faded, last of 7 (btn 7¾l) to Without Flaw (9-6) (Catterick 5f hcap (6) £4,004 good to firm).
SAECULAMATION (9-0) 11-1 in touch in rear, went third entering final furlong, no further impression, 3rd of 7 (btn 5¼l) to Molly Mac (9-8) (Nottingham 6f hcap (6) £3,402 good to firm).

5.00 SKY SPORTS RACING SKY 415 HANDICAP (6) winner £3,245; 1m 2f (8 runners)

1 6550 SIX BLUE 40
(6) R Phillips 6-9-12 ..... **Kieran Shoemark 79**
Runs: 4 £0
Big prices all starts and trounced on hcap bow latest, others preferred

2 -56445 FORCA TIMAO 82 (H)
(3) M Pattinson 6-9-12. . . . **Alfie Redman (7) 91**
Runs: 29 Wins: 2 (F,A) Places: 1 £25,454
Faded after forcing pace latest (1m), 10f better, edging down weights, risky

3 74-043 UZINCSO 68
(7) J Butler 10-9-11 ..... **Mikey Sheehy ●99**
Runs: 56 Wins: 8 (F,7A) Places: 10 £56,667
Down to last winning mark and no disgrace last twice (1m3f-1m4f), go well

4 329738 BETA READER 47
(1) L Mongan 4-9-8 ..... **Georgia Dobie 87**
Runs: 20 Wins: 1 (A) Places: 7 £13,545
Fair form early in year but off boil since, strike-rate is poor, squeak

5 405868 TWILIGHT GLOW 32 (P★)
(4) J Portman 3-9-5 ..... **Rob Hornby 86**
Runs: 10 Places: 1 £4,826
Signs of ability last year but is dropping down weights for a reason

6 132984 BERGAMO GOLD 34 (CD)
(8) C Johnston 3-9-5 . . . . **Callum Shepherd 90**
Runs: 12 Wins: 2 (2A) Places: 2 £11,494
Fine fettle early doors but has failed to beat a rival last three starts, left

7 80-664 BOSTON RUN 13
(5) S Dow 4-9-4 ..... **Oisin Murphy 86**
Runs: 16 Places: 3 £10,051
Falling down weights but still looks to have way to go, Oisin a plus at least

8 6-2153 HOVE RANGER 48 (BF)
(2) G & J Moore 3-8-13 . . **Rhys Clutterbuck 97**
Runs: 7 Wins: 1 (A) Places: 1 £5,811
Weak at finish Brighton latest, down to last winning mark but risky

BETTING: 2 Hove Ranger, 9-4 Uzincso, 5 Forca Timao, 8 Boston Run, 10 Bergamo Gold, 14 Twilight Glow, 16 Beta Reader, 33 Six Blue
WHERE FAVES FINISHED and 2025: No corresponding race.

Sunracing FORM

SIX BLUE (9-6) 50-1 held up in rear, outpaced over 1f out, lost touch and detached inside final furlong, last of 10 (btn 19l) to Lovely Jubly (8-8) (Kempton 1m hcap (6) £3,140 AW).
FORCA TIMAO (9-1) 25-1 led, ridden over 1f out, headed final furlong, soon one paced, 5th of 14 (btn 4¾l) to Rhythm N Rock (9-4) (Kempton 1m app hcap (5) £4,187 AW).
UZINCSO (9-3) 11-1 chased leaders, went second 1f out, no impression on winner, lost second close home, 3rd of 14 (btn 3l) to Imperial Cult (9-5) (Kempton 1m 3f hcap (6) £3,140 AW).
BETA READER (9-0) 40-1 midfield, ridden 2f out, faded over 1f out, 8th of 9 (btn 15l) to Super Hit (9-4) (Epsom 1¼-m app hcap (5) £4,449 good).
TWILIGHT GLOW (9-7) 9-1 in touch with leaders, ridden 3f out, lost position 1f out, soon weakened, last of 8 (btn 7¾l) to Ice Cube (9-3) (Epsom 7f hcap (6) £3,664 good to firm).
BERGAMO GOLD (9-1) 10-1 prominent, outpaced in last 3f out, kept on same pace over 1f out, last of 4 (btn 6l) to Melody De Vega (9-9) (Leicester 1¼-m hcap (5) £4,711 good to firm).
BOSTON RUN (9-9) 10-1 handy, pushed along 3f out, one pace, 4th of 7 (btn 12l) to Hope Rising (9-9) (Lingfield 1½-m hcap (6) £3,245 good to firm).
HOVE RANGER (9-4) 13-8 fav took keen hold, raced in third, ridden 1f out, kept on same pace, 3rd of 5 (btn 2l) to Denby's Dream (9-7) (Brighton 1m hcap (6) £3,454 good to firm).

You love racing. We love racing.

The Favourite. First past the post for colours, tips and form SEVEN DAYS A WEEK

Favourite WE'RE ALL YOU NEED, ALL THE TIME

WINDSOR COLOURS

GOING: GOOD TO FIRM

5.20 RACEDAY-READY.COM APPRENTICE HANDICAP (Class 5); value to the winner £4,397; 5f. (9 runners)

1 (2) **6453112 SOUTH SHORE 33 (BF,CD)** R Cowell 5-10-0 ..... **Conor Whiteley (3) ●99**
2 (4) -725378 **KISS AND RUN 21 (BF,CD)** R Cook & J Bridger 5-9-12 ..... **Mason Paetel 92**
3 (6) 8006400 **MUKER 16 (D)** N Tinkler 8-9-12 ..... **Alex Jary 78**
4 (8) 4142113 **THORNABY PEARL 9 (D)** A Nicholls 8-9-12 ..... **Jake Dickson (5) 96**
5 (7) 6-67351 **TOO DARN GOOD 21 (CD)** H Candy 3-9-9 ..... **Taryn Langley (3) 95**
6 (1) 7-84112 **SUNLIT SEA 9 (B;BF,D)** Sir M Prescott 3-9-8 ..... **Poppy Scott (7) 98**
7 (5) 5334313 **SO SMART 24 (D)** G Harris 7-9-6 ..... **Ashley Lewis 94**
8 (3) 72-7803 **BELLINI SPIRIT 15** J & R Flint 3-9-1 ..... **Harry Burns 91**
9 (9) 7462139 **TRUST SERGEI 18 (D)** G Hanmer 4-9-0 ..... **Charlie Tucker (7) 85**

BETTING: 9-4 Sunlit Sea, 7-2 South Shore, 5 Too Darn Good, 6 Thornaby Pearl, 7 So Smart, 10 Kiss And Run, 20 Bellini Spirit, Muker, 25 Trust Sergei
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

5.55 PLAY THE MATCHBOOK MATCH 6 MAIDEN STAKES (4); 2-y-o; winner £5,400; 6f. (11 runners)

1 (10) **ARTHUR CARROT** G Boughey 9-7 ..... **Ray Dawson —**
2 (7) 5 **ASTRALITE 23** H Charlton 9-7 ..... **Lewis Edmunds 89**
3 (5) 93 **HEMUSTBEANANGEL 23** R Teal 9-7 ..... **Owen Lewis (5) 88**
4 (8) 6 **LION OF GOD 53** M Botti 9-7 ..... **Tom Marquand 85**
5 (11) 22 **MITHAALY 20 (BF)** G Boughey 9-7 ..... **Billy Loughnane ●99**
6 (9) **MOTION CARRIED** S Williams 9-7 ..... **Sean Levey —**
7 (3) **NOBELOS** C Hills 9-7 ..... **Hector Crouch —**
8 (1) **0 BEST YET 34** R Hughes 9-2 ..... **Cieren Fallon 73**
9 (2) 42 **FAIRY WELL 19** J Chapple-Hyam 9-2 ..... **Rossa Ryan 97**
10 (6) 0867 **TRUST HAVANA 24** G Hanmer 9-2 ..... **Grace McEntee 72**
11 (4) 90760 **TRUST IN FAR 18** G Hanmer 9-2 ..... **Charlie Tucker (7) 70**

BETTING: Evens Mithaaly, 11-4 Fairy Well, 8 Arthur Carrot, 10 Nobelos, 14 Astralite, Motion Carried, 25 Hemustbeanangel, 33 Lion Of God, Best Yet
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

6.25 BET 20 GET 40 IN FREE BETS AT MATCHBOOK.COM NURSERY (4); 2-y-o; winner £5,653; 5f. (6 runners)

1 (1) 4150 **SKY SECRET 17 (D)** C Cox 9-10 ..... **Rossa Ryan 97**
2 (3) 140 **MAGIC EFFORT 61 (P★;D)** I Mohammed & J Santos 9-5 **Tom Marquand 96**
3 (5) 4108 **ENVISION 19 (CD)** J Owen 9-4 ..... **Cieren Fallon 93**
4 (6) 455119 **PAPER VIEW 17** R Hannon 9-2 ..... **Sean Levey 95**
5 (2) 731 **BLACK VELVET BOY 20 (D)** J & S Quinn 9-1 ..... **Jason Hart ●99**
6 (4) 44 **INCA WARRIOR 30** N Tinkler 8-4 ..... **Alex Jary (3) 85**

BETTING: 6-4 Black Velvet Boy, 4 Magic Effort, 5 Paper View, 11-2 Sky Secret, 7 Envision, 12 Inca Warrior
WHERE FAVOURITES FINISHED: 7
2025: Lil Brother 9-9 Trevor Whelan 4-1 (P Attwater) drawn 9, 9 ran.

6.55 MATCHBOOK LOVES RACING HANDICAP (4) winner £5,653; 6f (9 runners)

1 1-6261 **RAY MON DOUGH 8 (D)**
(7) O Cole 3-10-3(6lbex) ..... **Hector Crouch ●99**
Runs: 5 Wins: 2 (F,A) Places: 1 £12,763
Readily on top at Leicester last week, 6lb pen might not stop follow-up

2 440030 **RIGHTHERE RIGHTNOW 37 (P★)**
(5) R Spencer 4-9-8 ..... **George Wood 88**
Runs: 15 Wins: 1 (G) Places: 2 £25,248
Never in it after blowing start at Newm latest, claims at best but risky

3 2-1901 **WAISTCOAT 25 (D)**
(3) R Burdon 5-9-7 ..... **Jack Mitchell 97**
Runs: 24 Wins: 5 (F,A,3G) Places: 4 £33,079
Not stopping at Newb latest, up 6lb makes it tough but not impossible

4 624412 **UNDER THE TWILIGHT 19 (CD)**
(1) M Blake 8-9-7 ..... **Harry Davies 98**
Runs: 46 Wins: 8 (S,3F,2A,GS,G) Places: 11 £86,927
C&D win two starts back, then ran blinder at Goodwood, up 2lb, go close

5 -52373 **BUCCABAY 28 (CD)**
(6) E J-Houghton 6-9-6 ..... **Harry Vigors (5) 87**
Runs: 34 Wins: 5 (2F,A,2G) Places: 6 £68,852
Holding his form and well weighted on best of it, give good account

6 133125 **LEQUINTO 10 (CD)**
(4) A Carroll 9-9-4 ..... **Rossa Ryan 90**
Runs: 79 Wins: 14 (S,7F,5A,G) Places: 17 £131,548
Loves this place and rarely puts a foot wrong here, Rossa up, player

7 98-113 **TENBOB TOMMY 10 (D)**
(2) S West 5-9-4 ..... **Charles Bishop 92**
Runs: 13 Wins: 2 (A,G) Places: 6 £20,789
Not disgraced chasing hat-trick latest, though new mark makes life tricky

8 1-0725 **CASHBOX 19 (B;D)**
(9) C Hills 3-9-3 ..... **David Egan 94**
Runs: 10 Wins: 2 (F,A) Places: 2 £21,148
Behind Twilight at Goodwood, same again here and he'll be in shake-up

9 572217 **AMAZONIAN DREAM 21 (BF,CD)**
(8) B Millman 7-9-3 ..... **Lewis Edmunds 95**
Runs: 60 Wins: 9 (S,4F,2A,GS,G) Places: 16 £152,708
Loves it here, drops down in grade after struggle last time, dangerous

BETTING: 11-4 Ray Mon Dough, 5 Waistcoat, 6 Under The Twilight, 7 Amazonian Dream, 8 Cashbox, Tenbob Tommy, Lequinto
WHERE FAVOURITES FINISHED: 3 0 7 4 3
2025: Diligently 3-9-8, H Crouch 10-1 (C Cox), drawn 1, 8 ran.

LONG SHOT **SISTERS IN THE SKY (7.25 Windsor) got no luck in running when finishing well at Bath last time. He'll need luck but has enough ability to go close at a fair price.**

TEMPLEGATE

5.20 ..... Sunlit Sea
5.55 ..... Mithaaly
6.25 ..... Black Velvet Boy
6.55 ..... Ray Mon Dough
7.25 ..... Yes Waliim
7.55 ..... Highland Harvey

TOM PEPPER

5.20 ..... Sunlit Sea
5.55 ..... Mithaaly
6.25 Black Velvet Boy (nb)
6.55 ..... Buccabay
7.25 ..... Manhattan Chute
7.55 ..... Highland Harvey

■TIC-TAC: Figure-of-eight course of 1m 4f, straight final 5f, 6f races start on an extension to the straight. ■DRAW: High numbers hold a slight advantage in sprints. ■LEADING TRAINERS WITH RUNNERS (2021-2026): A Carroll 31-226, R Hannon 24-221, C Cox 23-128, E J-Houghton 20-161. THIS SEASON: A Carroll 10, G Boughey 6, C Cox 6. ■TOP JOCKEYS WITH RIDES (2021-2026): T Marquand 48-317, Rossa Ryan 46-255, S M Levey 20-175, B Loughnane 19-116. THIS SEASON: Rossa Ryan 10, B Loughnane 8, J Mitchell 6. ■LONGEST TRAVELLER: Thornaby Pearl (5.20) trained at Sessay. Round trip of 462 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

7.25 MATCHBOOK BETTING EXCHANGE HANDICAP (6) winner £3,768; 6f (12 run)

1 067461 **YES WALIIM 6**
(9) R Hughes 3-9-9 ... **Oliver Hoodless (7) 97**
Runs: 9 Wins: 1 (A) Places: 1 £4,783
Off mark at Lingers latest, no penalty but no guarantee of repeat either

2 207445 **NZURI 17**
(2) F Brennan 3-9-9 ..... **Rose Dawes (5) 92**
Runs: 8 Places: 1 £3,579
Only limited encouragement so far and needs more help from hcapper

3 970912 **MANHATTAN CHUTE 10 (D)**
(6) J & S Best 4-9-9 ..... **Sean Levey ●99**
Runs: 23 Wins: 2 (F,A) Places: 3 £20,734
Leicester winner, no disgrace latest, on workable mark, one of likelier ones

4 60-053 **GEEMANN 8**
(8) J Tickle 3-9-8 ..... **Taylor Fisher 90**
Runs: 7 Places: 1 £865
Best yet latest, definitely has small race in him if not necessarily this one

5 89-524 **SUNDIATA KEITA 8 (BF)**
(1) J & R Flint 4-9-7 ..... **William Carson 93**
Runs: 15 Places: 2 £6,144
0-15 but his time is coming, lost all chance at stalls latest, e-w squeak

6 4-6076 **REPORTER 10 (H;C)**
(11) S Hodgson 4-9-6 ..... **William Carver 85**
Runs: 21 Wins: 1 (F) Places: 3 £11,347
Tumbling down weights but few signs of being able to take advantage, left

7 997541 **CAITLIN G 15**
(4) M Fenton 3-9-5 ..... **Grace McEntee 96**
Runs: 9 Wins: 1 (F) £4,111
All out to get off mark at Yarmouth (7f), 5lb hike makes this no gimme

8 695321 **JACKIE BROWN 17 (D)**
(10) A Wintle 6-9-5 ..... **David Egan 97**
Runs: 37 Wins: 3 (A,F,G) Places: 6 £26,438
Given fine ride to get up by nostril at Bath, in decent nick and go well

9 874760 **RAINBOW SORBET 9 (B★)**
(12) J & S Best 4-9-3 ..... **Ashley Lewis (3) 91**
Runs: 7 Places: 1 £1,397
Big prices and well beaten all starts for this yard, blinkers need to work oracle

10 834923 **SISTERS IN THE SKY 17 (D)**
(7) G Harris 7-9-3 ..... **Rossa Ryan 95**
Runs: 91 Wins: 9 (2S,5A,2F) Places: 16 £76,467
Inches behind Jackie at Bath latest, repeat effort and won't be far away

11 038432 **SYMBOL OF HOPE 17 (D)**
(5) G Harris 8-9-3 ..... **Ray Dawson 96**
Runs: 81 Wins: 8 (4F,GS,3G) Places: 11 £57,626
Split Jackie and Sisters at Bath (nostrils in it), go close with more of same

12 894567 **JUST KING HIGH 9 (B)**
(3) R Burdon 4-9-2 ..... **Tom Marquand 92**
Runs: 23 Wins: 1 (A) Places: 2 £8,426
Excused latest (saddle slipped), but difficult to win with and others better

BETTING: 4 Yes Waliim, 5 Manhattan Chute, 6 Caitlin G, 7 Jackie Brown, 8 Symbol of Hope, Sisters In The Sky, 10 Sundiata Keita, 12 Just King High, Geemann, 14 Nzuri, 20 Reporter, 33 Rainbow Sorbet
WHERE FAVOURITES FINISHED: 3-8
2025: All Too Beautiful 3-9-4, J Mitchell 5-1 (R Teal), drw 4, 9 ran.

7.55 MATCHBOOK HANDICAP (6); value to the winner £3,768; 1m 3f. (9 runners)

1 (2) 3-62632 **TROJAN TRUTH 20 (B;CD)** E De Giles 7-9-12 ..... **Owen Lewis (5) 97**
2 (1) 1279575 **PERSHALLA 19 (H)** A Perrett 4-9-12 ..... **Cieren Fallon 92**
3 (5) -794068 **SALIKO 28** J Jones 4-9-12 ..... **Tom Marquand 93**
4 (3) -652138 **GUINNESS LAD 28 (H;CD)** N Mulholland 6-9-4 ..... **Taylor Fisher 96**
5 (8) -235213 **HIGHLAND HARVEY 12 (BF,D)** G Arnolda 4-9-4 ..... **Ray Dawson ●99**
6 (7) 6740/ **MIX DE GRIS J504** S West 5-9-4 ..... **Rose Dawes (5) —**
7 (4) -077888 **JUDGE FRANK 24 (C)** J & R Flint 5-8-12 ..... **William Carson 75**
8 (6) 3345332 **RISK AVERSE REBEL 23** G Hanmer 3-8-11 ..... **Grace McEntee 98**
9 (9) 00-0804 **MISTER PRETENTIOUS 23** L Dace 3-8-4 ..... **Isobelle Chalmers (7) 77**

BETTING: 3 Trojan Truth, 7-2 Risk Averse Rebel, 4 Highland Harvey, 6 Guinness Lad
WHERE FAVOURITES FINISHED: 1-2-3
2025: Naasma 6-10-2 Paddy Bradley 9-4cf (P Phelan) drawn 1, 4 ran.

RACING RESULTS

CURRAGH

Going: Good-good to firm in places

1.35: 1 HOWLIN WOLF J J Ryan (10-1); **2 I Ready** (7-2 jtfav); **3 Mr Montauk** (9-2). 8 ran (Banks Of The Boyne 7-2 jtfav). 1¼l; ¾l. J Davison. T: €11.30; €3.10, €1.40, €1.50. Ex: €46.90. Tricast: €185.38. Trifecta: €336.70. CF: €46.22. NR: Away And Gone.

2.10: 1 FIGHTING TEARS R P Whelan (11-2); **2 Roeillaun** (50-1); **3 Kindacan** (12-1). **4 Williamsburg** (15-2). 18 ran (Coincidencia 15-8 fav). ½l; ½l; ½l. A Oliver. T: €7.60; €1.80, €8.50, €3.70. Ex: €322.60. Trifecta: Not won. CF: €285.23. NR: Killashee Supreme.

2.45: 1 COMFORT LINE Á Caffrey (5-1); **2 Avec Grand Plaisir** (12-1); **3 Sherekiya** (11-1). 13 ran (Neo Smart 7-2 fav). nk; ns. A McGuinness. T: €6.80; €2.10, €3.80, €2.80. Ex: €87.40. Tricast: €678.72. Trifecta: €983.30. CF: €68.81. NR: Cannonball Queen, Navajo Point, Sancerre Rock.

3.20: 1 ZARAK PASHA D Browne McMonagle (6-4); **2 Dancinginthecity** (13-2); **3 Breath Of Paradise** (25-1). 10 ran (Thomas Chippendale 11-8 fav). 1½l; 1½l. J P O'Brien. T: €2.50; €1.10, €1.80, €3.90. Ex: €12.30. Trifecta: €183.20. CF: €11.91. NR: Play Of Light.

3.55: 1 LIBERATION DATE Orla Tynan (7-1); **2 Thyer** (3-1 fav); **3 Nibras Rainbow** (11-1). 12 ran. ½l; 1½l. Jack Foley. T: €8.20; €2.80, €1.80, €4. Ex: €35.50. Tricast: €242.11. Trifecta: €512.60. CF: €29.52.

4.25: 1 A BOY NAMED SUSIE O Murphy (1-7 fav); **2 Charles Fort** (22-1); **3 Omni Man** (6-1). 4 ran. 5l; 2½l. Donnacha O'Brien. T: €1.15; Ex: €4.30. Trifecta: €7.40. CF: €4.89. NR: Cowardofthecounty.

4.55: 1 ARMOR SUPREME Rossa Ryan (13-8 fav); **2 Grayrobin** (15-2); **3 New Bond Street** (3-1). 10 ran. 1½l; ¾l. D Dias. T: €2.63; €1.80, €1.40, €1.20. Ex: €13.90. Trifecta: €56.60. CF: €15.21.

5.25: 1 HARRY'S HILL Paddy Harnett (4-1); **2 Soulful Diva** (12-1); **3 Bold Optimist** (4-1). 11 ran (Happy Henry 10-3 fav). 1½l; shd. M Hassett. T: €5.20; €1.50, €3.30, €1.60. Ex: €55.50. Tricast: €185.84. Trifecta: €454. CF: €52.94. NR: Kiss Don't Tell.
PLACEPOT: €2,003.30

PONTEFRACT

Going: Good to firm-good in places

3.45: 1 VARZI S James (4-5 fav); **2 Diamondsforyou** (12-1); **3 Magic Harry** (3-1). 5 ran. 3½l; nk. K R Burke. T: £1.80; £1.20, £3.20. Ex: £9.20. Trifecta: £20.60. CF: £11.32.

4.15: 1 LUNA CELESTE D Tudhope (15-8 fav); **2 Darzah** (5-2); **3 Quisana** (11-2). 5 ran. 2½l; 2l. Tom Clover. T: £2.90; £1.50, £1.70. Ex: £7.30. Trifecta: £22.20. CF: £6.49.

4.45: 1 AMERICA QUEEN D Tudhope (11-10 fav); **2 Ruby's Angel** (25-1); **3 Arabian Dusk** (13-2). 10 ran. 4l; 1½l. R Hughes. T: £2.10; £1.10, £4.80, £2. Ex: £30.20. Trifecta: £152.60. CF: £38.77. NR: Magic Basma.

5.15: 1 HIGH DEGREE C Fallon (6-4 fav); **2 Financer** (14-1); **3 Shoof Baeed** (15-2). 8 ran. ¾l; ¾l. W Haggas. T: £2.50; £1.20, £2.60, £2.60. Ex: £21.90. Tricast: £123.49. Trifecta: £139.90. CF: £25.45.

5.45: 1 FLORESCENCE Oisin Orr (2-1 fav); **2 Badri** (5-2); **3 Baker Blue** (6-1). 8 ran. 1½l; ½l. E Bethell. T: £3; £1.30, £1.30, £1.70. Ex: £8.20. Tricast: £24.43. Trifecta: £36.70. CF: £7.21.

6.15: 1 LETSBEFRANK Lauren Young (9-2); **2 Campeona** (6-4 fav); **3 Pole Star** (3-1). 5 ran. 2½l; 1½l. J Goldie. T: £5.80; £2.20, £1.50. Ex: £13.20. Trifecta: £41.60. CF: £11.80. NR: Laafy.

6.45: 1 THE GOOD BISCUIT Joanna Mason (10-1); **2 Havana Rum** (11-2); **3 Fiscal Policy** (28-1). 9 ran (Veblen Good 5-2 jtfav, Alfa Whiteburd 5-2 jtfav). 1½l; ½l. R Carr. T: £11; £2.20, £1.80, £4.10. Ex: £62.60. Tricast: £1505.68. Trifecta: £860.80. CF: £64.06.
JACKPOT: £250.30
PLACEPOT: £7.50 **QUADPOT:** £3.40

SOUTHWELL

Going: Standard

1.30: 1 CLIFF DANGER K O'Neill (6-1); **2 Astrological** (11-8 fav); **3 Domination** (13-2). 12 ran. ¾l; 1l. Mrs P Sly. T: £7; £2, £1.20, £2.30. Ex: £23.10. Tricast: £60.22. Trifecta: £112.40. CF: £14.95.

2.00: 1 HERETIC D Probert (6-1); **2 Have You A Minute** (11-1); **3 Splinterwood** (20-1). 13 ran (Ribston Pippin 4-1 fav). 2l; 1l. M Herrington. T: £7.10; £2.30, £4.30, £7.30. Ex: £93.80. Tricast: £1327.06. Trifecta: £2308.60. CF: £74.12. NR: Mercurius Power.

2.35: 1 PALLADAS B Loughnane (2-11 fav); **2 Mercantile** (22-1); **3 Star Of The Desert** (10-1). 10 ran. 2½l; 3½l. C Appleby. T: £1.20; £1.10, £5.20, £1.80. Ex: £12.50. Trifecta: £60.10. CF: £15.71. NR: Regal Desire.

3.10: 1 PROSPERITY P-L Jamin (4-6 fav); **2 Al Jolson** (6-4); **3 Savile Row** (17-2). 9 ran. nk; 6½l. K R Burke. T: £1.80; £1.80, £1.02, £1.20. Ex: £2.90. Trifecta: £8.40. CF: £2.04. NR: Rua Mor, Sotto Il Sasso.

3.40: 1 VALVANO H Crouch (5-1); **2 Sovereign Ocean** (10-3 fav); **3 Aurora Majesty** (18-1). 13 ran. 1½l; ½l. R Beckett. T: £6; £2.20, £1.80, £4.70. Ex: £28.80. Tricast: £302.36. Trifecta: £485.60. CF: £22.99. NR: Willem Twee.

4.10: 1 STORM FORCE James Doyle (2-1 jtfav); **2 Poison Arrow** (2-1 jtfav); **3 Space Party** (3-1). 10 ran. 3l; 1½l. R & P Fahey. T: £3; £1.30, £1.30, £1.30. Ex: £8.80. Trifecta: £18.60. CF: £6.10.

4.40: 1 YORDAN J Callan (6-5 fav); **2 Black Orchid** (9-2); **3 Project Wallace** (20-1). 9 ran. 2½l; hd. K Ryan. T: £2.20; £1.10, £1.60, £4.50. Ex: £8.40. Trifecta: £53.30. CF: £6.85.

5.10: 1 MASSIMO BLUE K S McHugh (5-1); **2 Toptime** (12-1); **3 On Key** (10-1). 14 ran (Tough Enough 10-3 fav). 2½l; ½l. D Cunha. T: £6; £2.20, £4.50, £3.70. Ex: £33.90. Tricast: £446.18. Trifecta: £143.10. CF: £63.88.
PLACEPOT: £14.40 **QUADPOT:** £2

TRAMORE

Going: Hurdle: good to yielding; chase: good

1.45: 1 LOUIESCALL D King (9-2); **2 Speed For Fun** (6-4 fav); **3 Ivatt** (11-4). 8 ran. 1l; 2½l. D H Kelly. T: €5.50; €1.60, €1.20, €1.20. Ex: €15.90. Trifecta: €53.90. CF: €12.58. NR: Grabat, Sankofa.

2.20: 1 INA MINA J Shinnick (3-1 fav); **2 Lanzhou** (4-1); **3 Colesberg** (20-1). 14 ran. 4½l; 1½l. T O'Brien. T: €4; €1.70, €2.20, €4.60. Ex: €27.50. Tricast: €222.34. Trifecta: €242.50. CF: €16.07. NR: Cinnabar Moth, Liberated Light.

2.55: 1 LADY LENA B Hayes (5-6 fav); **2 Market Ready** (5-1); **3 Something Fabulous** (9-2). 9 ran. 2½l; 9l. W P Mullins. T: €1.84; €1.02, €1.80, €1.70. Ex: €7.50. Trifecta: €24.70. CF: €6.33. NR: Bury Your Past, L'as De Watt.

3.30: 1 LA NOTE VERTE J J Slevin (13-8 fav); **2 Future Prospect** (9-4); **3 Straight Home** (9-2). 7 ran. 6l; 10l. W P Mullins. T: €2.63; €1.30, €1.60. Ex: €4.60. Trifecta: €16.30. CF: €5.91. NR: Costanuci, Kaylasjet.

4.05: 1 A SNOW WHITE PARK D Mullins (9-2 co fav); **2 Pourquoi Poi** (9-2 co fav); **3 Watch The Weather** (9-2 co fav). 10 ran. 10l; 1½l. Mags Mullins. T: €5.50; €2, €1.70, €1.90. Ex: €24.20. Tricast: €98.73. Trifecta: €90.20. CF: €26.82.

4.35: 1 KINGDOM CALLING G B Noonan (15-2); **2 Presenting Lad** (4-1); **3 Itsalonglongroad** (15-2). 8 ran (Bossing It 10-3 fav). ¾l; 12l. E McCarthy. T: €8.50; €2.30, €1.60, €2.60. Ex: €56.60. Tricast: €237.49. Trifecta: €218.80. CF: €39.53. NR: Ray Gun, Robin Elite.

5.05: 1 VILLAGE DREAM Mr P W Mullins (4-5 fav); **2 Myluckymaker** (2-1); **3 Pamelaisbrass** (66-1). 12 ran. 3½l; ¾l. W P Mullins. T: €1.80; €1.10, €1.30, €9.70. Ex: €4.20. Trifecta: €97. CF: €2.62.
PLACEPOT: €14.30

DEAUVILLE

Going: Good to soft

2.50: 1 RAYIF M Barzalona (6-1); **2 Zeus Olympios** (11-2); **3 Precise** (15-8 fav). 10 ran. nk; ½l. F Graffard. Tricast: €88.16. CF: €39.

DOG TIPS AND RETURNS

SELECTIONS

■**DUNSTALL PARK: 11.01 Blazeaway Jorge (2-6-4) 11.18 Knock Voodoo (5-2-1) 11.34 Fast Walk (5-4-6) 11.52 Burrows Ace (2-1-5) 12.09 Racecourse Pat (5-3-6) 12.26 Flyhigh Star (nap) (1-2-6) 12.42 Sky Blue Jeff (1-6-5) 12.59 Attitude (4-2-3) 1.17 Pharis Roxy (2-3-4) 1.33 Porthall Foyle (nb) (2-6-4) 1.51 Soap Box Heads (5-3-1) 2.07 Swift Vein (3-1-6)**
■**ROMFORD: 11.09 Newtown Sinead (2-4-3) 11.27 Blacklabel Power (3-5-2) 11.43 Hollywood Athena (3-2-1) 12.01 Orange Camilla (1-5-3) 12.18 Chelms Jack (nap) (4-1-5) 12.34 Underground Zeus (4-6-2) 12.51 Sundance Sasha (1-2-4) 1.08 Move The Magic (3-2-1) 1.26 Zazzeras Iris (2-1-4) 1.42 Bubbly Blackbird (1-4-3) 1.59 Lavan Minstrelle (nb) (5-3-2) 2.14 Holding Suzie (6-2-1)**
■**MONMORE: 2.23 Tromora Spice (3-2-5) 2.41 Afternoondelight (nap) (3-2-6) 3.01 Winterfield Bro (2-1-6) 3.19 Flyaway Lizzie (1-3-4) 3.38 Flyhigh Ernie (nb) (1-4-3) 3.57 Vixons Matt (1-6-5) 4.16 Bangon Erika (4-3-1) 4.34 Derrymoyle Blue (3-6-5) 4.53 Aero Megan (1-5-3) 5.12 Mags Bolger (3-6-4) 5.31 Hitthelids Lolly (1-5-4) 5.49 Aero Whisper (6-1-5)**
■**SUNDERLAND: 2.29 Mustang Titan (2-5-1) 2.48 Leos Loki (4-6-3) 3.07 Strike It Hannah (4-2-3) 3.26 Gemmas Hope (4-5-6) 3.44 Timmys Diva (5-1-2) 4.03 Brenval Tommy (6-2-3) 4.22 Lightupthesky (1-6-5) 4.41 Monday One (5-1-4) 4.59 Fairest Day (nap) (6-3-5) 5.18 Droopys Fetch (6-3-1) 5.37 Easy Elaina (nb) (2-4-1) 5.56 Debbies Hope (4-1-2)**

RETURNS

■**SUNDERLAND: 11.09 Bawn Dawn 6-1 (1-4-6 BAGS F £27.15 TC £48.83). 11.27 Mustang Poppy 4-1 (4-6-1 £13.43). 11.43 Timahoe Shark 5-1 (5-4-1 £19.62 TC £64.03). 12.01 Ardmoulin Eagle 4-1 (6-2-1 £27.05 TC £47.88). 12.18 Ballymac Deboss 7-4 (3-6-4 £3.24). 12.34 Rios Mags 4-1 (3-6-4 £15.93 TC £51.88). 12.51 Tail Or Sink 11-4 (1-2-5 £18.90 TC £77.90). 1.08 Laurens Queen 11-1 (2-3-6 £99.62 TC £278.66). 1.26 Duggies Stitch 9-4 (4-5-3 £6.16 TC £14.50). 1.42 Kittys The Boss 5-4f (6-2-5 £4.58). 1.59 Lynnia Ranger 13-8f (2-6-4 £5.46). 2.14 Marchon Kittymae 2-1 (3-4-2 £15.70).**
■**SHEFFIELD: 2.29 Rapido Ana 11-10f (3-2-1 BAGS F £8.35). 2.48 Aero Sophie 22-1 (5-1-2 £97.92). 3.07 Braemar Millie 4-1 (1-2-4 £48.43). 3.26 So Its State 10-11f (2-6-4 £3.28). 3.44 Epic Command 4-5f (3-1-2 £1.97). 4.03 Ballintee Roxy 9-2 (1-4-3 £25.94 TC £176.07). 4.22 Betgoodwin Eddy 3-10f (1-6-2 £2.32 TC £5.56). 4.41 Caseys Dylan 2-1 (4-2-1 £4.63). 4.59 Grouchos Cossie 5-2 (4-5-3 £30.66). 5.18 Eternal Spirit 7-2 (1-4-3 £56.97). 5.37 Autumn Lydia 2-1 (4-3-6 £13.73).**
■**HOVE: 2.23 Droopys Roster 9-2 (6-1-4 BAGS F £20.15 TC £39.64). 2.41 Irrelevent 3-1 (3-6-1 £12.36). 3.01 Mertonaby Lad 3-1 (6-2-4 £16.36). 3.19 Courancove Wild 5-2 (5-6-3 £14.51 TC £25.85). 3.38 Coolmeen Moll 11-4 (2-6-1 £13.41). 3.57 Spot On Amethyst 8-1 (1-2-6 £33.16). 4.16 Droopys Prospect 4-1 (4-6-3 £13.76). 4.34 Brulee Bullet 5-1 (2-3-4 £23.13). 4.53 Yassoo Mell 6-1 (6-4-2 £33.74). 5.12 Elite Liberty 11-10f (6-4-5 £22.81 TC £79.78). 5.31 Hang Tight Honey 4-1 (4-6-3 £24.73). 5.49 Feelin Luckypunk 7-1 (4-2- £28.71).**

RAY DAY

From Page One

Mickael Barzalona and got up to deny Zeus Olympios in the shadow of the post.

Graffard added: "I kept my confidence in the horse, he was in top form [today]."

Rayif has a range of options for the second half of the season, including the Queen Elizabeth II Stakes at Ascot on Champions Day, for which he was cut into 4-1.

Of the gallant runner-up, Burke said: "We always hoped he'd produce that kind of performance in a Group 1.

"He quickened twice there – first time I thought we'd got it, then he got challenged and then he quickened again and I though we'd got it and so did Cliff [Lee, jockey].

"I'd say the race at Longchamp [Moulin] will probably come a bit quick for him, maybe we'll wait for the QEII at Ascot."